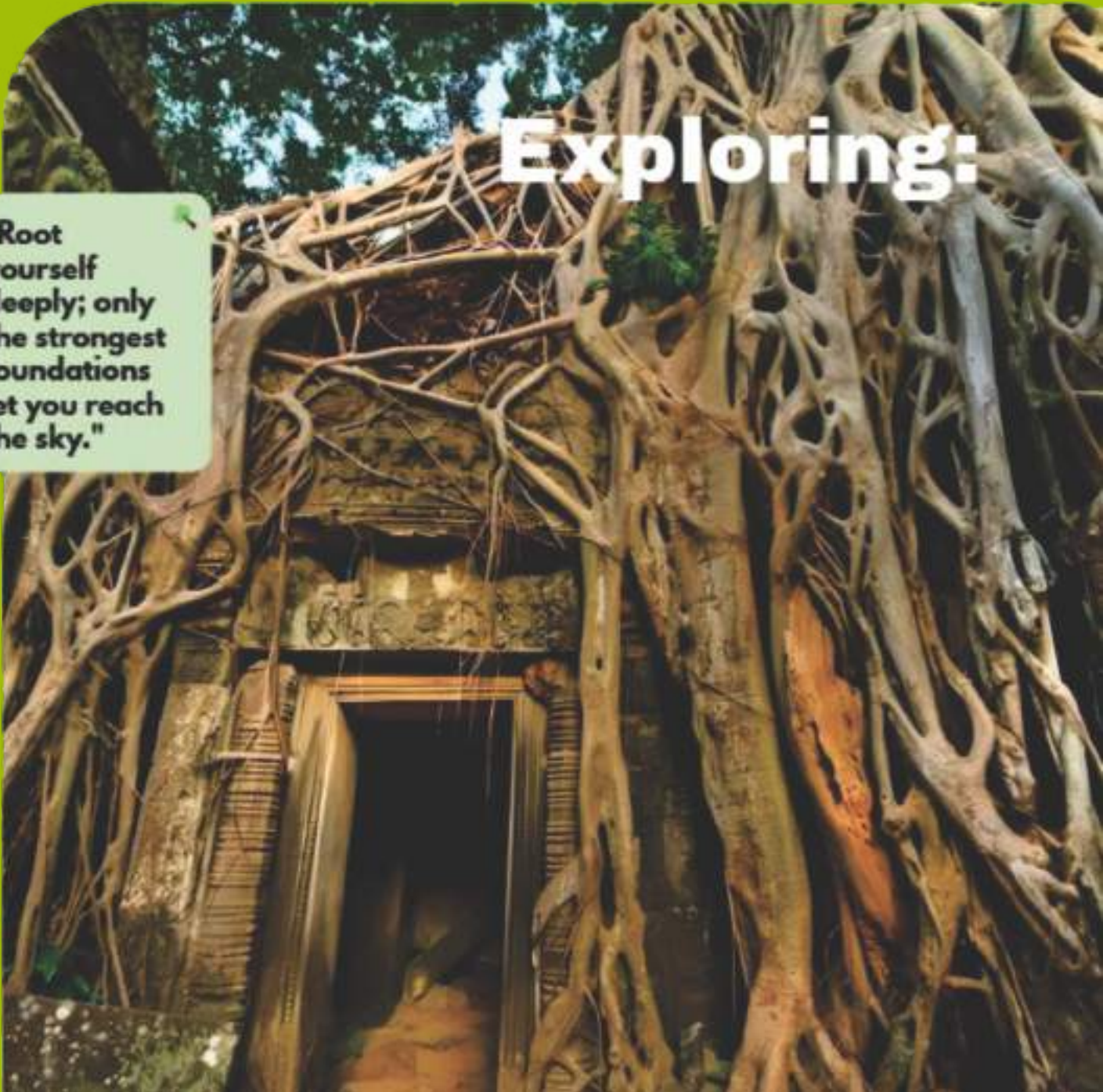


→ Insight 2024-25

PRAKRUTI GOES WITH SAMAY

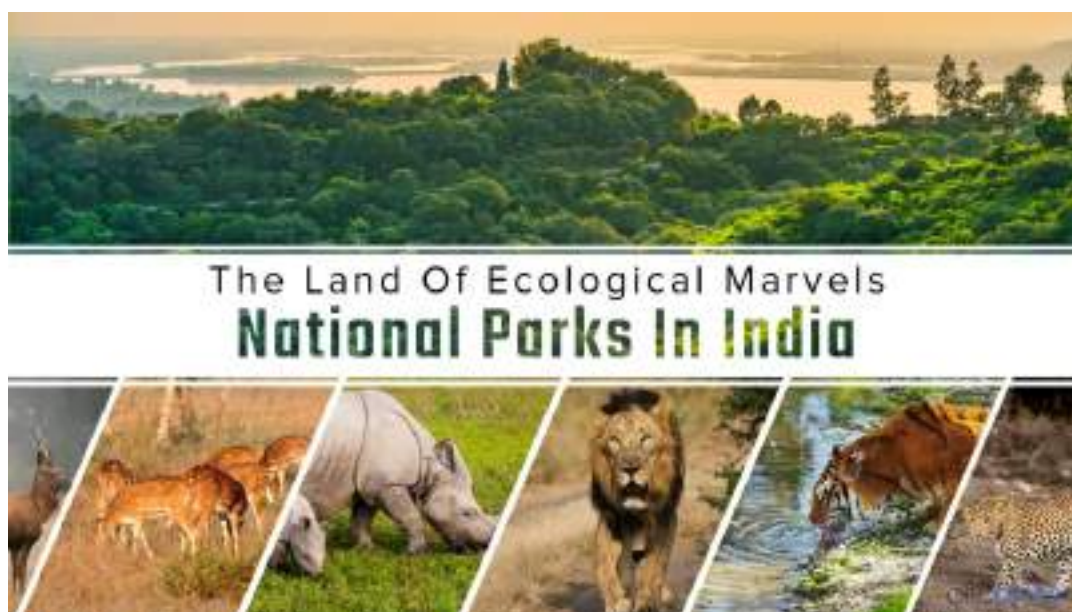
Exploring:

"Root
yourself
deeply; only
the strongest
foundations
let you reach
the sky."



States and State Tree

Sr. No.	State	State Tree	Sr. No.	State	State Tree
1	Himachal Pradesh	Deodar	15	Jharkhand	Sal
2	Punjab	Sheesham	16	Odisha	Ashwatha
3	Uttarakhand	Buransh	17	West Bengal	Chatim
4	Haryana	Peepal	18	Rajasthan	Khejri
5	Uttar Pradesh	Ashoka	19	Gujarat	Mango
6	Arunachal Pradesh	Hollong	20	Maharashtra	Mango
7	Assam	Hollong	21	Goa	Matti
8	Manipur	Uningthou	22	Madhya Pradesh	Banyan
9	Meghalaya	Dieng-soh-pet	23	Chhattisgarh	Sal
10	Mizoram	Ironwood	24	Andhra Pradesh	Neem
11	Nagaland	Alder	25	Karnataka	Sandalwood
12	Tripura	Agarwood	26	Kerala	Coconut
13	Sikkim	Rhododendron	27	Tamil Nadu	Palm
14	Bihar	Peepal	28	Telangana	Jammi



1. Sundarbans National Park - West Bengal - Largest Mangrove Forest.
2. Jim Corbett National Park - Uttarakhand - Oldest National Park.
3. Periyar Wildlife Sanctuary - Kerala - Protected Tiger Reserve.
4. Gir National Park - Gujarat - Home to Asiatic Lions.
5. Western Ghats - Maharashtra / Karnataka / Kerala / Tamil Nadu - Biodiversity Hotspot.
6. Kaziranga National Park - Assam - UNESCO World Heritage Site.
7. Nagarhole National Park - Karnataka - Protected Tiger Reserve.
8. Kanha National Park - Madhya Pradesh - Protected Tiger Reserve.
9. Bandipur National Park, Karnataka - Protected Tiger Reserve.
10. Saddle Peak National Park - Andaman and Nicobar Islands - Diverse Wildlife.



FOUNDER

Late Maharshi Dhondo Keshav Karve



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Smt. Smita Ghaisas

Vice-President

Shri. Shashikant Sutar

Shri. Ajay Apte

Dr. Kantilal Sancheti

Dr. Dhananjay Kelkar

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CA Sheetal Dandavate

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Shri. Ravindra Deo

Vice-Chairman

Smt. Vidya Kulkarni

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Dr. Shri. P. V. S. Shastry

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Smt. Vidya Kulkarni

Shri. Jayant Inamdar

Dr. Dhananjay Kulkarni

Smt. Mohana Kadam

Shri. Kiran Barate

Smt. Seema Kamble

Shri. Dattaji Thorat

Shri. Prabhakar Sonpatki

Adv. Sandeepak Phadke

CA Abhay Kulkarni

Smt. Savita Kajarekar

Employee's Representative

Among Grantable Units

Shri. Prasad Nagarkar

Among Non-Grantable Units

Dr. Ajit Bhosale

Shri. Pradeep Waje



SCHOOL COMMITTEE

Chairperson

Dr. Dhananjay Kulkarni

Members

Shri. Ravindra Deo

Smt. Mohana Kadam

CA Sheetal Dandavate

Smt. Savita Kajarekar

Principal Headmistress

Smt. Kanchan Satpute

Headmistress

Smt. Vrushali Sahasrabudhe

Supervisor - Secondary Section

Smt. Archana Kanoujia

Supervisor - Primary Section

Smt. Dhanashri Phadke

Supervisor - Pre - Primary Section

Smt. Ashwini Khankale

Teaching Staff

Representative

Smt. Ashwini Railkar

Smt. Rashmi Panhalkar

Smt. Neha Gadgil

Non-Teaching Staff

Representative

Smt. Smita Wankhede



The Banyan tree (Ficus benghalensis) is India's national tree and symbolizes immortality.

Managing Committee Members



President
Smt. Smita Ghaisas



Chairman
Shri. Ravindra Deo



Vice Chairperson
Smt. Vidya Kulkarni



Managing Committee Member
and School LMC Chairperson
Dr. Dhananjay Kulkarni



Managing Committee
Member
Shri. Kiran Barate



Managing Committee
Member
Adv. Sandeepak Phadke



Managing Committee
Member and Secretary
Dr. P. V. S. Shastry



Managing Committee
Member
Shri. Dattaji Thorat



Managing Committee
Member
CA Abhay Kulkarni



Managing Committee
Member
Shri. Prabhakar Sonpatki



Managing Committee
Member
Smt. Seema Kamble



Managing Committee
Member
Shri. Jayant Inamdar



Managing and School
Committee Member
Smt. Savita Kajarekar



Managing and School
Committee Member
CA Sheetal Dandawate



Managing and School
Committee Member
Smt. Mohana Kadam

Banyan trees can spread over multiple acres with their aerial roots forming new trunks.



Vision Staff



Pre-Primary Section



Primary Section



Secondary Section

The Peepal tree (*Ficus religiosa*) is considered sacred in Hinduism, Buddhism, and Jainism.



Vision Staff



Office Staff



Sevak Sevikas



Security Staff



Cleaning Staff

The oldest known Peepal tree is over 2,300 years old in Sri Lanka.



CEC Members 2024 -25			
Mrs. Kanchan Satpute(Principal Headmistress)			
Mrs. Vrushali Sahasrabudhe (President)			
Mrs. Sonal Joshi (Secretary)			
Sr. No.	Name of the Teacher	Std.	CEC Member
1	Mrs. Aditi Paranjape	Mini K. G.	Mr. Pushpak Pimpale
2	Mrs. Ashwini Khankale	Jr. K. G.	Mr. Dadasaheb Kashid
3	Mrs. Payal Kamble	Sr. K. G.	Mr. Prakash Jadhav
4	Mrs. Aarti Natekar	Std. 1	Mr. Vikas Chavan
5	Mrs. Manasi Shaligram	Std. 2	Mrs. Meghana Khade
6	Mrs. Dhanashri Phadke	Std. 3	Mr. Gopalakrishn Gunale
7	Mrs. Vaishali Bornarkar	Std. 4	Mr. Dnyaneshwar Ladole
8	Mrs. Sonal Joshi	Std. 5	Mr. Manali Shrikhande
9	Mrs. Shraddha Patil	Std. 6	Mrs. Trupti Kabir
10	Mrs. Pratibha Ghodke	Std. 7	Mr. Hemant Gurav
11	Mrs. Sharada Bandawane	Std. 8	Mrs. Kashmira Argade
12	Mrs. Archana Kanoujia	Std. 9	Mrs. Pragati Mahadik
13	Mrs. Mugdha Kalaskar	Std. 10	Mr. Uttam Jadhav



The Neem tree (*Azadirachta indica*) is called the "village pharmacy" due to its medicinal properties.



Captain, Prefects and Vice Prefects

Head Boy



Bhargavram Kulkarni
(X - M)

Head Girl



Abha Prabhune
(X - M)

Prefects



Shridhar Marne
(X - E)



Antara Veer
(X - M)

Captains

Prithvi House



Mrunank Ujagare
(IX - M)



Reva Patil
(IX M)

Vice- Captains



Sairaj Katkar
(IX - M)



Dnyaneshwari Bhumkar
(IX - V)

Akash House



Rajas Samel
(IX - V)



Heer Patel
(IX - M)



Vighnesh Sukum
(IX - E)



Siddhi Jadhav
(IX - E)

Trishul House



Varad Shirsat
(IX - E)



Riddhi Maniyar
(IX - M)



Devansh Joshi
(IX - V)



Sai Kothavade
(IX - V)

Agni House



Siddhesh Baikar
(IX - E)



Swanandi Sangvikar
(IX - M)



Ayush Walimbe
(IX - M)



Arya Lendave
(IX - M)

The Baobab tree in India is believed to have been brought from Africa by traders.



Congratulations!! 100% SSC Board Result - 2023 - 24



1st - Tanishka Shinde 97%
Highest in
SST - 97/100



2nd - Pradnya Patil 95.8 %
Highest in
Hindi + Sanskrit - 95/100
Science - 97/100



3rd - Anushka Kakade 95.2 %
Highest in
Sanskrit - 99/100
Marathi - 94/100



3rd - Saeer Kore 95.2 %

Other Subject Toppers



Pradnya Mane
English - 86/100



Aditya Waghole
Hindi+ Sanskrit - 95/100



Aditya Nalawade
Hindi+ Sanskrit - 95/100
Mathematics - 97/100



Tejashree Dharmavat
Marathi - 94/100



Ishita Rege
Science - 97/100



Kalyani Ranjekar
SST - 97/100



Vighnesh Kulkarni
SST - 97/100



Chinmay Kulkarni
SST - 97/100

Our Proud Scholarship Holders - 2023 - 24



Gauri Parmali (82.99 %)
(V - M) 392nd Rank
In Rural General List



Gargi Thopate (61.7 %)
(VIII - V) 3rd Rank
In Rural General List



Hem Girme (61.7 %)
(VIII - M) 4th Rank
In Rural General List



Reva Patil (60.4%)
(VIII - M) 6th Rank
In Rural General List

The Kadamba tree (Neolamarckia cadamba) is associated with Lord Krishna.



Our Proud Achievers in MTS Exam - 2023 - 24



Saeer Sontakke
(IX - M) 6th Rank
District Level



Hem Girme
(VIII - M)
Special Prize



Shivtej Pawar
(VIII - M)
Special Prize



Reva Patil
(VIII - M)
Special Prize



Ojas Jagtap
(IX - M)
Special Prize



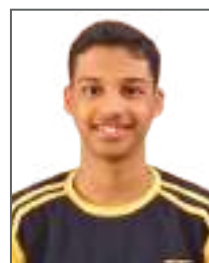
Sai Kothavade
(VIII - M)
Consolation Prize



Swara Gole
(IX - M)
Consolation Prize



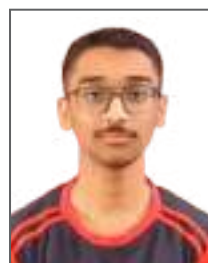
Avnish Bangale
(IX - M)
Consolation Prize



Arvind Hajare
(IX - M)
Consolation Prize



Lakshmi Nair
(IX - V)
Consolation Prize



Aayush Shinde
(IX - M)
Consolation Prize



Anushka Kakade
(X - M)
Consolation Prize

Homi Bhabha Exam Result - 2024-25



Raj Redkar
(VI - V)



Gauri Parmali
(VI - M)



Kavya Karale
(VI - M)



Sarvesh Dharurkar
(VIII - E)
Gold Medal at School Level

The Coconut tree (Cocos nucifera) can live up to 100 years.



Olympiad Medalists 2023-24
Qualified for 2nd Level (Medal of Excellence)



Varad Deshmukh
 IEO (III - V)
 (Gold Medal of Distinction,
 International Rank 9,
 Regional and Zonal Rank 8)



Anvee Mehare
 IEO (IV - V)
 (Gold Medal of Distinction,
 International, Zonal,
 and Regional Rank 7)



Soham Joshi
 IEO (IV - M)



Tanaya Unavane
 IEO (V - E)



Gauri Parmali
 IEO and NSO (VI - M)



Saanvi Bewoor
 IEO (VIII - M)



Agrey Aradhye
 NSO (III - M)



Mayank Taman
 NSO and IMO (IV - E)



Manasvi Kodollikar
 NSO (IV - E)



Aaradhya Gaware
 NSO (VII - M)



Loukya Latthe
 IMO (II - V)
 Medal of Distinction Zonal,
 Regional and International Rank 26



Ira Unavane
 IMO (III - V)



Shaunak Badave
 IMO (V - M)



Tanishka Karale
 IMO (VI - M)



Madhura Kumbhar
 IMO (VIII - M)



The Mango tree (*Mangifera indica*) can live for more than 300 years.

Marathi Olympiad Special Appreciation and Medal



Sr. No.	Name of the Students	Std. and Div
1	Aarya Diwan	(III - M)
2	Aabha Aranke	(III - M)
3	Agreya Aradhye	(III - M)
4	Swanandi Patil	(III - V)
5	Ira Unavane	(III - V)
6	Nidhish Pathak	(III - V)
7	Jay Agare	(III - V)
8	Tanmay Patil	(III - E)
9	Aaradhya Sawant (Special Appreciation and Medal)	(VII - V)



The Sal tree (*Shorea robusta*) sheds its leaves only once every few years.



From the Principal HM's Desk



Dear Parents,

I firmly believe that education serves as a mirror, reflecting who we are. With this in mind, our school strives to nurture students who honour their past while adapting to the present and future. We prioritize instilling strong values in our students alongside teaching them new technologies. The project 'Samay' was one such endeavour we successfully accomplished this year, helping students understand 'His-Story' and appreciate the past. In today's digital age, where students are often glued to mobile devices, we sought to counter this trend through Enhance Learning Activities. Hands-on projects like 'Play with Clay' and 'Fun and Learn' provided engaging alternatives, fostering creativity and reducing excessive screen time. Our focus is on developing a skill-based generation that understands the importance of valuable life skills. The future will be shaped by Artificial Intelligence, offering a plethora of devices, tools, and innovations. With

this in mind, I encourage parents to allow students free time—even if it means they experience boredom—as it can foster imagination and lead to new inventions. If we don't nurture this mindset, students may become mere consumers of technology rather than creators. Our goal should be to empower the future generation to become innovators, not just users. A school magazine is one such platform that enables students to showcase their technological, artistic, and writing skills. I hope this 18th edition of Insight gives you a glimpse of the dedicated efforts of our students, teachers, and school leadership in weaving together the past, present, and future. A special appreciation to the editorial team for their relentless dedication in bringing this edition to life.

Best wishes and regards,
Kanchan Satpute
Principal Headmistress

The Sandalwood tree produces one of the most expensive woods in the world.



From the HM's Desk



Dear Readers,

I am filled with immense pride and joy as I share my thoughts on this platform of our school magazine. As we mark the completion of yet another successful academic year, I reflect on the growth and milestones we've achieved together.

The year began with orientation meetings across all classes. For our youngest learners in the Pre-Primary section, the Adhyayan Kit was introduced—a kit designed to stimulate all their senses. In just two weeks, our tiny tots settled in and were eager to embark on further learning adventures. This year also saw the addition of the Std. 1 Jupiter class to our planetary series. Additionally, we began the construction of another floor to accommodate the expanding needs of higher education, marking a new chapter in our vision for the future. As a result, the school is experiencing both horizontal and vertical growth.

At Vision, we have always prioritized making the teaching-learning process engaging and enriching. This year, we launched the "Samay Project" for the subject History. The project has opened new avenues for our students to connect with the past, learn from it, and develop a deeper understanding of the world around them. The impact has been significant, not only enriching our students' knowledge but also sparking their curiosity and passion for the subject.

Throughout the year, we celebrated numerous occasions that brought joy and learning to our school community. One of the highlights was the "Fun and Learn" programme in the month of December. This delightful event allowed students to have fun while learning essential life skills. It wasn't just about games and activities; it was an opportunity for our children to work together, express their creativity, and gain confidence in a

joyful environment.

In today's fast-paced world, where technology often takes precedence, face-to-face communication has become increasingly rare. While apps and social media allow us to stay connected virtually, the true art of communication, speaking, writing, and expressing oneself has become a challenging skill for many of our students to master. This is where our school magazine plays a pivotal role. It serves as a platform for students to express their thoughts, ideas, and emotions, helping them practice the art of communication in its truest form. It is not just a collection of articles and stories; it is a space where imagination is fostered, creativity is nurtured, and the habit of reading and writing is developed. Through this platform, we aim to inspire our students to hone their communication skills, express themselves with confidence, and continue writing with passion and purpose.

I would also like to extend my heartfelt gratitude to our ever-supportive parent community. Your unwavering encouragement and involvement in school activities have been invaluable. Together, we have cultivated an environment where our students can thrive academically, socially, and emotionally.

As we continue our journey of growth and learning, I look forward to watching our students evolve into bright, mature, and responsible citizens who will contribute meaningfully to our country.

Warm Regards,
Mrs. Vrushali Sahasrabudhe
Headmistress



The Indian Coral Tree (*Erythrina variegata*) has bright red flowers and attracts birds.

Vote of Thanks



Ms. Aishwarya Paranjpe (Counsellor)

It is said that "Expressing gratitude ignites a ripple of positivity, inspiring enthusiasm and optimism across humanity." As the heads of this team Mrs. Ashwini Khankale and Ms. Aishwarya Paranjpe we would like to propose the vote of thanks and ignite the lamps of optimism among the readers of the 18th edition of this magazine.

The publication of a magazine is an intricate and enriching endeavour, where each element harmoniously contributes to ensuring that every successive edition surpasses its predecessor in depth, refinement, and intellectual appeal. It is a confluence of creativity, diligence, and unwavering commitment, culminating in a literary masterpiece that resonates with wisdom and artistic excellence.

At the very outset, we extend our profound reverence and heartfelt gratitude to the venerable founder of our esteemed institution, Bharat Ratna Maharshi Dhondo Keshav Karve, and his revered consort, 'Ardhangini' Baya Karve, whose unparalleled vision and unrelenting efforts transformed education into an inalienable right for women. Their pioneering contributions have empowered generations of women, enabling them to break free from societal constraints and stride forth with confidence, independence, and dignity. We wish to express our deep gratefulness to the esteemed members of the Managing Committee, the Local Managing Committee, the Principal Headmistress, and the Headmistress, whose steadfast support and sagacious guidance have

been instrumental in shaping and elevating our endeavours. Their profound insights, unwavering encouragement, and commitment to excellence have played a pivotal role in surmounting challenges and achieving the pinnacle of scholastic brilliance.

Our sincere gratitude is extended to the distinguished external resource persons, whose invaluable contributions have enriched this publication manifold. Their scholarly insights, expressed through eloquent compositions in the form of poems and articles, have added an intellectual profundity to this edition. We remain eternally indebted to them for sharing their wisdom with our readership.

A heartfelt appreciation is accorded to the dedicated teaching and non-teaching faculty of Vision Narhe, whose relentless efforts and unwavering commitment have significantly enhanced the quality of this magazine. Their scholarly pursuits and thoughtful contributions in the form of meticulously curated activities and worksheets have infused this edition with unparalleled substance.

A special acknowledgment is reserved for the editorial and content curation team, comprising Mrs. Pradnya Joshi, Mrs. Neha Gadgil, Mrs. Swati Kulkarni, Mrs. Swati Kalkotwar, Mrs. Tanuja Joshi, Mrs. Ajita Wadadekar, Mrs. Shraddha Patil, Mrs. Varadgauri Mhetre, Mrs. Seema Raje, Mr. Swapnil Damle and Mrs. Swapna Mandhare. Their meticulous proofreading, scrupulous organization, and keen editorial acumen have been instrumental in refining this publication to its present stature. Their tireless efforts, meticulous attention to detail, and commitment to literary excellence deserve the highest commendation.

Our profound appreciation is extended to the student editorial team from Standard 8, whose diligence, perseverance, and enthusiasm have played a pivotal role in the seamless compilation of this edition.

A special tribute must be paid to the talented

Vetiver (Khus) roots are used in perfumes and cooling mats.



cover page designers, whose artistic prowess and creative ingenuity have graced this edition with a visually captivating facade. Miss Gayatri Jadhav, Master Shravan Bhokase and Master Prasanna Deshpande who have demonstrated exceptional artistic flair and dedication. The competition witnessed commendable participation, and we extend our sincere appreciation to all contestants, urging them to continue refining their creative expressions and participating in future artistic endeavors with undiminished zeal.

Finally, we express our profound gratitude to the well-wishers, parents, and students, whose unwavering support and enthusiastic participation

have been the cornerstone of this publication. Their invaluable contributions have transformed this magazine into a distinguished platform for aspiring writers, poets, and artists. It is our fervent hope that this literary endeavour continues to serve as a beacon of creativity, knowledge, and artistic expression for years to come.

With deep appreciation and immense gratitude,
Thank you.

Students Representative					
Std.	Name of the Students	Class and Div.	Std.	Name of the Students	Class and Div.
Mini K. G.	Sharvani Lonkar	(VIII - M)	5	Anvi Gole	(VIII - M)
Jr. K. G.	Kushal Inamdar	(VIII - M)	6	Saachi Chopde	(VIII - M)
Sr. K. G.	Goraksha Paigude	(VIII - V)	7	Swara Kondhare	(VIII - V)
1	Aarush Belwalkar	(VIII - V)	8	Kaivalya Wakhare	(VIII - M)
2	Ananya Inpure	(VIII - E)	9	Kulkarni Abhidnya	(VIII - M)
3	Shreechaitanya Patil	(VIII - E)	10	Atharva Bhat	(VIII - M)
4	Nupur Ghadshi	(VIII - M)			



Donation in Kind 2024-25			
Sr. No.	Donor Name	Description	Amount(Rs.)
1	Anita Yogi	Books	100.00
2	Sanjay Bhawe	Books	120.00
3	Sumit Thite	Books	120.00
4	Sanjeevani Karve	Books	125.00
5	Siddhi Deshmukh	Books	180.00
6	Siddesh Redkar	Books	195.00
7	Poonam Agashe	Books	350.00
8	Neha Gadgil	Books	480.00
9	Sayali Shinde	Books	500.00
10	Sapna Raut	Books	631.00
11	Rajesh Gholap	Books	875.00
12	Archana Kanojiya	Books	900.00
13	Keerti Gandhe	Books	1,020.00
14	Prasad Velapurkar	Books	1,287.00
15	Manoj Kodollikar	Books	2,199.00
16	Sunil Bhagwan	Books	4,090.00
17	Sudhir Raje	Books	23,310.00
18	Mohana Kadam	Books	23,600.00
19	Prasad Kulkarni	Wooden Desk	2,500.00
20	Tanushree Tanpure	Wooden Boxes	4,800.00
21	Sneha Phadke	Frying Pan (Tava)	800.00
22	Shubham Korade	Dhol Pan and Tasha Pan	20,000.00
23	Umesh Kedari	Dhol and Tasha	21,000.00
24	Sujata Kavathalkar	Mural Plates Samay Project	5,000.00
25	Anjali Ghabane		5,000.00
26	Sneha Phadke		10,000.00
27	Fourfront Pvt. Ltd.	Interactive Intelligent Panel 75" Edg	1,64,020.00
Total			2,93,202.00
Bhaubeej Nidhi 2024-25 as on 31/3/2025 Rs. 1140181/-			
Specifice Donation 2024-2025			
Sr. No.	Donor Name	Description	Amount (Rs.)
1	Amruta Kulkarni	Tuition Fees	10,000.00
2	Gauri Paranjpe	Tuition Fees	25,100.00
3	Lata Khopade	Tuition Fees	
4	Karhade Brahman Sangh Pune	Tuition Fees	1,32,000.00
5	Shekhar Naphade	Tuition Fees	2,50,000.00
6	Sujata Naik	Tuition Fees	400.00
7	Application Softwaer Tech.	Tuition Fees	3,00,000.00
8	Siddhesh Patki	Samay (History) Project	5,00,000.00
Total			12,17,500.00

Workshops

Workshops Attended by Teachers

Workshop on the Importance of Stories

The school Librarian attended a 4-day workshop conducted by 'Imli Multilingual Education' from 06/06/2024 to 09/06/24. This workshop was conducted online. The speakers for this workshop were Mr. Farooq Kazi, a well-known writer for children and Mr. Balasaheb Limbikai, a Language Educationalist

The following points were conveyed during the workshop.

- What is a story for children like, in terms of its content.
- The benefits of reading out stories to children.
- The thought process and content which the story writer needs to include in the stories to make them interest
- The pre-requisites for making a story interesting for the children were also discussed. Some of the points included writing the story to the point, introducing humour, weaving the story around a specific character and so on.

Each day of the workshop began and ended with the stories written by the speaker. He also gave several guidelines regarding writing stories, which proved to be very interesting, making the workshop very useful.

Workshop on Light Music

Music is a gift from God and proves to be inspirational in life. It is a beautiful medium for ensuring good mental health.

Recognizing this unique, yet universal importance of music, Maharshi Karve Stree Shikshan Samstha organized a free of cost music workshop on Saturday, 27th April 2024, from 9 a.m. to 1 p.m. at the Kalaadaalan, Mahilashram High School, Karvenagar.

Music teachers from all schools under the organization and students of class 9th/10th who are interested in music participated in it.

A scholar in the field of music and a famous percussionist, Dr. Chaitanya Kunte was invited as the chief guest for this workshop.

Dr. Kunte guided the students regarding the skills required for performing music. He taught the students the song called 'SaReGaMa Gaye Milkari'. He also gave a practical presentation of the points which he spoke to the students about, by performing some music pieces based on various Ragas.

He taught the students to compose their own music pieces, mindfully observe the emotions

being evoked by various music pieces and conducted various games.

The teachers and students present at the workshop also performed various songs and gave instrumental music performances. The music teacher at our school along with 15 students participated in the workshop and performed 'Gana-naman' a form of folk song. Master Viraj Kulkarni and ex- student Master. Amogh Mhaswade performed a Tabla Jugalbandi. Ms. Prapti Patil, a student at our school, performed a classical song.

Overall, the workshop was very interactive and interesting one.

District-Level Principals' Workshop Report – June 13, 2024

The district-level principals' workshop was held on June 13, 2024 (Thursday) at Ganesh Kala Krida Manch, Pune. The event was attended by principals from grant-in-aid and self-financed schools across Pune district.

Workshop Highlights

- The workshop commenced at 12 PM with Saraswati Poojan, followed by an inaugural speech by Mr. Nandkumar Sagar, President, Pune District Secondary & Higher Secondary Principals' Association. He outlined the objectives of the workshop, emphasizing the key responsibilities of principals for the academic year.
- Mr. Mahendra Ganpule (NAP Task Member) explained the National Education Policy (NEP) and its impact on professional education and board assessments. He detailed the evaluation methods for Grade 5 & 8 students, highlighting structured and formative assessments.
- Mr. Nagesh Potdar introduced the E-Course Guide App for Marathi medium students.
- Madam Momin elaborated on various student benefit schemes, including scholarships for Grades 5 & 8 and teachers' children.
- Scout and Guide Programme, a key part of NEP, was discussed, stressing its importance in all schools.
- Mr. Thorat explained the Mahatma Phule Campaign and stressed documentation, coordination, and compliance in school administration.
- Mr. Sampat Suryavanshi (Director, Secondary & Higher Secondary Education) provided insights on Pavitra Portal, Aadhaar validation, and school approvals.

- Mansa Foundation, Bangalore, introduced the Prakash Pravahan Initiative, urging its adoption in schools.
- Mr. Shailesh Lele discussed the inclusion of German & French languages in the curriculum and shared free online content resources.
- Mr. Rajiv Humbare guided attendees on financial and leave records, service books, and audits.
- Mr. Rajendra Ahire (Deputy Director, Pune) provided updates on teacher seniority, medical claims, pensions, and online schemes.
- Mr. Haroon Attar (Joint Director, Maharashtra) emphasized school inspections, covering three key areas.
- Administration – Planning, participation, and initiative.
- Quality – Maintaining teaching standards.
- Programmes – Documentation and execution of activities.
- Guidelines for Principals (By Mr. Bhausahab Karekar, Education Officer, Pune)
- Annual planning and monthly calendars must be reviewed.
- Regular staff meetings should include circular readings and discussions.
- Scholarships, exam records, and student documents must be updated timely.
- Digital literacy for teachers should be encouraged.
- Library & health checkups for students should be ensured.
- School records, student Aadhaar validation, and grievance handling should be properly maintained.
- Scouts & Guides registration should be completed by August 15, 2024.
- Schools must participate in the District Science Exhibition and Career Guidance Programmes.
- Unsuccessful grade 10 students should receive counseling.
- Proper documentation and colour-coded files should be maintained.
- Regular lesson observations by Principals are necessary.

The event concluded with the distribution of awards to outstanding schools and issuance of attendance certificates.

A workshop on the Water Resources in India

A workshop on 'Water Resources in India' was organized by the National Water Academy (NWA), Central Water Commission (CWC) on 05th July 2024 from 8:30 a.m. to 7:30 p.m. The session was attended by Mrs. Archana Kanoujia and Mrs.

Supriya Mungare.

The workshop Highlighted the following points:

Inaugural Speech by Shri D. S. Chaskar:

- Emphasized the urgent need for sustainable water management due to challenges like uneven distribution, regional disputes, and climate variability.
- Stressed the importance of educating citizens on water conservation and the role of future generations.
- **Shri Milind Panpatil:** Provided an overview of India's water resources, including historical irrigation developments and current challenges like population growth and climate change. Discussed management interventions and proposed solutions for water security.
- **Shri S. P. Singh:** Focused on water quality, covering aspects such as contamination sources (chemical and biological), emerging pollutants, and best practices for maintaining water quality.
- **Shri K. S. Chaitanya:** Addressed droughts and floods, discussing the causes, impacts, and management strategies. Highlighted the need for effective monitoring and management to mitigate these issues.
- **Shri G. Shrinivasulu:** Discussed water conservation methods at various levels (household, community, public, and village). Promoted innovative conservation initiatives and the importance of raising awareness. The following places were suggested for
- **Khadakwasla Dam:** Provided insights into dam operations and water management.
- **Central Water and Power Research Center (CW & PRS):** Offered a view of research facilities related to water and power (with prior permission).

The workshop concluded with certificate distribution and feedback collection on the topics and overall management of the event.

Chhote Scientist Workshop

Date: 23rd & 24th July 2024

Time: 8:30 AM - 5:30 PM

Participants: Amrita Madavi, Shradha Patil, Sharda Bandawane

The Chhote Scientists workshop provided valuable insights about scientific concepts and their applicability curriculum integration.

Objectives:

Inquiry-based learning, Developing a scientific attitude, Hands-on exposure, Understanding real-life applications

Day 1: 23rd July 2024

Activities Conducted:

Observation exercises on a burning candle, pen, and paper. Linking activities with curriculum using textbooks (Std. 5 - 8). Focus on Level 3 activities for Std. 7

Day 2: 24th July 2024

Morning Session:

Memory and number games for concentration

Information Processing Techniques:

problem-solving using Venn diagrams, colour-coded classification, flowcharts of body systems data representation in tables/charts, Timetable for time management.

Afternoon Session: (Environmental Studies - sustainability) Illustrating the optimal use of natural resources, contributions to resource conservation, differentiating between facts and myths, classifying "greed vs. need", Analyzing food choices through "What does your plate tell you?". The workshop concluded with a collaborative lesson plan integrating observation, information processing, and sustainability skills. Mrs. Amrita Madavi shared insights on behalf of Vision English Medium School, Narhe. The session ended with valuable suggestions from Vaze Sir and a vote of thanks.

Basics of Remedial Teaching

Dates: 3rd – 8th June 2024

Time: 10:00 AM – 1:00 PM

Participants: Mrs. Vibha Joshi, Mrs. Ajita Wadadekar, Mrs. Supriya Wadekar

Organized by: MKSS's Baya Karve Study and Research Centre

Objective:

To understand the abilities and factors affecting the learning process, and to equip teachers with effective remedial teaching strategies.

Day 1 -3rd June - Welcome and Introduction:

- Dr. Pallavi Kasande and remedial teachers Swati Natu and Shailaja Shinde welcomed the participants.
- Overview of the need for remedial teaching and details of "Dilasa Samupadeshn Kendra" supporting remedial/genius students were shared.

Session Structure:

Theory (Swati Natu): Covered inherent and nurtured abilities; physical development (gross motor skills such as jumping/running, fine motor skills like tying shoelaces, buttoning, scribbling); language, emotional, and cognitive development; learning loss and disabilities; factors hindering ability.

- Development; strategies to enhance learning; understanding body language; clinical consequences; and importance of repetition.

- Activity (Shailaja Shinde): Focused on the key abilities required of a remedial teacher.

Day 2 – 4th June - Multiple Intelligence and Ability Focus:

- Discussion based on Gardener's Multiple Intelligence theory covering eight human abilities.
- Emphasis on focusing on child's strengths rather than disabilities.
- Guidance on selecting suitable teaching aids and tasks to develop mental abilities.

Day 3 – 5th June - Preventing learning loss:

- Encouraged preschool activities (controlled/uncontrolled scribbling, letter reading with picture identification, clay activities).
- Development of eye-hand coordination, gross and fine motor skills.
- Emphasized the value of home visits and informal talks with children and parents.
- Session included a case study on a girl with learning difficulties to illustrate how poor pre reading, pre-writing and pre- math skills can signal learning challenges.

Day 4 – 6th June - Psychological Testing:

- Introduction to psychological testing and a brief overview of disabilities as per the RPWD Act 2016.
- Emphasis on assessing case history, birth issues, mental and behavioral abilities, memory, and comprehension when standard efforts fail.

Day 5 – 7th June - Evaluation Methods:

- Covered formal and informal evaluation techniques including Intelligence, Logical, Achievement, and Performance Tests.
- Discussion on identifying signs of learning disabilities and the teacher's role in addressing them.
- Introduction of the Individual Education Plan (IEP) to tailor classroom modifications based on a child's strengths and weaknesses.

Day 6 – 8th June - Hands-On Experience:

- Teachers engaged in creating various teaching-learning tools for remedial teaching, marking the most enjoyable and interactive session.

Terracotta Workshop: -

A workshop was arranged by Mrs. Dadarkar at the Dadarkar Studio, Sinhagad Road for a total of ten teachers on 23rd and 24th September 2024. The teachers were divided into groups of five each. Each group attended the session on 23rd or 24th September respectively.

The workshop included the basic methods of handmade pottery, pottery on potter's wheel,

making moulds for terracotta production work and terracotta jewellery.

Workshop on KanyarthaApp : -

A team of authorities from the Samstha visited the school in order to train the teachers for using the Kanyartha app for Bhaubeej Nidhi. The teachers put forth their doubts which were patiently answered by the concerned authorities.

A workshop based on growing autism was held on 22nd September 2024. Dr Vaishali Deshmukh shared her thoughts about the difference between a normal child and an autistic child. She explained certain tasks which the teacher and parents must handle with autistic children. She stated that though the children are autistic, their brain is in the process of development. Hence, parents and teachers must give information while they grow up. She further stated that while talking with autistic children, teachers must talk simple correct and specific language.

The workshop focused on several aspects of adolescence amongst autisms. Some of the key focus areas were as follows.

- Handling changes
- Independence
- Forming new meaningful relationships
- Self-development
- Sexual, physical and emotional development
- Self-Identity
- The speaker spoke about how puberty differs in children with autism and children without autism. She emphasized the importance of hope and courage in the lives of these children. She further stated that even the children with autism try their level best to communicate with the world around them and try to understand the happenings in the surroundings. However, they are unable to understand a lot of cues which children without autism are able to do very well.
- The workshop emphasized the strengths of a child with autism, which are as follows:
- Visual memory and learning through a visual mode.
- Rote learning.
- Learning using structure and predictability (when told when, what and how long).

A panel discussion was conducted thereafter, wherein the speakers discussed sensory system and functions, sensory diet, activities based on sensory stimulation, good touch – bad touch for autistic children. For the panel discussion, the speakers were Ms. Vedali Indamdar, Ms. Anjali

Joshi, Ms. Pallavi Inamdar and Dr. Vaishali Deshmukh.

Workshop on teaching pre- math skills

A workshop on the topic stated above was organized by the Nav Nirmiti Learning foundation- 28th and 29th September 2024.

On the first day, the session mainly highlighted the following concepts

- Activities related to tens and ones concept were demonstrated to help the students understand place values.
- Activities using beads, actions, claps, ice-cream sticks and block were conducted to clarify the concept.
- The teachers were also shown the methods of introducing two digit numbers and their addition and subtraction.

On the second day of the workshop, the following concepts were highlighted: -

- At the Sr. K. G. level, the students should be taught to write numbers only till 9.
- They should be able to calculate mentally.
- Various methods of teaching addition and subtraction were shown.
- Pre- math skills should be taught through household activities.
- Activities related to tens and ones concept were demonstrated for helping the students understand place values.
- Methods of introducing two-digit numbers and their addition and subtraction.

Workshops on 'Methods of lesson observation' -

A session was organized by MES for all the headmistresses of various schools on 21st September 2024 at Mahilashram School. The topic for the session was 'Methods of lesson observation'. The resource person for the same was Mr. Kedar Tapkir. The programme began with the inauguration followed by the discussion regarding the various methods of lesson observation and the points of consideration while observing the lessons. Thereafter, two teachers from Mahilashram school demonstrated a lesson and the audience was given hands-on experience of observing the lesson. This was followed by a group discussion, where the points observed during the observation were discussed further and the doubts were answered.

Workshop on Savidhan Saksharta : -

A session was organized by the Samstha for the Headmistresses of the schools on 1st October 2024. The topic for the session was Savidhan

Saksharta, which emphasized the importance of awareness about the Constitution of India among the students.

Chhote Scientists Workshop: - A two-day workshop called 'Chhote Scientists' was held at the Samstha on 13th and 14th November 2024 from 10.00 a.m.- 5.00 p.m

After the introductory protocol, the actual workshop began. The workshop was an activity-based programme, wherein the students got an opportunity to learn through hands-on experiences.

Activities:

Std. 9: Mr. Rishikesh nducted activities on electrostatic forces, explaining positive and negative charges using materials like silk and balloons. Students also built electric circuits in parallel and series and worked on models using pulleys, gears, levers, and cams.

Std 8: Students created working models using linkages, wheels, and shafts.

Both the groups would present their models during Science Day.

Automata Activity: Teachers built working models using the materials provided.

On 14th November 2024, the topic of 'Light' was chosen.

The students of std. 9 explored various concepts like the scattering, reflection, and refraction of light through hands-on experiments, including the formation of inverted images and the persistence of vision.

For std. 8, the topic chosen was 'Sound'. The teachers conducted group activities to demonstrate sound propagation using tools like string telephones, mouth organs, and Slinkys.

Chhote Scientists Workshop Report – Pre-Secondary Section (Std. 5, 6 & 7)

Day 1:

Session 1: Classification

Mr. Ashutosh Bhujbal led an engaging session on classification. Participants were grouped to classify birds, animals, insects, leaves, and everyday objects. Activities included crossword puzzles and a picture card game.

Session 2: Hands-on Experience (Simple Machines)

Mr. Saurav Durgekar introduced simple machines like wedges, levers, and inclined planes. Students explored concepts using wooden blocks, spring balances, and bicycles.

Day 2: V-Solve Competition and Skills Sessions

The V-Solve Competition was announced, with

finalists chosen from each standard. The content covers syllabus topics and Chhote Scientists books.

Session 1: Measurement Skills (Std. 6)
Mr. Amar discussed basic measurement units, parallax error, and instrument calibration. Students participated in related activities to deepen understanding.

Session 2: Model Making (Std. 7)

Ms. Rutuja Deshmukh and **Ms. Purva** guided students in creating models using varied methods like reading, videos, and replicas. Teachers from Vision, Narhe made a Balloon Car and a Hexagonal Prism model using workshop materials.

Election Training

All the teachers underwent training sessions for the elections. This also included a session conducted by Mr. Pramod Kulkarni Sir and Mr. Pradeep Vaze Sir. All the teachers took a pledge for voting. The Headmistress urged all students to discuss the pledge with their parents and encourage them to vote, helping ensure full participation of eligible voters. Most teaching staff were placed on reserve election duty, with six teachers specifically appointed for the task.

Computer Workshop

The computer teachers from all the units attended training sessions during January and February and attempted a Samstha-level exam conducted for all the teachers. These sessions were held on weekends at the Samstha's Center for Skill Development.

AI Tools

A workshop on 'The use of AI tools to enhance education' was conducted by **Mr. Sachin Usha Vikas Joshi (Founder of Espalier School, SCERT Committee member)**. The session was attended by the HM and the computer teachers of the school. Here, he explained in detail about how the teachers could use various AI tools to simplify educational work, how they could teach the students in more creative and innovative ways, while saving time.

Teacher's training of Smart board

The Secondary and Primary Section computer teachers conducted a workshop on Smart board handling for fellow Secondary and Primary teachers. The workshop focused on introducing the basic tools and features of the Smart board, providing teachers with hands-on experience and practical tips for effective integration into their classrooms.

We Gain New Insights and Perspectives



Workshop on Personal Hygiene
by the School Counsellor



Sex Education Workshop by Mukta Foundation



Session on Wildlife by Mr. Pankaj Kadam



Sanskrit Workshop by Alumni



Workshop on Relationship between History and
Tourism by Mr. Nishad Kulkarni



Vedh Yashache Workshop for the Students of Std. X
Organized by the Samstha

The Arjuna tree (*Terminalia arjuna*) has bark used in Ayurvedic medicine.



We Gain New Insights and Perspectives



Workshop on Tile Painting by Mrs. Rajashree Dadarkar



Parenting Workshop by Mr. Sanjay Kulkarni and Mr. Abhay Thakar



Workshop for the Parents of Primary Section on The Effects of Social Media by the School Counsellor.



Annual General Body Meeting



Session on Inculcating Indian Values by Mr. Sanjay Kulkarni and Mr. Abhay Thakar



Tree Plantation by the Sarpanch of Narhe on Account of World Environment Day

The Ashoka tree's name means "remover of sorrow" in Sanskrit.

We Gain New Insights and Perspectives



Chhote Scientists Workshop for Teachers



Demo Session on Kanyartha App by Mr. Sadanand Kulkarni and His Associates



Workshop Conveying the Importance of Voting from the Collector's Office



SUMAN Workshop by Rambhau Mhalgi Prabodini



Terracotta Workshop for Teachers by Mrs. Rajashree Dadarkar



Online Workshop on AI Tools by Mr. Sachin Joshi

Rubber trees (*Ficus elastica*) in Meghalaya are used to form living root bridges.



We Gain New Insights and Perspectives



Workshop on Thalassemia Awareness
by Dr. Ashutosh Kale



Visit to the School by Mr. Raghuji Rajee Angre
and Mrs. Angre



School Visit by the Teachers of Swadhar Akshar
Deep Project



Judges Judging the Drawings on the Occasion of
Rangotsav.



School Visit by Famous Historian, Mr. Mohan Shete



Inauguration of the Terracotta Furnace
at the hands of Mrs. Rajashree Dadarkar

The Deodar cedar (*Cedrus deodara*) is the national tree of Pakistan but is native to India.



We Gain New Insights and Perspectives



Visit by History Enthusiast, Mr. Omkar Nerlekar



Blood Donation Camp



Guruvandan Chhatra Abhinandan Programme by Bharat Vikas Parishad



Helmet Distribution Camp Organized by Seva Sahyog



Fun and Learn- Felicitation of One of the Young Achievers at the Hands of School LMC Chairman, Dr. Dhananjay Kulkarni



Inauguration of Shikshan Vivek

Sarpagandha (*Rauvolfia serpentina*) is used to treat hypertension.



We Gain New Insights and Perspectives

Inaugurations of various projects at the hands of Dr. A. L. Deshmukh
(President's Medal Awardee for being the Best Teacher) during the Academic Year 2024- 25



Project 'Play with Clay'



Kitaab Gaadi



Wall Paintings



RTO Park



Kida.Com



Sanskrit Teaching Aids



English Teaching Aids

The Banana plant is entirely edible, from its fruits to its flowers and stem.



Celebration Report

It is said that 'Life is a celebration with the colours of values, culture, traditions, joy and togetherness adding brightness to the journey.' It is celebrations like these which add happiness to the process of education of the students.

Taking this thought forward, Vision English Medium School has made celebrations an integral part of the teaching- learning process.

The year began with the celebration of the 'World Environment Day' on 5th June 2024 by planting a sapling within the premises of the school at the hands of the Sarpanch of Narhe, Mr. Sagar Bhumkar.

This was followed by the celebration of the Samstha's foundation day and the school's foundation day on 14th June 2024. On this day, the students worshiped the founder of the Samstha, Bharat Ratna Maharshi Dhondo Keshav Karve and his Ardhangini, Baya Karve and also sang the Aashram Geet to commemorate the noble cause to which they dedicated their entire life.

It is said that History is the teacher of mankind. Taking this thought forward, the school celebrated the 350th anniversary of the coronation of Chhatrapati Shivaji Maharaj on 19th of June 2024. Mr. Omkar Nerlekar graced the celebration as the Chief Guest. Here, he told the students anecdotes from Shivaji Maharaj's life which served as examples of good leadership. He also enlightened the students about two of Shivaji Maharaj's accomplices who belonged to Narhe. They were called Babaji Bapuji Mudgal Narhekar and Chimnaji Bapuji Mudgal Narhekar. The speech was indeed very motivating and helped the students to trace back to the history of the place where they now study.

The next celebration was 'International Yoga Day', which was held on 21st June 2024, where the students were taught to perform different Yogasanas. This gave the message of 'Celebration begins within oneself, when one is able to rejoice a healthy body and mind by practising yoga on a regular basis'.

It is said that "A leader takes people where they

want to go. A great leader takes people where they don't necessarily want to go, but ought to be."

The general elections were held for the academic year 2024-25. The selection of candidates for various posts like Head-Boy, Head-Girl, Prefects and Badge Holders was done by the teachers, supervisors and the Headmistress. The canvassing for the elections was done by the candidates on 24th June 2024. Students went to each class and presented their ideas and campaigned.

The general elections were held on Monday, 1st July 2024. On this day, voting was conducted by the secret ballot method on the computer systems which were set up at various venues. Some teachers work as the election adjudicating officers. In this polling process, all the students of Std. I to X along with the Headmistress, Supervisors and teachers exercised their right to vote. The results of the polling were announced the very next day. Master Bhargavram Kulkarni (X-V) and Miss. Aabha Prabhune (X-M) were selected for the posts of Head Boy and Head Girl respectively. A total of 20 student representatives were selected through this election process.

The oath taking ceremony of the elected student representatives was held on Wednesday, 3rd July 2024 in the presence of Mr. Kumar Diwakar, who is the Academic Coordinator at Maharshi Karve Stree Shikshan Samstha. Students of std. 6 to 10 were assembled housewise in the area in front of the geography lab. The programme started with the worship of Bharat Mata, Maharshi Anna and Baya Karve. All student representatives saluted the guest of the programme Mr. Kumar Diwakar. The guest handed over the files stating the responsibilities and duties. The elected candidate for the post of Head Boy administered the oath to the student representatives.

The Head Boy and Head Girl gave speeches mentioning the duties they will be following in the year. Mr. Kumar Divakar guided students about the importance of leadership by giving examples of leaders like Chndragupta Maurya, Lord

Shrirama and Shivaji Maharaj. In his speech, he focused on the importance of teacher – students' relation. The presence of Principal Headmistress and Headmistress enhanced the programme. The programme concluded with Vande Mataram.

The next celebration was that of 'Ashadhi Ekadashi', which emphasized the importance of valuing relationships not only with others but also with the Divine. It taught the students the importance of togetherness and the fun which one can have in the company of others. On 15th July 2024, children came to school dressed up as little warkaris. The Palkhi was decorated with flowers and photos of Lord Vitthal and Saint Dnyaneshwar with padukas placed in it. The procession took place with the young 'Warkaris' chanting "Vitthal Vitthal Jay Hari". The procession reached the Secondary Hall where pooja and aarti were performed. Information about Palkhi was given to the children and the programme ended with Pasaydan.

The event thereafter, 'Guru Pournima' intended to imbibe in the students, respect towards the 'Gurus', the teachers. This occasion was celebrated on 19th July 2024.

The day began with the recitation of the shloka during morning prayers.

गुरुर्ब्रह्मा गुरुर्विष्णु गुरुर्देवो महेश्वराः।
गुरुः साक्षात् परब्रह्म तस्मै श्री गुरुवे नमः॥

Thereafter, the teachers spoke to the students about the importance of 'Guru' in one's life and the role of the parents and teachers as 'Gurus'. The teachers also spoke about the founder of the Samstha, our Guru - Maharshi Karve and his Ardhangini Baya Karve. The students took their blessings recited the Aashramgeet. The students of the pre-primary section also made beautiful greeting cards for their mothers and carried them home to wish their mothers on the occasion of Gurupournima.

On the same day, Bharat Vikas Parishad felicitated 5 teachers and 5 students गुरु वंदन छात्र अभिनंदन.

The event of 'Deep Amavasya' also known as 'Ashadhi Amavasya' was one which taught the students to have a ray of hope even on the darkest days of life and believe in the ray of hope rather

than looking at what has gone wrong or what is not there.

On, 2nd August 2024, Vision English Medium School, Narhe celebrated the festival. Here, the 'light' or the 'lamps' were worshipped as a ritual of the festival, in order to introduce the students to yet another facet of our culture. The students were also introduced to different types of traditional lamps, which have long been a part of our cultural and spiritual world.

The students and their parents were appealed to light at least one lamp in their respective houses. The programme ended with a prayer to God that the lights lit during the celebration bring success, prosperity, health and wisdom into the lives of all.

The Indian culture teaches us to be grateful to every element of nature, be it living or non-living, as it believes that every element has its own unique role to play in the eco system and it is absolutely important. Taking this thought forward, the students were given information about snakes and their importance in the food chain on 9th August 2024, on 'Naag Panchami'. The students were also told about the different types of snakes and certain myths were cleared. The students of the pre-primary section rejoiced on Nag Panchami day as their beloved teachers drew mehendi on their hands.

The month of August came with the spirit of patriotism and the lesson of 'Nation First'.

The Independence Day Celebrations were organized jointly by the School of Fashion Technology and Vision English Medium School, on the campus of MKSSS's School of Fashion Technology Narhe Campus on Thursday, 15th August 2024 from 7.45 a.m. to 9.30 a.m.

The programme was graced by Lt. Col. Deepak Agashe as the Chief Guest and Mrs. Smita Kulkarni Vice President of the Samstha as the Guest of Honour. The programme was attended by 1000+ members in the audience attending the programme both physically as well as virtually, including the students from Mini K. G. to the Post Graduate level, parents and staff of the school and college put together. The programme was also broadcasted on Vision's official YouTube channel.

The programme began with the Pratima Poojan and the flag hoisting ceremony at the hands of the Chief Guest and the Guest of Honour. This was followed by the singing of the National Anthem, Dhwaja Geet, and the Panch Praan Pledge. These were followed by the introduction and felicitation of the Chief Guest and the cultural programmes put up by the students of Vision English Medium School and School of Fashion Technology.

The audience carried the thoughts of the Chief Guest with them as the speech of the Chief Guest was kept towards the end of the programme. Lt. Col. Deepak Agashe spoke about how self-discipline is very important in a person's life. He also appreciated the energy and enthusiasm of the performers and stated that it is this energy which is sure to take India forward.

The programme ended with the proposal of the vote of thanks and the singing of the Vande Mataram.

The festivals of Narali Purnima and Raksha Bandhan teach the students to love nature and establish a bond with it, the bond where we protect nature and the nature protects us in return. It also teaches us to be grateful to those who do something for us, be it the different forces of nature or the men of the armed forces who protect us night and day, by putting their own lives in danger.

The school celebrated Narali Pournima by conducting the Rakhi making activity on 16th August 2024. The students of all the sections were involved in the preparation of Rakhis. Information about the objective behind the celebration was also shared with the students.

While students learn the importance of their own culture, it is also important for them to be rooted to the 'Dev Wani', the roots of all the languages which are spoken today.

The National Sanskrit Day was celebrated on 22nd August 2024. While the compering was completely in Sanskrit language by a student of Std. 10, the programme included songs in Sanskrit, introduction of vocations like doctor, chef and police inspector in Sanskrit and a quiz. The students enjoyed this activity thoroughly and

experienced the beauty and richness of the language, firsthand.

While the children's Socio-Emotional Quotient was being worked upon through the celebration of various cultural festivals, it was also important to given them a practical and scientific view point of life.

The maiden 'National Space Day' was celebrated on 23rd August 2024, wherein the students of Std. 9 had prepared a PPT based on the National Space Day. The programme was attended by Std. 8 and 9 students.

Shri Krishna is a deity to whom every child is able to relate. He is a God of the commons, who stands for the qualities of friendship, fun, enjoyment and the love for food. We, at Vision also celebrated Dahi handi with the tiny tots of the Pre-primary section on 24th August 2024. The children came dressed up like Krishna, Radha and Gopikas which was a pleasure to watch. The teachers could sense the happiness which the children experienced while listening to the Govinda songs and dancing to the beats. They were also excited to watch the pyramid put up by the Primary and Secondary section students. Students were given the activity of churning buttermilk in the class. A unique activity called 'Thought in the pot' was also conducted, wherein the quotes and the thoughts written by the students of the Secondary Section were put in the beautifully decorated pots which the students of the Pre-Primary section carried home. Children were given 'Gopalkala' as prasad on this occasion.

Beyond the socio-emotional and scientific quotients, lies physical health, which has traditionally been considered to be the greatest wealth.

The National Sports Day was celebrated with great enthusiasm on 29th August 2024. The programme began by paying homage to the Bharat Mata, Maharshi Dhondo Keshav Karve and Baya Karve. The was followed by paying homage to Major Dhyanchand.

A game of tug of war was organized on this day amongst different houses. The programme ended with the information about Major Dhyanchand

being given to the students.

The 'Teachers Day Celebration' was an event which taught the students to give a careful thought before they choose their careers as the fields which they may choose may not be the same as they perceived it to be. Thus, finding out the pros and cons of the field before choosing it as a profession is important.

Every student wishes to play the role of their teachers in their school at least once in the whole period of their schooling and Teachers' Day is one such occasion where they can fulfil their dream. Here, they are able to understand all the roles which the teachers have to play and the pleasures and challenges which they experience during their career. They are now able to develop an empathetic approach towards their teachers.

Teacher's Day was celebrated in the school on 5th September 2024. The class teachers along with the Supervisor divided the students into groups. Each group had 3 or 4 students. Students were given a proper timetable for each period where they were expected to teach the students accordingly. A separate timetable was prepared for the tiny tots as per their subjects.

The students were very happy and started their preparations from the day they got the groups and the subjects. They met the teachers of the respective classes given to them and took ideas from them. The students who were given the responsibility of the tiny tots were more excited.

On 5th September 2024, the students went to the classes allotted to them and implemented the teaching plan which they had prepared. Overall, the students enjoyed the whole teaching and learning process.

The Ganesh festival is an event which brings with it an opportunity to experience joy in surrendering to the Divine. While Lord Ganesh is an emblem of talent, He teaches us to accept everyone as they are.

MKSSS's Vision English Medium School, Narhe celebrated the Ganesh festival in full pomp. On 13th September 2024, the school welcomed the favourite deity of all, 'Lord Ganesh' in the celebratory melodies of the dhols and taashas.

Thereafter, the students sang 'Aartis' with complete enthusiasm and offered their prayers to Him.

While English is a language which is most widely spoken all over the world, it is important to teach the students the importance of local languages and develop love for them in their minds. Taking this thought forward, Hindi Diwas was celebrated in the school on 16th September 2024.

On account of Hindi Diwas, a poster making competition was organized for the students of standard 5 to 10. Here, the students were given various topics and were expected to make posters showcasing the theme. The best posters were selected, and the winners were given certificates for the same.

The next event taught the students that it is not only important to respect the fellow human beings, but also the other species which co-exist on the face of this earth.

The Pre-Primary students had a delightful time celebrating the Pet Day on Friday 20th September 2024. They were thrilled to welcome two special canine guests, accompanied by their owners. The interactive session allowed children to learn about the basic differences between dog and human body parts, get close and personal with the dogs, touching and petting them and develop essential social skills through this hands-on experience. It was a fun day learning together. The children realized that a pet is a compassionate friend, entertainer, protector and a teacher as well.

While the Indian Family ecosystem is slowly turning from a collectivistic culture to an individualistic one, most students tend to live in nuclear families with little or no exposure to the love, care and mutual understanding towards the extended family. Hence, the 'Uncle-Aunty Day' was celebrated.

Parents and teachers are the pillars of child's development. Their united efforts create a supportive learning environment. Keeping this objective in mind this year, the school planned to celebrate 3 different days for the three standards of the Pre-Primary Section. The Uncle and Aunty Day was celebrated for the first time in the school

on 27th September 2024 and had a wonderful response. The very idea of coming to school with your niece/nephew, listening to a story with them, leaving your palm imprints with that of your niece and nephew, getting to meet their teachers, having a round of not only their class but of the entire school, was a mesmerizing experience given to all the uncles and aunts. The feedback of all the visitors spoke about organized planning, positivity of the school's atmosphere, use of all the available spaces for learning, friendly and warm approach of teachers. All of them left with truly unforgettable experiences and memories.

The celebration of the birth anniversary of a great soul like Mahatma Gandhi helps the students to learn the virtues and principals which he stood by throughout his life. This is learnt through the stories which are narrated in the classrooms and the activities which are conducted in the school.

On the occasion of Mahatma Gandhi Jayanti, 2nd October 2024, the school decided to commemorate the importance of Mahatma Gandhi's thoughts on cleanliness which state that 'Sanitation is more important than independence'. On this occasion, the school arranged various cleanliness activities to pay a tribute to the Mahatma. The main objective behind conducting these activities was to inculcate amongst the students, the habit of cleanliness and hygiene and sanitation right from a young age. The students took keen interest in cleaning their classrooms as well as the surrounding areas of the school. The teachers too became a part of the activity. This initiative served to evoke a sense of responsibility towards cleanliness among the students.

It is said that the close friend in one's life is a sibling or a cousin. To celebrate this relationship, the Siblings and Cousins Day was celebrated. Sibling and Cousins of Sr KG students were invited to the school on 5th October 2024. Various activities were planned for the students which comprised of fun games, antakshari and sowing the seeds activity. Along with it, children did icing on the cup-cakes and relished it too. Parents appreciated the unique concept of the celebration of this day.

World Mental Health Day is observed on 10th October every year, with the overall objective of raising awareness of mental health issues, removing the stigma around mental health and mobilizing efforts in support of mental health. This day was observed at Vision English Medium School on 10th October 2024 with the same objectives in mind. Besides this, the aim of observing this day was also to help the students become more mindful of their feelings, thoughts and actions. The day began with a short meditation programme wherein the students practiced various breathing exercises and guided meditation. Here, they were given information about the significance of the day and were also given tips of maintaining good mental health. Hereafter, the students were also sent a short video highlighting the various tips of practicing mindfulness and protecting their mental health.

The festival of 'Navratri' is one to worship the nine forms of Goddess Durga and imbibe the values which each of these forms stand for.

As a part of this celebration, the school organized 'Bhondla' on 11th October 2024, wherein the students of foundation stage participated with paramount enthusiasm. The teachers led the students to sing traditional 'Bhondla' songs such as 'ऐलमा पैलमा गणेश देवा', 'एक लिंबू झेलू' and 'कारल्याच वेल'.

The students of Std. III to V enjoyed 'Dandiya' wherein their teachers too joined the fun and frolic.

The cherry on the cake was the moment when the students had to guess the 'Khirapat'. Some students were able to guess that it was 'Bhel'.

Grandparents are the most experienced members in every family. They give the entire family their undivided attention and love. It is this extensive experience and unconditional love which needs to be reciprocated by loving them, respecting them and telling them that 'They are important'.

Grand Parents of the little ones visited the school on 18th October 2024. A beautiful drawing of Lord Ganesha made using the letters of the names of the grandchildren and grandparents was gifted to them as a memory of this day. A photo corner helped them to catch the beautiful moments in

photographic glimpses. जपावी माळ made from the seeds of वैजयंती तुळस, grown on the school's terrace garden was gifted to the grand parents as a token of gratitude.

Diwali is a festival which brings with it the colours of joy, happiness, togetherness.

A puppet show was organized on 24th October 2024 for the students of the Foundation stage. Fun games were played in the respective classrooms. Lanterns, wall hangings and lamp shades made by the students were given to the students along with Diwali gifts and फराळ to the students of the Foundation stage.

Since the last working day for the students of standard 3 to 5 was 25th October 2024, the school organized a drama named 'Cherry eke Cherry' directed and written by Mr. Tanmay Bhide. Students enjoyed it a lot. It conveyed a simple message that if you want to achieve anything you need to work hard for it.

This year, the 'Shekoti Day' was celebrated on 22nd November 2024, wherein the students were called to school for a bonfire in the evening. Various games were played and the students and teachers sang songs and danced together.

The students were served 'Kadhi Khichadi and coconut barfi' at the end of the programme. The event turned out to be a very novel experience for the students and they enjoyed it to great extent.

As a part of the children's holistic development, it is thought that the children must also have the understanding of the 'Geeta of Democracy', the Constitution of India and the rights and duties conferred by it upon the citizens of India. Further to this, the school celebrated the Constitution Day on 26th November 2024. All the students recited the Preamble together. Hereafter, information regarding the day was shared with all the students. The 26 facts related to the Constitution of India were also shared with the students.

As an extension of the celebration, the school organized the Fun and Learn Funfair on 24th and 25th December for the students along with their family members and friends. The aim of this event was to ensure that the students gain hands-on training in people's skills, entrepreneurship and

vocational training. Different stalls offering food items, games, products prepared by the students, free zone and photo booth corner were arranged. These were handled by the students of standard 4 to 10 under the guidance of the teachers. The products which were kept for sale such as soaps, incense sticks, torans, plants, canvas, screen printed t-shirts, terracotta products were all prepared by the students under the guidance of the teachers. The mouthwatering food products were also prepared by the students and teachers on the spot. The money received through this activity was donated towards the noble cause of Bhaubheej Nidhi.

The school also inaugurated the History teaching aids under the Samay Project, during the Fun Fair. Here, the History related boards developed by the teachers, the History based games developed by the teachers and the other antiques were displayed. Each of these activities was explained in detail with absolute confidence by the students, dressed as Mavlas.

Besides this, students put up performances such as छंद based on Shivaji Maharaj, Laathi Kaathi, and a dance performance learnt by the students as a part of the enhanced learning activity.

The overall event was one filled with joy and enthusiasm.

Balika Diwas, celebrated on January 3rd, marks the birth anniversary of Savitribai Phule, India's first female teacher and a pioneer of women's education. This day honours her contributions to empowering girls through education and social reform. It serves as a reminder of the need for gender equality and the upliftment of girls in society.

On the birth anniversary of Savitribai Phule, on 3rd January 2025, the entire school celebrated Balika Diwas. On this day information about Savitribai Phule and her noble work towards the education of women was read out during the assembly. The speech also included the information about the work of both Jyotirao Phule and the obstacles faced by the couple while trying to attain their goal of the upliftment of women.

The Kite, though a widely known means of play,

teaches us that it is important to be rooted and be aware of who we are and where we belong. Just as the kite can fly only as long as it is connected to the string and tends to fall if the string breaks, humans too can succeed only as long as they are connected to their own culture, traditions and families.

The Kite festival was celebrated on 13th January 2025 on the occasion of Makar Sankranti. The students and the teachers wore black coloured dresses on this day. The little ones of the pre-primary section were excited to watch kites being flown by the elder students of the secondary section. Tilgul Halwa was distributed to the students after the celebration.

State Sports Day, celebrated on January 15th, marks the birth anniversary of Khashaba Jadhav, India's first individual Olympic medallist. This day promotes the importance of sports, fitness, and athletic excellence while honouring the sportsman's legacy. It aims to inspire young athletes and encourage a culture of sportsmanship and perseverance.

Taking this thought forward, the school celebrated the Birth Anniversary of Kasaba Jadhav also called as State Sports Day. The Headmistress and the Supervisor offered flowers to the great hero on behalf of all the students and staff members. Later the sports teacher shared information about Khashaba Jadhav and about his struggle.

As an extension of the celebration of the National Geography Day and with the intent of creating awareness about astronomy the students of Std. 8 had a Sky gazing session on 24th January 2025. Students got a chance to see a few celestial planets clearly through a telescope. They were also given information about the other celestial objects. It was an interactive session where the students asked a lot of doubts which were answered by the team members of Jyotirvidya Parisanstha, Pune.

26th January marks the day when the Constitution of India was adopted. It is this Constitution which helps us understand our rights and duties. The celebration of this day is a means to remind everyone that one must practise the duties and

follow the rules which have been laid down, before one demands the rights.

The Republic Day Celebrations were organized jointly by the School of Fashion Technology and Vision English Medium School, on the campus of MKSSS's Vision English Medium School Narhe Campus on 26th January 2025 from 8.00 a.m. to 9.30 a.m.

The programme was graced by Major Prasad Khokrale as the Chief Guest and Mr. Pratap Bhosale and Mr. Jayant Inamdar as the Guest of Honour and was attended by 1550+ members in the audience, including the students from Mini K.G. to the Post Graduate level, parents and staff of the school and college put together.

The programme began with the Pratima Poojan and the flag unfurling ceremony at the hands of the Chief Guest and the Guests of Honour. This was followed by the singing of the National Anthem, Dhwaja Geet, Rajya Geet and recitation of the Preamble of the Indian Constitution.

The students of standard 8 performed the march past showcasing the importance of teamwork and synchronization. This was followed by the introduction and felicitation of the Chief Guest and the Guests of Honour.

The toppers of standard ten board exams conducted during the academic year 2023- 24 were handed over the cash prizes at the hands of the dignitaries. This was indeed a proud moment for the teachers and students alike.

The cultural programmes put up by the students of Vision English Medium School enthralled the audience.

The audience carried the thoughts of the Chief Guest with them as the speech of the Chief Guest was kept towards the end of the programme. Major Khokrale emphasized upon the values instilled by the army in the members who joined it. He also stated that just as the army personnel contribute their bit towards the nation, the spouse and parents also have an equal role to play. Finally, he appealed to the parents to encourage their wards to join the army as it stands for discipline, routine and an extraordinary lifestyle.

Fitness is a virtue which the students must imbibe

in themselves. On Rathasaptami, the students of all three sections performed Surya Namaskar on 4th February 2025. Hereafter, the students were given information about Rathasaptami.

While different festivals imbibed different values in the students throughout the year, the value of leadership, discipline and mutual respect were imbibed amongst the students through the celebration of 'Shivaji Jayanti' on 19th February 2025. Children participated enthusiastically in the programme. Some students from the Pre-Primary section sang powadas, recited the Shiv Garjana and delivered a motivational speech, being dressed as Jijabai. The students from Std. 6 presented a drama on the life events of Shivaji Maharaj.

The celebration of the Primary section was graced by Mr. Omkar Nerlekar. Here, he expressed his thoughts about Shivaji Maharaj through various stories.

The celebration of the Secondary section was graced by the Joint Secretary of the CEC, Mr. Gopalakrishn Gunale who highlighted the important qualities of Chhatrapati Shivaji Maharaj which students should try to imbibe in their lives. The academic toppers and athletes of the year 2023-24 were felicitated on this day.

The school also arranged a lecture for the students of Std. 7 and 8 based on the topic, 'The forts of Shivaji Maharaj'. This lecture was presented by Mr. Omkar Kelkar. In his presentation he showed the images of forts and highlighted about the various significant features of the forts all over the India.

Marathi Diwas celebrated on 27th February each year, is a day to bask in the glory and the sheer greatness of the language. This day is celebrated to commemorate the birth anniversary of the great poet and Dnyanpeeth Awardee, Late V.V. Shirwadkar. This year held special significance as Marathi language recently received the recognition and honour as 'Abhijat Bhasha'. The students of all three sections celebrated this day by reciting 'Manache Shlok'

The school also felicitated the students who participated in the state level Manache Shlok

completion.

National Science Day was celebrated on 28th February 2025. It is celebrated to spread a message about the importance of science used in the daily life of the people. Students were exposed to various scientific apparatus and performed various science experiments.

The students from Std. 6 to 8 took part in the game of Housie. The teachers showed 27 words to the students from which 16 words were written in the grid. Later the teachers read out definition, and the students underlined the term from the grid. This activity was displayed by the students.

Recitation helps young learners to speak and enunciate better with well-formed sounds. Children who recite poetry as a routine are found to grow up as confident orators and sensitive readers as they understand pitch, voice inflection, volume and the rhythm of the language. Keeping this in mind. The 'Rhymes Day' was celebrated with full enthusiasm in the Primary and Pre-Primary Sections on 24th and 25th February 2025 respectively. The theme for these days was 'Prakriti'. Students showcased their recitation skills in Marathi, Hindi, English and Sanskrit languages by reciting poems based on the theme. Children were appreciated by one and all present there.

Gudhi Padwa marks the beginning of the Hindu New year. The festival was celebrated in great pomp by organizing a shobhayatra on 31st March 2025. The yatra was attended by several students and staff members. The special performance of the Band patahak added a sparkle to the procession and smiles to the faces of all.

Celebration



Aashadhi Ekadashi



Teacher's Day



Shiv Jayanti



National Space Day



Dussehra



Dandiya

Hibiscus flowers are used for hair care in Ayurveda.



Competitions

Oratory Skill Based Competitions: -

Like every year, the school celebrated Lokmanya Tilak Jayanti by organizing various competitions based on the students' oratory skills on 23rd July 2024. The aim of choosing this day is to help the students understand the importance of good oratory skills, develop the confidence to speak on stage and also develop a clarity of thought. Story telling competition was organized for the students of Std. I to IV while elocution competition was organized for the students of Std. V and VI. The students of Std. VII and VIII took part in the debate competition while the students of Std. IX and X participated in the extempore speaking competition. The competitions were judged by Mrs. Ashwini Kulkarni and Mrs. Amrapali Aurangabadkar.

Beading, Drawing and Painting Competitions -

The competitions such as beading, drawing and painting are the ones which bring out the creativity in every child, in terms of the colour combinations and the aesthetics in general. The following competitions were held on 21st August 2024 during the regular school hours.

Mini K. G. - Beading,

Jr. K. G. - Drawing,

Sr. K. G. - Painting.

All the students thoroughly enjoyed the competitions. Most of the students from Jr. K. G. and Sr. K. G. were well prepared. They had decided what they wanted to draw or paint during the competition and executed their plans with complete precision.

Hindi Diwas -

Like every year, Hindi Diwas was celebrated in the school on 14th September 2024. On this day, a poster making competition was organized for the students of standard 5 to 10. Here, the students were given various topics and were expected to make posters showcasing the theme. The best posters were selected, and the winners were given certificates for the same.

Singing Competition -

A singing competition was conducted on 14th September 2024. The aim of this competition was to help the students explore their musical talents and showcase the same in front of a large audience, thus enhancing their self-confidence. The students were given themes for the selection of songs, based on which the students gave wonderful performances. The singing competition for the primary section was judged by Mrs. Rasika Purandare while that for the Secondary Section was judged by Mr. Meghan Shrikhande.

Best Reader and Book Reviewer -

On the birth anniversary of the Ex-President of our country and the Missile Man of India, Dr. A.P.J. Abdul Kalam, the school organized the reading day celebrations from 7th to 11th October 2024.

Here, the competition for the best reader and best book reviews were organized for the students of standards 6-8.

For the 'Best Reader' competition, the students were expected to speak about two books which they had read, wherein they were supposed to describe the topic of the book, the writing style of the author and the character in the book which they liked the most. The students were judged based on their style of speaking, pronunciation and overall presentation. This competition was judged by the Librarian of the school.

For the competition for 'Best Book Reviewer' the students were expected to write about the topic of the book, the writing style of the author and the character in the book which they liked the most. This competition was judged by the language teachers who taught the respective classes. A total of 25 students out of 66 participants won prizes.

Sports Week -

School started with the Sports Week from 12th November 2024. Several events and races appropriate to various age groups were organized. Solo events like Running, Shot put,

long jump and team events like Kabaddi, Kho Kho, Throw Ball and Dodge Ball were conducted. All the students of all three sections participated in the events with great enthusiasm and true sportsmen's spirit.

Parent- Child Competitions -

The parent- child competitions are a novel concept in order to help the students and parents bond together on a creative stage. It is an opportunity for the students to portray their creative ideas and work upon them as a team along with their parents. Similar competitions were organized in the month of November 2024, where several student-parent duos participated with great enthusiasm. Competitions such as rangoli, flower arrangement, salad decoration, greeting card making, folder making, singing, dance, drama and cooking were arranged for the students of Pre-Primary section to Std. VIII.

Fancy Dress Competition -

The students of the pre- primary section took part in the fancy dress competition, wherein they adorned the dresses of various trees, climbers, shrubs and medicinal herbs. The aim of this event was to help the children understand the importance of different plants, shrubs and climbers so develop confidence in dressing up and then delivering the speech on stage, with confidence. The students participated in this competition with complete enthusiasm.

Rangotsav-

On Children's Day 14th November, the school organized a drawing competition called 'Rangotsav'. The competition was arranged on the ground. All the students gathered on the ground and sketched their imagination on the paper. Few parents and teachers also joined the same. The competition was judged by Mr. Rahul Pawar from Mahilashram school, Mr. Pramod Korolikar sir (Vision English Medium School, Wadgaon), Mrs. Jayashree Kumbhar and Mrs. Archana Vedpathak (Shishuvihar School, Karvenagar) After going through all the drawings, the judges shortlisted, 5

outstanding entries from each standard and Special Mention Drawings, showcasing exceptional talent.

This day was also declared a 'No Bag Day' for all students. Teachers conducted engaging, textbook-free classes, incorporating games and activities to facilitate experiential learning. The result was a fun-filled day that brought smiles to everyone's faces.

Drawing, Origami and Clay Modelling -

Competitions such as drawing, origami and clay modelling are the ones which are sure to enhance the children's dexterity skills and chisel their imagination. Further to these benefits, the competitions were organized for the students of Mini K. G., Jr. K. G. and Sr. K. G., respectively on 10th January 2025, which were thoroughly enjoyed by the students.

Spell Bee Competition -

Spelling is important because it not only aids in reading but also cements the connection between sounds and letters. Learning high frequency sight words has also shown to help with both reading and writing. Spelling, the art of correctly assembling words from their letters, is one of the essential components of successful writing, gaining confidence in all aspects of literacy and overall comprehension. The primary aim of the 'Spell Bee' competition is to sharpen memory skills and enhance language proficiency. Hence, all the students of Std. I to VIII participated in this competition. The students had been given a list of age-appropriate high frequency words, which they had to learn. The teachers dictated 25 words from this list and the students were evaluated for their spelling abilities.

Poetry Recitation, Object Talk and Story Telling Competition -

The students of the Pre-Primary Section were given an opportunity to chisel their sportsmanship and showcase their oratory skills through competitions organized on 4th February 2025. The students of the Mini KG took part in the poetry

recitation competition, those of Jr. K. G. participated in the object talk competition while those of Sr. K. G. participated in the story telling competition. There was an overwhelming response from the students to take part in the competitions. Around 50 percent of the students took part, out of which the best performers were selected for the final round. The selection criteria included the choice of topic, preparation and the confidence of the students. The competitions were judged by the teachers from the Secondary section.

G. K. and Quiz Competition –

The school conducted General Knowledge Competition for Std. I to VIII on 5th February 2025. This was the qualifying round for the Quiz competition. The students who secured the highest marks in this competition qualified for the Quiz competition. One child from each house was selected for the same.

English Poetry Competition -

A poetry recitation competition was organized by the school on 13th February 2025, for the students of Std. 1 to 8. This was an opportunity for the students to go through the poems of various poets and chose the most meaningful poems,

appropriate for their age groups. This was also an opportunity for the students to learn the skill of reciting poems and presenting them to the audience in the most interesting way. The competitions for Std. 1 to 8 were judged by Mrs. Shilpa Khare.

Quiz Competition -

The school conducted Quiz competition for the students from Std. 3 to 8 on 18th February 2025. The theme for the competition was Prakriti and Samay. There was a total of 4 rounds – first round - Knowledge – Knock Out; the second round was Brain Bogglers; third round was Fast and Furious, and fourth round was AV Experts.

Prithvi house was the Winner with 142 points.

Akash house was the Runner up with 122 points.

Marathi Poetry Competition -

On Marathi Day, 27th February 2025 the school also organized Marathi Poetry competition for Std. 1 to 8. The students recited poems written by famous Marathi poets. The competition for the Primary section was judged by Mrs. Sanjeevani Karve while that for the Secondary section was judged by Mrs. Prajakta Kulkarni. Teachers also shared information and told stories stating the importance of the day.



Best Book Readers and Reviewers of Vision



Poetry Competition

We Gain New Insights and Perspectives



Winners of the Manache Shlok Inter-School Competition



Shikshan Vivek - Kavya Abhivachan Competition



Sports Prize Distribution at the Hands of Mr. Deven Renuse, Wrestling Champion, Ex-Student



Winners of the Cyber Genius Competition



Winners of Essay Writing Competition and Elocution Competition Held by Aseem Foundation



House of the Year - Prithvi House

The Flame Lily (Gloriosa superba) is India's national flower.



Summary of Competition 2024 - 25			
Sr. No.	Std	Name of the competition	Name of the Judge
1	Mini K. G.	Beading	Class Teachers
2		Poetry	Mrs. Aishwarya Shinde
3		Drawing	Mrs. Soniya Mohite
4		Fancy Dress	Mrs. Ashwini Khare, Mrs. Priti Mandvle
5		Rangoli (Parent-Child)	Mrs. Manasi Ekbote
6		Inter-class English Song Recitation	Mrs. Gauri Paranjape
7	Jr. K. G.	Clay Modelling	Mr. Sagar Waghale
8		Object Talk	Mrs. Aishwarya Shinde
9		Drawing	Mrs. Soniya Mohite
10		Fancy Dress	Mrs. Pranali Bhandare, Mrs. Adwaita Joshi, Mrs. Medha Nimbalkar
11		Flower Arrangement (Parent Child)	Ms. Prachi Potnis
12		Inter - class English Poetry Recitation	Mrs. Gauri Paranjape
13	Sr. K. G.	Origami	Mrs. Jyotsna Kunte Godbole
14		Story Telling	Mrs. Kirti Dhabushe
15		Painting	Mrs. Jyotsna Kunte Godbole
16		Fancy Dress	Mrs. Priya Rukme, Mrs. Minal Mehare, Mrs. Mahi Patil
17		Salad Decoration (Parent- Child)	Mrs. Bhagyashree Karandikar, Mr. Anand Karandikar
18		Inter - class English Paragraph Recitation	Mrs. Gauri Paranjape
19	I	Greeting Card Making (Parent- Child)	Mr. Kedarnath Bhagwat
20	II	Folder Making (Parent- Child)	
21	III	Singing (Parent- Child)	Mrs. Ashwini Badave
22	IV	Dance (Parent- Child)	Mrs. Gargi Karkhanis
23	V	Drama (Parent- Child)	
24		Elocution	Mrs. Ashwini Kuber
25	VI	Elocution	Mrs. Amrapali Aurangabadkar
26		Rangoli	Mrs. Vaishali Shinde
27	VII	Flower Arrangement	Mrs. Anita Patil
28	VIII	Cooking	Mrs. Prabha Dalvi
29	VI to VIII	Good Book Reader	Mrs. Keerti Gandhe
30		Good Book Reviewer	Language Teachers
31		English Poetry	Mrs. Shilpa Khare
32		Marathi Poetry	Mrs. Prajakta Kulkarni
33	VII and VIII	Debate	Mrs. Amrapali Aurangabadkar
34	IX and X	Extempore	
35		Dance	Mrs. Ashwini Kashyap
36	I to IV	Story Telling	Mrs. Ashwini Kuber
37	I to V	Singing	Miss. Rasika Purandare
38		English Poetry	Mrs. Shilpa Khare
39		Marathi Poetry	Mrs. S. M. Karve
40	I to VIII	Spell Bee	Class Teachers
41	III to VIII	GK and Quiz	Class Teachers
42	VI to X	Hindi Poster Making Competition	Mrs. Suvarna Tambe Mrs. Tanuja Joshi
43		Singing	Mr. Meghan Shrikhande
44		Magazine Cover Page Designing	Vision Heads
45	I to X	Drawing	Mr. Pramod Kodlikar Mrs. Archana Vedpathak Mrs. Jayashri Kumbhar Mr. Rahul Pawar

List of Picnic Spots During the Academic Year 2024- 25

Std.	Destination
Mini K. G.	Morya Gosavi
Jr. K. G.	Baneshwar
Sr. K. G.	Girivan
I	Aroha Srushti Garden
II	Ghadge Farms
III	Nature's Nestt Agro
IV	The Hidden Oasis Resort
V	Nature Nestt Agro
VI	Sneh Resort
VII	Prathmesh Resort
VIII	Kalpataru Baug Agro Tourism
IX	Bhigwan and Buleshwar Temple
X	Wai



Picnic (2024-25)



Pre-Primary Section



From the Desk of Pre-Primary Supervisor



Mrs. Ashwini Khankale
(Pre-Primary Supervisor)

The students of the Pre-Primary section experienced a vibrant and enriching year filled with activity-based learning. While planning and executing the curriculum, utmost care was taken to ensure the overall development of each child. The activities were thoughtfully designed to enhance observation, concentration, logical thinking, and creativity, while also nurturing cognitive, motor, language skills, readiness activities.

In the beginning of the year each student was provided with an अध्ययन kit. The kit included thoughtfully selected material. It comprised of various kind of material like napkin, jingle, kaleidoscope, आवळा candy, उत्पल, perfume, soap, slate along with a book. The information cards depicting information about learning through the five senses was attach to the bag of अध्ययन kit.

Children at a young age learn best through sensory experiences, which engage their senses and allow them to explore and understand the world around them. Sensory experiences, such as:

1. Touching and feeling textures
2. Seeing and observing colours and shapes
3. Hearing and responding to sounds
4. Smelling and identifying scents
5. Tasting and exploring flavours

Sensory experiences also foster curiosity, creativity, and problem-solving abilities, laying a strong foundation for future learning and development.

A napkin was added to provide tactile experience. A kaleidoscope, was added in the kit as it is a wonderful tool for young students, offering a unique and engaging way to explore various concepts, including symmetry and patterns, colours and shapes, reflection and light, geometry

and spatial awareness. It's an excellent way to make learning fun, interactive, and memorable. Musical instruments can be a fantastic learning tool for young children, offering a wide range of developmental benefits. Playing instruments helps improve dexterity and hand-eye coordination. Engaging in music enhances concentration and strengthens memory. Music also involves patterns, rhythms, and beats, which can help children understand basic mathematical concepts. Playing instruments in a group setting fosters teamwork and builds confidence. To make musical exploration a fun and engaging experience, various instruments were included in the study kit. A jingle was provided for Mini K. G., Tal (ढाढ) for Jr. K. G., and Ghungroo Kathi (घुंगरू काठी) for Sr. K. G. students.

Providing various materials to stimulate the sense of smell in young ones can be a great way to encourage sensory exploration and development. Keeping in mind the same objective, different materials were added in the kit. Utana (उटणा) was added for Mini K. G. Soap made by the students of Vision was added for Jr. K.G. and Perfume (अत्तर) was given to Sr. K. G.

Stimulating the sense of taste in young ones can be a fun and engaging way to encourage sensory exploration and development. For the same Amla candy was added in the kit.

Apart from the kit ample of manipulative toys, puzzles and games are given to the students on a regular basis. Thoughtfully created teaching aids were integrated in the daily routine to facilitate the learning process.

Various art materials like crayons, chalks, paints, brushes and clay were provided to enhance creativity among the young minds.

In Mini K. G. scribbling, thumb printing, sponge printing, bubble paper printing, bead printing, spray painting, leaf printing, leaf etching, fingerprinting, paper tearing and pasting, ear bud printing, paper folding, vegetable printing was given on a regular basis to develop fine motor skills and eye hand coordination.

Readiness activities like patterning, sorting, classification, matching, seriation, solving puzzles were introduced as pre reading and pre-writing activities.

Along with it some simple activities were added to

prepare the students for performing daily routine tasks independently and learning few life skills. Students enjoyed indulging in the activities like washing napkins, buttoning, vegetable cleaning, handkerchief fold, lacing activity, churning buttermilk, peas shelling and many more.

The activities like exercises, simple yoga, chair Zumba, simple aerobics were one of the student's favourite activities to start a day in school in Mini K. G. Exercises on the beats of the drum, music and whistle helped to boost concentration and motor development. Many interesting games were conducted for children to channelise their physical energy and develop listening skills among the young ones.

The experience of working together was provided through group activities. Students enjoyed activities like colouring, drawing on a big chart paper along with their friends. They were encouraged to make rangoli in front of their class. For this they were motivated to use a variety of materials available in the school campus like twigs, dried leaves, leftover flowers of the celebrations etc. Removing petals from the flowers, arranging them in different designs was a fruitful learning experience for the young ones.

Activities like object talk, picture talk helped to develop vocabulary and language skills. Students enjoyed participating and reciting different age-appropriate songs. Rhymes and song sessions with jingles, and head gears were enjoyed by the students to the fullest. They also loved watching their friends with the head gears. To develop listening skills, concentration, story sessions were conducted for children. Different techniques were used to present a story and introduce characters of the stories to the children. Flash cards, stick puppets and glove puppets made the story sessions interesting. It was observed that the students were engrossed during these sessions and many times they tried to narrate the stories in their own words.

Along with these few more activities were added for the students of Jr. K. G. Watching colours blend sparks cognitive growth as little minds begin to understand and predict change. Colour mixing

activities help children develop their creativity by allowing them to explore and experiment with colours. Teacher demonstrated the activity by using glasses with two primary colours and mixing them together to form a secondary colour. Follow-up activity of palm printing was taken in the drawing book. The activity helped children to gain knowledge about colours and enhance creativity.

A sweet made from sesame seeds and jaggery is exchanged during Makar Sankranti for its symbolism of goodwill, warmth and nutrition connecting the festival to harvest and Sun worship. Teacher explained the importance of the festival of Makar Sankranti. The students carried Tilgul in a cute little bag made by them. This activity developed their fine motor skills.

Students of Jr. K. G. were taught Tulip flower with simple paper folds. This activity was conducted during the flower topic. This activity helped children to improve hand - eye coordination and concentration.

Children got a hands on experience which helped them to learn basic cooking skills when simple cooking experiences were planned. It helped to promote healthy eating habits too.

Fruit chat was another interesting activity which grabbed the attention of Jr. K. G. students. The students were asked to bring fruits from home. The message was conveyed to the students orally. The students were supposed to understand the instructions given, remember it and convey it to the parents. This objective was achieved when most of the students brought the fruits told to them. The fruits were cut and mixed in front of the students. Little salt and chat masala was added to make the fruit chat which was later served to them.

For inculcating healthy eating habits among students a cooking experience of making sprout bhel was planned. For the same students were asked to bring boiled sprouts from home. All sprouts with chopped onion, tomato, smashed potatoes, coriander and shev were mixed in a big bowl. The mixture was sprinkled with chat masala and salt. The teacher spoke about the nutritional value of the sprouts during this process. A

delicious and nutritious preparation made in the class was served to all.

Sharbat is a refreshing beverage which is not only a treat for the taste buds but also offers numerous health benefits. Making it was an ideal choice for kids during these summer days. For this activity students carried lemon and sugar with a glass and spoon. The teacher demonstrated sharbat making activity in front of the students. The students made sharbat for themselves after this. They learnt the procedure and they also were introduced to new words like a pinch of salt, stirring, squeezing the lemon and sour taste.

Science Day was celebrated in the Pre-Primary Section by introducing children to various scientific tools through interactive, hands-on experiences. Mini K. G. students explored the world around them using magnifying glasses, Jr. K. G. students discovered the magic of attraction with magnets, and Sr. K. G. students were introduced to binoculars for distant viewing. Jr. K. G. students learned that magnets attract iron objects through guided exploration. This concept was reinforced with a creative fridge magnet activity, where each child decorated an MDF cutout with a magnet attached, resulting in their very own handmade fridge magnets.

Food pyramid provides a simple, visual representation of a balanced diet, helping them understand which food groups to eat the most.

The pyramid's structure clearly shows the relative portion sizes of different food groups, making it easy for children to grasp how much of each food type they should eat. Teachers drew the outline of the food pyramid on the chart paper.

Children were asked to get the cutouts of the food they eat. Then the teachers along with the children pasted them on the pyramid making them understand the importance of every food item they got.

Unique table mats with the palm prints were made by Sr. K. G. students. Palm printing significantly helps develop their fine motor skills by strengthening hand muscles, enhancing hand-eye coordination, and providing sensory experiences through the tactile sensation of paint, all while fostering creativity and imagination as they use their hands to create unique designs on paper.

Teachers took children's palm print on the paper and wrote appreciation quotes for each child

considering the interests and the personality of the child. The other side of the mat had the information about the importance of eating healthy food. The mats were then laminated in the school. Children used the mats daily during their snack time. The students of Sr. K. G. enjoyed using their personalized unique mats during the snacks time in the school.

Shelling peas is a valuable activity that significantly improves the fine motor skills and hand-eye coordination. Children were divided into groups of 4-5 each. They were provided with peas, a piece of newspaper and a bowl. Children enjoyed the activity. The next day peas were boiled, and spices were added by sevikas, and it was served to the children during snacks.

The students learnt to sort Druva (दूर्वा) by removing additional leaves and sorting each one with three leaves (traditional way of sorting दूर्वा). After this they counted 21 Durva's to make a 'Judi'. A garland of Durva's was offered to Lord Ganesha during the Aarti of Pre-primary Section.

If we twist the crayon on the paper, we get the impression like a flower or a butterfly. Students of Sr. K. G. loved making designs with this technique. The activity also helped in the development of fine motor skills and enhanced creativity.

Some of the children could make dolls, butterflies and many more things using imagination.

Thread printing was another interesting technique which was introduced to Sr. K. G. students and they enjoyed it a lot. It helped students develop the strength and control in their fingers and hands. The children were provided with watercolours, a string of thread dipped in the colour.

Teacher demonstrated the activity on the paper. Children followed the same way and completed the activity. Children were amazed to see the impression which they got on the paper through this simple technique.

Making potato chaat activity was conducted for Sr. K. G students to promote teamwork and healthy eating habits. The activity helped to enhance fine motor skills, hand-eye coordination, sensory skills. The students also learned colour identification and the flavours of spices. For this experience they were asked to bring boiled potatoes to make their own recipes. With excellent teamwork, children made potato chaat with the

help of teachers and ate it during snack time. Using colourful flowers, the young learners engaged in creating patterns, while learning about the cultural significance of rangolis. This fun and educational exercise allowed Sr. K. G. students to explore their imagination and creativity.

The children brought different flowers and separated the petals colour wise in a group. Children filled the patterns beautifully which were drawn by the teachers.

The Sr. K. G. children participated in a fun and interactive fruit chaat making activity, aimed to promote healthy eating habits, teamwork, and sensory skills. The children brought a variety of fresh fruits to school and worked together to prepare a delicious fruit chaat, mixing different fruits. This activity encouraged self-expression through fruit arrangement and mixing. The fruit chaat activity was a unique and engaging learning experience that nurtured healthy eating habits.

To enhance motor development, attention, concentration, and control over body movements, mass P. T. sessions were conducted by the P. E. teacher throughout the year. The children were introduced to exercises with ghungaroo kathi (घुंगरू काठी) and dumbbells on the beats of drums.

Children learnt various physical movements and followed the instructions.

The Origami activities were conducted throughout the year for Sr. K. G. students in order to develop fine motor skills, hand-eye coordination, and creativity. Each month the students learned to create various origami models, that were related to the topic. Here they learnt the models from simple to complex. Students learnt three-dimensional strawberry, umbrella, swan, rabbit, house, fish, simple boat, double boat and many more. Students got the feeling of achievement when they could make these paper fold articles.

Process of germination of seeds was explained to the students through hands-on experience of sowing the seeds and observing the germination process. Students could witness developmental stages of a seed growing to a plant and were amazed to watch it.

This experience developed curiosity about nature, the life cycle of a plant, and enhanced observation skills, patience and language skills.

The school provided a well-rounded and engaging curriculum that catered to the diverse needs and interests of Pre-Primary students.



Mini K. G.



Khal (खल) Activity



Flower Rangoli Activity



Bubble Paper Printing Activity



Origami - Single Fold Activity



Sand Pit Activity



Rhymes Session

Giloy (*Tinospora cordifolia*) is known as the "root of immortality" in Ayurveda.



Mini K. G.



Vegetable Sorting Activity



Readiness Activity



Rangoli Activity



Playing with Small Blocks



Activity in Maths Lab



Napkin Washing Activity

Tulsi (*Ocimum tenuiflorum*) has antibacterial and antifungal properties.



Jr. K. G.



Welcome to School



Sprout Bhel Making Activity



Colour Mixing Activity



Flower Observation Activity



Balnagari



Vegetable Printing Activity

Aloe Vera is called "Ghritkumari" in Sanskrit and is used for skincare.





Fancy Dress Competition



Shapes with Beads Activity



Solving Puzzles



Paper Tearing and Pasting Activity



Guru Pournima Activity



Outdoor Free Play

The Turmeric plant (*Curcuma longa*) is used in cooking, medicine, and rituals.



Sr. K. G.



First Day - Craft Activity



Visit to Bird Park



Grammar Session



Free Drawing Activity



Physical Exercise Session



Durva Sorting Activity

Ashwagandha (*Withania somnifera*) is used for stress relief.



Sr. K. G.



Pataka Making Activity



Napkin Folding Activity



Visit to Kitab Gadi



Cultural Awareness Activity

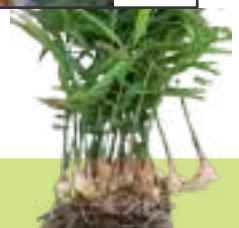


Pre-Maths Skill - Patterning



Peas Shelling Activity

Ginger is used to treat digestive issues, nausea, and respiratory problems.



Celebrations



Naag Panchami



Tilak Jayanti



Dahi Handi



Ganesh Utsav



Saraswati Poojan



Makar Sankrant

Neem twigs are traditionally used as toothbrushes.



Celebrations



Pet Day



Rhyme Day



Deep Poojan



Awareness about Elections



Bullock Cart Ride



Republic Day

Brahmi is used to treat memory loss, anxiety, and stress.



Celebrating Family



Mini K. G. - Grandparents Day



Jr. K. G. - Uncle - Aunty Day



Sr. K. G. - Siblings Day



The Amla tree (*Phyllanthus emblica*) produces fruits with high vitamin C.



Free Drawing - Best Entries



Manjusri Phadtare
(Mini K. G. - M)



Shriyansh Mane
(Mini K. G. - V)



Ovi Badnapurkar
(Jr. K. G. - M)



Ayushmann Kakade
(Jr. K. G. - V)



Vanshika Patil
(Jr. K. G. - E)



Advaita Wagh
(Sr. K. G. - M)

Moringa (Drumstick tree) leaves are a super food.



Free Drawing - Best Entries



Durva Uttanwar
(Sr. K. G. - V)



Shivansh Raykar
(Sr. K. G. - E)

Upcoming Artists



Isha Garud
(Mini K. G. - M)



Mokshada Korgaonkar
(Jr. K. G. - E)



Smit Jadhav
(Sr. K. G. - E)



Ashvika Koregaonkar
(Sr. K. G. - E)

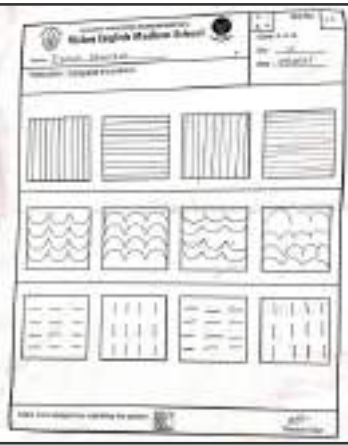
Pudina is a plant that helps freshen our breath and tummies.



Worksheets



Prabodhani Patil
(Jr. K. G. - V)



Jiyansh Bhosekar
(Jr. K. G. - V)



Rusha Kadu
(Jr. K. G. - V)



Shreesha Shirurkar
(Jr. K. G. - M)



Anay Kulkarni
(Jr. K. G. - M)



Shriansh Kokare
(Jr. K. G. - M)



Anvee Jadhav
(Jr. K. G. - M)



Arjun Late
(Jr. K. G. - E)



Aarush Pawar
(Sr. K.G. - V)



Shrimayi Shinde
(Sr. K.G. - V)



Ovi Pawar
(Sr. K. G. - E)



Mrunmayee
(Sr. K. G. - E)

Henna has been used to treat wounds, cuts, and burns due to its antiseptic and anti-inflammatory properties.



Winners of the Pre-Primary Section						
Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
1	Mini K. G.	M	Beading Competition	Isha Garud	FIRST	Class Teachers
2		M		Dnyaneshwari Waghale	SECOND	
3		M		Sharvi Tanpure	THIRD	
4		M		Dhruv Pimpale	FIRST	
5		M		Pralavit Chavan	SECOND	
6		M		Advik Thorat	THIRD	
7		V		Ananya Inamdar	FIRST	
8		V		Anvika Pimpaldohakar	SECOND	
9		V		Ananya Sonar	THIRD	
10		V		Divyansh Lohar	FIRST	
11		V		Shreetej Shinde	SECOND	
12		V		Ridham Nimbalkar	THIRD	
13	Jr. K. G.	M	Drawing Competition	Vedika Korane	FIRST	Mrs. Soniya Mohite
14		M		Ovi Badnapurkar	SECOND	
15		M		Anay Kulkarni	THIRD	
16		V		Ayushmann Kakade	FIRST	
17		V		Urvee Bhosale	SECOND	
18		V		Rutvi Sonwane	THIRD	
19		V		Reva Jambhale	THIRD	
20		E		Vanshika Patil	FIRST	
21		E		Divyanshee Jagade	SECOND	
22		E		Mokshada Korgaonkar	THIRD	
23	Sr. K. G.	M	Painting Competition	Advaita Wagh	FIRST	Mrs. Jyotsna Kunte Godbole
24		M		Salokya Kulkarni	SECOND	
25		M		Kushagra Sondkar	SECOND	
26		M		Rajvi Thorat	THIRD	
27		M		Vedashree Chaudhari	THIRD	
28		V		Durva Uttarwar	FIRST	
29		V		Dakshita Bhakkad	SECOND	
30		V		Shalamali Chimbalkar	THIRD	
31		V		Shrisha Jathar	THIRD	
32		E		Shivansh Raykar	FIRST	
33		E		Yuvradni Bhosale	SECOND	
34		E		Sharada Joshi	SECOND	
35		E		Bhargavi Shitole	THIRD	
36	Mini K. G.	M	Fancy Dress Competition	Advik Thorat	FIRST	Mrs. Ashwini Khare
37		M		Dnyaneshwari Waghale	SECOND	
38		M		Isha Garud	SECOND	
39		M		Rahi Bhandare	THIRD	
40		V		Divyansh Lohar	FIRST	Mrs. Priti Mandvale
41		V		Aashvi Mahajan	SECOND	
42		V		Krushnaja Nikam	THIRD	

Winners of the Pre-Primary Section								
Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge		
43	Jr. K. G.	M	Fancy Dress Competition	Anav Gengaje	FIRST	Mrs. Pranali Bhandare		
44		M		Poorva Deshpande	SECOND			
45		M		Malhar Mehare	THIRD			
46		V		Avanti Bhosale	FIRST	Mrs. Medha Nimbalkar		
47		V		Rusha Kadu	SECOND			
48		V		Riyansh Kindre	SECOND			
49		V		Saisha Yadav	THIRD			
50		V		Jui Mandhare	THIRD			
51		E		Divyanshee Jagade	FIRST	Mrs. Adwaita Joshi		
52		E		Vanshika Patil	SECOND			
53		E		Krishiv Patil	SECOND			
54		E		Ishanvi Malkar	THIRD			
55		E		Saee Kulkarni	THIRD			
56		Sr. K. G.		M	Fancy Dress Competition	Salokya Kulkarni	FIRST	Mrs. Priya Rukme
57				M		Maithili Mujumdar	SECOND	
58	M		Arpita Deolankar	THIRD				
59	M		Rajvi Thorat	THIRD				
60	V		Shalmali Chimbalkar	FIRST		Mrs. Minal Mehare		
61	V		Aarush Pawar	SECOND				
62	V		Gatha Ghodake	THIRD				
63	E		Shlok Jagtap	FIRST		Mrs. Mahi Patil		
64	E		Sharada Joshi	SECOND				
65	E		Shivansh Raykar	THIRD				
66	E		Aarvi Nalawade	THIRD				
Parent -Child Competition								
67	Mini K. G.	M	Rangoli Competition	Isha Garud	FIRST	Mrs. Manasi Ekbote		
68		V		Paulomi Bhamare	SECOND			
69		M		Divyansh Lohar	SECOND			
70		M		Dnyaneshwari Waghale	THIRD			
71		V		Dhruva Pimpale	THIRD			
72	Jr. K. G.	V	Flower Arrangement	Jija Pasalkar	FIRST	Ms. Prachi Potnis		
73		M		Rajvi Suryawanshi	SECOND			
74		M		Shivaansh Bagal	THIRD			
75	Sr. K. G.	E	Salad Decoration	Ira Chintawar	FIRST	Mrs. Bhagyashree Karandikar Mr. Anand Karandikar		
76		M		Kushagra Sondkar	SECOND			
77		V		Nakul Mhasawade	SECOND			
78		M		Abhinandan Kalaskar	THIRD			
79		V		Saachi Karmakar	THIRD			
80	Mini K. G.	M	Drawing	Isha Garud	FIRST	Mrs. Soniya Mohite		
81		M		Manjusri Phadtare	SECOND			
82		M		Advik Thorat	THIRD			
83		V		Shriyansh Mane	FIRST			
84		V		Divyansh Lohar	SECOND			
85		V		Ridham Nimbalkar	THIRD			

Winners of the Pre-Primary Section						
Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
86	Jr. K. G.	M	Clay Modelling	Rajvi Suryawanshi	FIRST	Mr. Sagar Waghale
87		M		Anav Gengaje	SECOND	
88		M		Poorva Deshpande	THIRD	
89		V		Saisha Yadav	FIRST	
90		V		Prabodhani Patil	SECOND	
91		V		Reva Jambhale	THIRD	
92		E		Divyanshee Jagade	FIRST	
93		E		Vanshika Patil	FIRST	
94		E		Miti Patil	SECOND	
95		E		Anant Pujari	SECOND	
96		E		Ved Kinhale	THIRD	
97		E		Harshita Budgude	THIRD	
98	Sr. K. G.	M	Origami	Maithili Mujumdar	FIRST	Mrs. Jyotsna Kunte Godbole
99		M		Vihaan Ambulage	SECOND	
100		M		Kaivalya Koli	SECOND	
101		M		Sayaji Gaikwad	THIRD	
102		M		Anvi Shinde	THIRD	
103		V		Rajveer Jadhav	FIRST	
104		V		Adiraj Shevate	SECOND	
105		V		Anvit Mandavale	THIRD	
106		V		Harshit Jadhav	THIRD	
107		E		Shivansh Raykar	FIRST	
108		E		Smit Jadhav	SECOND	
109		E		Rushal Jadhav	SECOND	
110		E		Shrayani Kodande	THIRD	
111	Mini K. G.	M	Poetry	Advik Thorat	FIRST	Mrs. Aishwarya Shinde
112		V		Divyansh Lohar	SECOND	
113		M		Pranjal Kharat	THIRD	
114	Jr. K. G.	V	Object Talk	Saisha Yadav	FIRST	Mrs. Aishwarya Shinde
115		V		Rusha Kadu	SECOND	
116		E		Anvee Jadhav	THIRD	
117		E		Divyanshee Jagade	THIRD	
118	Sr. K. G.	M	Story Telling	Salokya Kulkarni	FIRST	Mrs. Kirti Dhabushe
119		V		Shalmali Chimbalkar	SECOND	
120		E		Shivansh Raykar	THIRD	
121		V		Aarush Pawar	THIRD	

Winners of the Pre-Primary Section

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
122	Mini K. G.	M	Rangostav Drawing Competition	Advik Thorat	Best Five	Mrs Archana Vedpathak
123		V		Kavya Ghorpade		
124		V		Anvika Pimpaldohakar		
125		V		Divyansh Lohar		
126		V		Shriansh Mane		
127	Jr. K. G.	M		Ovi Badnapurkar		Mr. Rahul Pawar
128		V		Reva Jambhale		
129		V		Saisha Yadav		
130		M		Shriyansh Kokare		
131		M		Poorva Deshpande		
132	Sr. K. G.	M		Vedashree Chaudhari		Mr. Pramod Korvalikar
133		V		Sajiri Shinde		
134		M		Spruha Chitnis		
135		E		Ovi Pawar		
136		E		Ashvika Korgaonkar		
137	Mini K. G.	V	English Song Recitation		WINNER	Mrs. Gauri Paranjape
138	Jr. K. G.	M	English Poetry Recitation Competition		WINNER	
139	Sr. K. G.	E	English Paragraph Recitation Competition		WINNER	

Manache Shlok Inter-School Competition - Pre-Primary Group

Sr. K. G.	M	Maithili Mujumdar	Second Prize
Sr. K. G.	M	Salokya Kulkarni	Third Prize
Sr. K. G.	M	Arpita Deolankar	Consolation Prize
Mini K. G.	M	Advik Thorat	Consolation Prize

Manache Shlok Inter-School Competition - Adults Group

Alumni	Veddika Vaibhav Kannav	Consolation Prize
Parent	Nayana Mohrir	First Prize
	Gaytri Walvekar	Second Prize
	Sunita Lonkar	Consolation Prize

Manache Shlok State Competition - Parents' Group

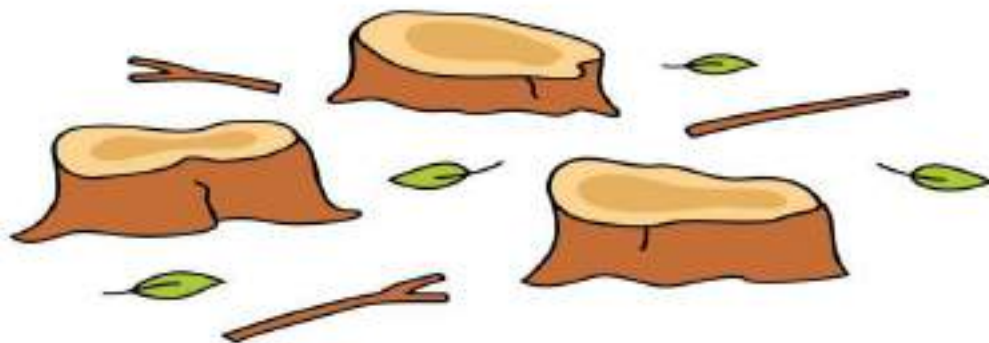
Parent	Gayatri Walvekar	Consolation Prize
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Sports Competition Winners - Boys					
Sr. No.	Std.	Div.	Competition Name	Name of the Students	Medal
1	Mini K. G.	V	Running	Viransh Chandgude	Gold
2		V		Shreetej Shinde	Silver
3		V		Devansh Bobade	Bronze
4		V	Hurdle	Shivansh Kudale	Gold
5		V		Divyansh Lohar	Silver
6		M		Advik Thorat	Bronze
7		M	Tricycle	Daksh Wanjale	Gold
8		M		Vivaan Gaikwad	Silver
9		V		Shivansh Kudale	Bronze
10	Jr. K. G.	E	Running	Raghav Pawar	Gold
11		M		Aaryajit Bankar	Silver
12		M		Abhinav Kulkarni	Bronze
13		E	Lemon & Spoon	Raghav Pawar	Gold
14		M		Medhansh Sabde	Silver
15		V		Malhar Shelar	Bronze
16		E	Hurdles	Raghav Pawar	Gold
17		V		Shriansh Kokare	Silver
18				Shreeyansh Shinde	Bronze
19	Sr. K. G.	M	Running	Sayaji Gaikwad	Gold
20		E		Shivay Kachare	Silver
21		M		Smit Lonkar	Bronze
22		M	Book Balancing	Sayaji Gaikwad	Gold
23		M		Shaurya Kulkarni	Silver
24		E		Shivay Kachare	Bronze
25		V	Hurdles	Sharva Godase	Gold
26		V		Adiraj Shevate	Silver
27		M		Ojas Gulavani	Bronze
Sports Competition Winners - Girls					
Sr. No.	Std.	Div.	Competition	Name of the Student	Medal
1	Mini K. G.	V	Running	Krushnaja Nikam	Gold
2		M		Devika Pawar	Silver
3		V		Samdisha Lokhande	Bronze
4		M	Hurdle	Devika Pawar	Gold
5		V		Kavya Ghorpade	Silver
6		V		Trisha Jadhav	Bronze
7		V	Tricycle	Krushnaja Nikam	Gold
8		M		Manjusri Phadtare	Silver
9		M		Sharvi Tanpure	Bronze
10	Jr. K. G.	E	Running	Kiara Paygude	Gold
11		V		Saisha Yadav	Silver
12		E		Anvee Jadhav	Bronze
13		V	Lemon & Spoon	Avanti Bhosale	Gold
14		V		Netra Raykar	Silver
15		M		Sanavi Deshpande	Bronze
16		E	Hurdle	Vanshika Patil	Gold
17		V		Saisha Yadav	Silver
18		E		Anvee Jadhav	Bronze
19	Sr. K. G.	V	Running	Manasvee Kalap	Gold
20		M		Anvitha Jadhav	Silver
21		E		Sharada Joshi	Bronze
22		M	Book Balancing	Kavya Naik	Gold
23		V		Avishka Balbudhe	Silver
24		V		Aasawari Kadu	Bronze
25		V	Hurdles	Savi Bhadange	Gold
26		M		Advaita Wagh	Silver
27		M		Rajvi Thorat	Bronze

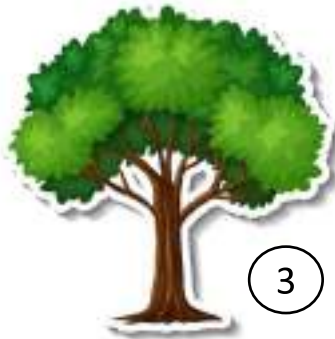
**Ram wants to make lemon juice so which things he will need?
Can you help Ram to make lemon juice by circling the things given below?**



Look at the given picture carefully, can you build a story based on these picture. Parents can ask thought provoking questions once the story is completed. e.g. What will happen if we will continue with cutting trees?



Each picture is given a number. Names of pictures are listed below. Observe carefully and write the correct number in front of each word.

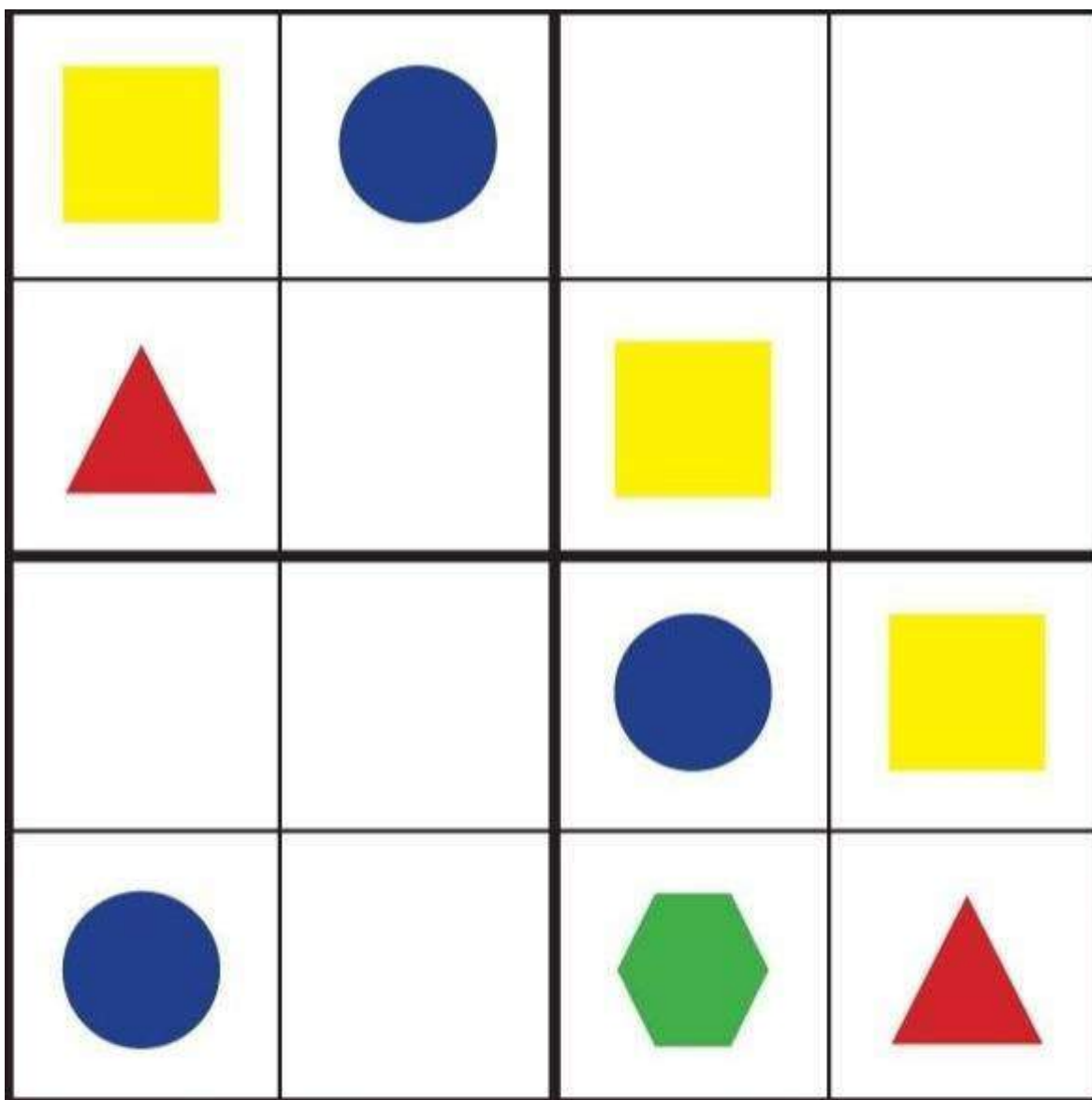


mountain _____
rain _____
Sun _____

clouds _____
rainbow _____
tree _____

fire _____
moon _____

Draw the shape in a square so that no row or column or group of any square has the same shape repeated with the same shape more than once.



"Kind words are like honey; they make the world a sweeter place".



Find out the above "Magic Words"

S	O	R	R	Y	T
W	C	E	G	B	H
E	M	X	O	F	A
L	T	C	L	H	N
C	N	U	M	J	K
O	T	S	N	L	Y
M	L	E	A	P	O
E	Q	M	S	R	U
P	L	E	A	S	E

Story Telling



The line of destiny'

Salokya Kulkarni
(Sr. K. G. – Mercury)

Story by father of Salokya Kulkarni

"This boy has no future, He is destined for failure," said the fortune teller. The old man looked at my palm for a long time. "Something is missing; the line of education is not there," he said.

"What does this mean?" my mother asked, her voice cracking and trembling. The fortune teller said, "He will never rise to greatness," and shook his head in disappointment. My mother looked heartbroken and asked him, "Is there any way to change this?" The fortune teller said, "No, it's his destiny and cannot be changed."

That night, I heard my mother crying and saying, "Knowledge is the supreme wealth, and how will my son survive without it?" It made me sad and angry.

Next morning, I couldn't stay at home. I wandered around and ended up in the market, where I found a potter working at his wheel. The potter was making a beautiful pot. I asked the potter, "Who decides what clay will become?" The potter smiled and said, "It's my hand that decides. I can shape the clay into anything I want."

His words hit me hard. If a potter can shape the clay, then I can shape my life. A fortune teller cannot decide my destiny. I went back home, took a sharp object, and drew a bold line across my palm. It hurt, but I didn't care. I told my mother, "Look, here is the line of knowledge!" "I will create my own destiny."

Years later, I created the 'Ashtadhyayi', a book of Sanskrit grammar. The boy who was told he would never learn became a scholar whose work lasted for thousands of years. I am Panini, the father of Sanskrit grammar, and this is my story.

If you ever feel stuck in your life, remember life is like clay, and it's yours to shape. Hard work and sincere efforts will make you successful. "Not lines on palms, nor charts of old, but actions bold, dreams you hold. So trust your will and make a stand, your future is always in your hand."



Amit and the Plastic Monster

Sharva Khare
(Sr. K. G. - Earth)

Amit was a small boy. He loved playing by the river. The water was clean, and he liked watching the fish swim.

One day, Amit saw that the river was dirty. It was full of plastic bottles, bags and cups! "What has happened to the river?" Amit asked. A fish from the river told him, "This is the Plastic Monster. It's attacking our river! When people throw plastic on the ground, it gets washed into the river. Now the water is dirty, and I cannot swim properly."

Amit felt sad. He ran to his friends and told them, "The river needs our help! Let's clean it." Amit and his friends worked together. They cleaned all the plastic waste from the river.

After a lot of hard work, the river was clean again, and the fish swam happily. Amit was happy. He said, "We must tell everyone to keep the river clean." The friends told people to throw waste only in the dustbin and to recycle, reduce and reuse plastic.

The Plastic Monster never came back.

Moral of the story: Take care of Prakriti (nature), and it will take care of you.



Journey towards soul and humanity



Mrs. Neha Gadgil
(Class Teacher - Jr. K. G. - Earth)

My Everest Base Camp Trekking Experience was a life-changing experience. Here's my journey to Everest Base Camp during the last week of April 2024.

It was my dream to witness the tallest peak in the world. Initially, the trek was merely a means to reach my goal of visiting the Himalayas. However, as we embarked on this journey, I realised it had nothing to do with the visuals. I was shaken from within.

We travelled from Manthali to Lukla by chartered plane. Lukla was to be the starting point of our trek to Everest Base Camp. It's a small town situated in the Khumbu region of the Himalayas. Some of the world's tallest peaks are situated in this region, including Mt Everest. Lukla Airport is listed as the most dangerous and extreme airport in the world, and we realised it in a true sense.

We set off nervously in a very small plane. It was an adventure in itself, wondering how the pilots were avoiding the mountains. The airstrip was the size of a long driveway, and we were all relieved to land safely. We were met by our Sherpas and started walking. Our Sherpas were fantastic throughout the trip; we couldn't have completed it without their support.

Our trek began immediately after landing, taking us through breathtaking landscapes. We were few days away from our destination, but the sheer scale of the mountains left us awestruck. The peaks were so massive that it would take days to navigate around them. We often realised that after a day's walk (around 7-8 hours of trekking), we'd only covered half a hill.

We trekked to Phakding for our first night, staying in basic tea houses run by local families. As we ascended, the tea houses became increasingly rustic. Life on the mountain is tough; all supplies

must be carried up by foot in harsh conditions.

We reached Namche Bazaar, from where the trail became more challenging. The steep steps were a test of our endurance. We met fellow trekkers from Pune and Maharashtra along the way. A highlight was meeting Aapa Sherpa, who had summited Everest 21 times.

Spending two nights in Namche was a game-changer. Acclimatisation has to be your top priority. On our second day in Namche Bazaar, we had an active rest day, hiking to the Sherpa Museum. The acclimatisation days were both the most beneficial and challenging parts of the trip. We climbed Shangbouche Hill (3,900m), and it was well worth the effort. The view of Mt Everest was picture-perfect. Seeing the peak for the first time left a lasting impression; until then, I'd only seen photos of the world's tallest mountain. It looked unapproachable, with its towering peak looming over the surrounding mountains, fiercely guarded by Nuptse and Lhotse.

After our stay in Namche, we set off again, crossing numerous suspension bridges and catching our first glimpses of Everest, Lhotse, Nuptse, and Ama Dablam. The trail was narrow, with steep drops along the cliff edges. I was managing well, thanks to our slow pace.

As we approached Tengboche, we constantly faced the daunting sight of Everest. It was hard to comprehend how climbers could reach the summit when we were struggling to make progress. We had to pace ourselves and take regular breaks – I must have taken around 80!

On the fifth day, the trekking got tougher. Physically I was experiencing heavy breathing, struggling with climbs, and wanting more rest. The psychological effects were more subtle, but I was aware of the risks of Acute Mountain Sickness (AMS). We'd been warned about the symptoms, which can vary from person to person.

The tolerance levels of individuals can vary greatly, so some people may be affected by AMS at lower altitudes, while others may be affected at higher altitudes. Those living at higher altitudes may be better equipped to handle AMS than those from lower-lying areas.

For me, the symptoms started with fatigue, thirst, and a severe headache on the fifth day of our trek, en route to Dingboche from Tangboche. The

headache worsened, and I had to take tablets, but it refused to subside. I lost my appetite and couldn't eat much; all I wanted was to feel slightly better.

There were moments during our trek when we regretted embarking on this challenging journey. We had moments of doubt, wondering if we'd made a terrible mistake

This episode taught me a valuable lesson: never underestimate the power of nature's forces. This marked the beginning of the spiritual part of our journey, which would transform us as individuals and empower us to re-evaluate our priorities. We learned to appreciate every moment of our existence in this breathtaking place.

After my second night in Dingboche, I started feeling more comfortable. We were treated to a new perspective on Island Peak, Lhotse, and Ama Dablam, and each day brought new joys and insights. On Day 7, we left Dingboche and embarked on the final stretch to Everest Base Camp, which took us up the infamous Dugla hill. At the top, we found a poignant cemetery dedicated to lost climbers. Instead of bodies, there were plaques, prayer flags, and names etched into the rocks. The atmosphere was sombre, yet the scenery was stunning, with jagged peaks jutting out across the skyline. We took a moment to reflect, then focused on our journey and continued towards Lobuche.

We got up early for the final push to Everest Base Camp. I was excited but also tired. The walk was peaceful. We had breakfast at Gorak Shep (5,180m).

As we walked, the views got better and better. We saw the Khumbu Icefall, a huge glacier. But ironically, when we reached Base Camp, we couldn't see Everest itself. The mountains Nuptse and Lhotse blocked our view.

We took photos and hugged each other, feeling happy and relieved. It was a special moment. I felt humble and respectful towards the mountains.

It made me think about how we often take things for granted. We complain about small problems like being late or traffic jams. But we're lucky to have what we have, just because of where and when we were born.

While we were walking, we had to exert our bodies to great limits. We had to push it beyond our

normal physical abilities and cajole it to move at great altitudes.

We had to push our self to the higher limits on our journey ahead. We had to coax ourselves to keep going at high altitudes. With all my focus on trekking, I didn't have time for deep thoughts like 'What's the meaning of life?' or 'What's our purpose?' My mind was clear and simple, like that of a child.

This carefree state of mind was what gave me peace. I wasn't worried about the route, the weather, or where we'd stay. I just walked, taking in the sights and sounds. This was my spiritual experience – a feeling which I longed to hold on to even after the trek.

The mountains had a profound effect on me. They made me forget about my daily worries and concerns. They brought me a sense of calm and stillness. This is what I missed most when I returned to civilization.

When we visit a place, we leave our mark on it. But sometimes, the place leaves an even bigger mark on us. It can change us in ways we never thought possible.

Our return journey was tough. Our flight was cancelled three times, so we took a helicopter to the nearest road and then a jeep to Kathmandu. It was a 15-hour journey, but we finally made it back to Mumbai.

Looking back, we're proud of what we achieved. What started as a quest to see the mountains became a journey of self-discovery. It changed our perspective on life.



Speech for Fancy Dress Competition

बाल कवी



Salokya Kulkarni
(Sr. K. G. - Mercury)

'Vetiver'

Close your eyes... take a deep breath...

Can you smell it? Do you recognize me?

People usually remember me in summertime.

I am vetiver... उन्हाळ्यात माठात टाकतात ना ज्याचा छान छान सुगंध येतो, तोच तो "वाळा" बरं का!" A humble herb well known for my earthy, calming scent. I am from India & have very deep roots... literally. As per mythology, I originated from Lord Vishnu's sweat in Kurma avatar at the time of Samudra Manthan. In Sanskrit, I am called "Ushir" (मराठीतला उशीर नाही बरका!)

In Charak Samhita, I am praised as:

"उशीरं सुवासिनं, चित्तवृत्तिं प्रसाधनम्।

सुखदं मनसां शान्ति, सर्वदोष निवारिणम्॥"

feeling stressed? My aroma helps you to relax. Any small injuries?..... I can soothe & promote healing. I am anti-inflammatory, antioxidant, antibacterial herb. Used in treatment of muscle pain, fever, skin irritation, etc. So whether you enjoy me in oil, tea, sharbat, or just as a delightful scent... I always help you to bring peace & balance in your life. Your path to wellness is rooted in nature. So...

"वाळ्याचा काढा, वाळ्याच अंतर
विविध आजारांना आयुर्वेदाचे उतर."

and remember from anger to fever, heal with vetiver'



वेद सोनसले
(जुनिअर के. जी. - अर्थ)

माझी छोटी बहीण अनु (स्वानंदी)

अनुडी न अनुडी ,
तू माझी पापुडी
दिसते कशी छान छान ,
माऊ सारखे तिचे कान
तिचे नाव स्वानंदी ,
तू अशीच रहा आनंदी ...



मी आणि माझी नावे
आबा म्हणतात पोपट,
वेदु करतो कटकट
आज्जी म्हणते पापुडी,
वेदु करतो मान वाकडी
बाबा म्हणतात शंभूराजे,
वेदुला आवडतात मासे ताजे
आई म्हणते माझा गुड्डा,
तो तर आहे कोबीचा गड्डा ...





सौ. विदुला अवचट
(वर्गशिक्षिका - सिनियर के. जी. - अर्थ)

दिनांक - ०९/०८/२०२४

तीर्थरूप अण्णांस...

साष्टांग नमस्कार, पत्रास कारण की.....

नमस्कार अण्णा, कसे आहात तुम्ही? आणि बाया आई कशी आहे? आशा करते. की तुम्ही दोघेही एकमेकांची काळजी घेत असाल. खूप वर्षांनी पत्र लिहिल्याची संधी मिळाली, म्हणजे कोणी अडवले नव्हते. परंतु मोबाईल, मेल अशा विविध तांत्रिक सोई वाढल्यामुळे पत्रव्यवहार जरा मागेच पडला. पण आज ठरवलेच. म्हणून घेतली लेखणी आणि पेपर व तुमच्याशी मनभरून बोलण्याचे ठरवले.

अण्णा, रोजच्या धावपळीत दिवस कसा येतो व संपतो हे समजतच नाही, पण असा एक दिवस जात नाही की आम्हाला तुमची आठवण येत नाही. कारण तुम्ही आमच्या स्मरणात आणि आवरणात कायमस्वरूपी आहात. तुम्हाला आणि बाया आईला वाचून खूप आनंद होईल. तुमची ही कन्या तुम्ही सुरु केलेल्या संस्थेत कार्यरत आहे. माफ करा, सांगण्यात / तुम्हाला कळविण्यास उशीर झाला. ११ वी, १२वी आणि M.A. समाजशास्त्राचे शिक्षण आपल्या संस्थेत घेण्याचे भाग्य मिळाले आणि या शिक्षणामुळे, तुमच्या आशिर्वादाने, आपल्या संस्थेत शिक्षक म्हणून कार्य करण्याची संधी मिळाली. अण्णा, तुमचे आभार मानू तितके कमीच आहे. मी तुमची आयुष्यभर ऋणी राहील. आपल्या देशातील, समाजातील स्त्री ही शिक्षित, स्वतंत्र आणि स्वावलंबी झाली आहे. तुम्ही सुरु केलेली चळवळ आणि पाहिलेले स्वप्न सत्यात उतरले आहे.

तुम्ही आम्हा सर्वांचे आधारस्तंभ आहात. अहो, आयुष्यभर तुम्ही आपल्या लक्ष्यापासून तसूभरही विचलित झाला नाहीत, तुम्ही तुमच्या कार्यामधून आम्हाला शिकविले की आपले जर ध्येय निश्चित असेल आणि ते गाठण्यासाठी कितीही कष्ट उपसण्याची तुमची तयारी असेल तर ते गाठण्यापासून तुम्हाला कोणीही थांबवू शकत नाही. अण्णा, तुम्ही या समाजातील खरे हिरो आहात. शंभर लोकांशी एकावेळी लढणारे!

तुम्ही म्हणाल, आज काय एवढा कौतुक समारंभ चालू आहे. पण अण्णा, हा समारंभ, संस्कार रोज चालू राहावा आणि पुढील पिढीला तो हस्तांतरित करावा असेच वाटते हो!

तुम्ही सर्व पिढींसाठी मोठे आदर्श आहात. सक्रिय व सफल समाजसुधारक म्हणून तुमचे नाव कायम आदराने घेतले जात आहे आणि कायम घेतले जात रहावे म्हणून आपल्या संस्थेतील प्रत्येक व्यक्ती मनापासून झटत आहे. तुम्ही लावलेल्या रोपट्याचे आज आज

खूप मोठ्या वटवृक्षात रूपांतर झाले आहे. आणि त्याच्या फांदया खूप लांबपर्यंत पसरल्या आहेत. आज स्त्री न घाबरता, न डगमगता स्वाभिमानाने उभी आहे ते फक्त तुमच्यामुळे आणि बाया आईमुळे!

मी शाळेत शिकत असताना तुमच्या कार्याविषयीचा अभ्यास केला. त्यावेळी विधवांना जी वागणूक मिळायची ती खूप भयानक होती. त्यांची होणारी परवड तुम्हाला सहन झाली नाही. तुमच्या मनात सतत त्यांच्या उत्थानासाठी काहीतरी करावे अशी तीव्र इच्छा होती. अनाथ बालिकाश्रम व विधवा विवाहोत्तेजक मंडळ सुरु करण्याचा देखील विचार तुम्ही केला. किती महान आहात तुम्ही, अण्णा. समाजाचा किती विचार करायचा, तुम्ही. फर्ग्युसन कॉलेज मधील नोकरी सांभाळात तुम्ही संस्थेचा प्रसार करण्यासाठी दौरे सुरु केले. तुमच्या बोलण्यात, भाषणात खूप तळमळ होती. तुम्हाला माहीत होते की, भाषणातून नुसता उपदेश देणे सोपे आहे म्हणून तुम्ही बाया आईबरोबर पुनर्विवाह केला आणि समाजात एक नवा आदर्श उभा केला. अण्णा, मला सांगा- तुम्ही हे जे धाडस दाखवले त्यामुळे समाजाला मोठा धक्का बसला असेल, नाही? समाजाच्या रोषाला तुम्हाला सामोरे जावे लागेल असेल.

अनाथ बालिकांच्या पुनर्वसनासाठी विधवा व स्त्री शिक्षणासाठी तुम्ही जोमाने काम केले. पुण्यातील हिंगणे येथे मिळालेल्या जागेत तुम्ही पर्णकुटी बांधली आणि आठ विधवा स्त्रीयांच्या राहण्याची व्यवस्था बघण्याची जबाबदारी घेतली. यामध्ये तुम्हाला बाया आईची साथ मिळाली. अण्णा, तुम्हाला खूप आनंद होईल जेव्हा तुम्ही येथे याल आणि आपल्या संस्थेचा वाढलेला विस्तार पाहाल. तुम्ही भविष्यातील स्त्री उन्नतीचाही विचार केला.

आश्रमातील विद्यार्थिनींनी शिकून केवळ आपला चरितार्थ न चालवता आपल्या देशभगिनींसाठीही उपयोगी पडले पाहिजे अशी तुमची इच्छा आहे. तुम्ही केलेल्या या सामाजिक कार्याला आध्यात्मिक अधिष्ठान मिळाले पाहिजे असे वाटते ना, तुम्हाला? हे तुमचे कार्य आम्हाला या पुढील पिढीपर्यंत पोहोचवायचे आहे, आणि यासाठी तुम्हा दोघांच्या आशीर्वादाची गरज आहे.

ज्या रस्त्याने तुम्ही झोळी घेऊन वर्गणी गोळा करण्यासाठी डेक्कन ते हिंगणे अशी पायपीट करायचा, तो रस्ता आज महर्षी कर्वे पथ म्हणून ओळखला जात आहे. तुमची मुलगी म्हणून समाजातील प्रत्येक स्त्रीला आपल्या स्त्री असण्याचा खूप अभिमान आहे.

प्रिय आणि आदरणीय अण्णा, मला सांगण्यास आनंद होत आहे की, आजच्या आधुनिक काळातही स्त्री शिक्षणाचे शिल्पकार, आधारस्तंभ म्हणून तुमचे नाव घेतले जाते आणि तुमच्या कार्याचा अभ्यास केला जातो आहे. आज आम्ही स्त्रिया अण्णांच्या लेकी म्हणून ओळखल्या जात आहोत. तुमच्या आणि बायांच्या कष्टाला, परिश्रमाला आज फळ मिळाले असे म्हणता येईल. कारण स्त्रीशक्तीने आज आपली ताकद दाखविली आहे. तिला शिक्षण मिळाले. जीवनाच्या विविध क्षेत्रात, विश्वाच्या प्रांगणात तिने पाऊल टाकले आहे. आज असे एकही क्षेत्र नाही की, ज्यात तिचा सहभाग नाही. परीक्षेत, गुणवत्ता यादीत त्या पहिल्या स्थानी झळकत आहेत. स्त्री उध्दाराचा वसा घेऊन तुम्ही आपले सारे जीवन अर्पिते, स्त्रियांच्या उन्नतीसाठी संस्थेची निर्मिती केली आणि यातूनच कृतज्ञ आणि कर्तृत्ववान स्त्रियांची पिढी तयार झाली.

अण्णा, या पत्राच्या माध्यमातून मी सर्व स्त्रियांच्या, मुलींच्या वतीने तुमचे अभिनंदन आणि आभार व्यक्त करू इच्छिते आणि त्या सर्वांना

आमची व पुढील पिढी या देवमाणसाने शिक्षणासाठी केलेले कार्य, समाजहितासाठी वेचलेले आयुष्य आणि भविष्यातील पिढीसाठी पाहिलेली स्वप्ने यांचा आदर, अभिमान आपल्या वागणुकीतून जपतील, आपल्या संस्कारांना / संस्कृतीला आदर्श मानून शिक्षणाला अग्रस्थानी ठेवतील तेव्हा भारतरत्न महर्षी धोंडो केशव कर्वे, आमचे शिक्षणदाते, आमचे अण्णा यांनी सुरु केलेले महान कार्य पूर्णत्वास जाईल, हो ना अण्णा ?

अण्णा, या पिढीवर संस्कार करण्यासाठी, त्यांना शिक्षणाचे महत्व पटवून देण्यासाठी, सत्य व प्रामाणिकतेचा मार्ग दाखविण्यासाठी, एक शिक्षक म्हणून आम्हाला कार्य करायचे आहे, आणि यासाठी तुमची साथ आम्हाला हवी आहे. तुम्ही आज प्रत्यक्षात आमच्याबरोबर नसलात तरी तुमच्या असंख्य आठवणींच्या रूपात तुम्ही सदैव आमच्याबरोबर आहात. तुमच्या आशीर्वादाने आम्हाला तुमचे कार्य पुढे न्यायचे आहे. आधुनिकतेमुळे तंत्रज्ञान मोठ्या प्रमाणावर विकसित झाले आहे. भारत देशाने अमृत महोत्सवी वर्षात पदार्पण करून आपले स्थान बळकट केले आहे. या आधुनिक, प्रगती बरोबरच अनेक आव्हाने उभी राहिली आहेत. त्यातील मोठे आव्हान म्हणजे 'शिक्षण पद्धती'. आज आपली संस्था संस्कृती व संस्कार जपण्यासाठी अनेक कार्यक्रम राबवत आहे. जनजागृती करत आहे. विद्यार्थ्यांना व स्त्रियांना प्रोत्साहन देत आहे. आज आपल्या संस्थेच्या अनेक शाखा आहेत आणि त्यात ज्ञानार्जनाचे कार्य जोमाने सुरु आहे. अण्णा, हे यश पाहण्यासाठी, आम्हाला मार्गदर्शन करण्यासाठी तुम्हाला परत यायचे आहे. तुमच्या सर्व लेकी तुमची खूप वाट पाहत आहेत. आशा करते की, तुम्ही माझे हे पत्र वाचून आम्हाला आशीर्वाद देण्यासाठी महर्षी कर्वे स्त्री शिक्षण संस्था कर्वेनगर, पुणे १२ या पत्त्यावर बाया आईला घेऊन लवकरात लवकर याल. आम्ही तुम्हाला भेटण्यासाठी खूप आतुर आहोत. तुमच्यासाठी एक छोटी कविता करण्याचा प्रयत्न केला आहे आशा करते की तुम्हाला ती आवडेल.

"उजाड माळरानावर एक झोपडी तुम्ही बांधली,
स्त्रियांच्या शिक्षणासाठी संस्था तुम्ही उभारली.

समाजाच्या मानसिकतेमध्ये बदल घडवून
आणण्यासाठी चळवळ उभी केली,

या कार्यात बायांची मोलाची साथ तुम्हाला लाभली.

आज तुमच्या कार्याची महती सगळीकडे पसरली

अण्णा, तुमच्यामुळे प्रत्येक स्त्री शिक्षित झाली.

तुम्ही केलेल्या परिश्रमाचे फल आज मिळाले,

संस्थेला पुढे नेण्यासाठी अनेक देणगीदार पुढे आले.

एकशे चार वर्षांचे दिर्घायुष्य देऊन निसर्गाने तुम्हाला सन्मानित केले,

समाजानेही 'भारतरत्न महर्षी कर्वे' म्हणून गौरवान्वित केले.

"तुमच्या कार्याची महती सांगू पाहतो आसमंत सारा,

अण्णा, तुम्हाला आम्हा सर्वांचा मानाचा मुजरा."

आपली आज्ञाधारी कन्या,

विदुला



सौ. आदिती परांजपे

(वर्गशिक्षिका - मिनी के. जी. - विहानस)

शिवरायांचे व्यक्तिमत्त्व अष्टपैलू व्यक्तिमत्त्व म्हणून ओळखले जाते. अष्टपैलू व्यक्तिमत्त्व म्हणजे काय तर अशा व्यक्ती ज्यांच्याकडे विविध क्षेत्रातील ज्ञान आणि कौशल्य असतात. ज्यांच्याकडे असलेल्या विविध कौशल्यामुळे त्यांना एखादे कार्य सिद्धीस नेण्यास मदत मिळते. उदाहरण द्यायचे झाले तर काहीजण असे असतात, ज्यांना अभिनय, नृत्य, लेखन, दिग्दर्शन, गायन प्रेक्षकांना आकर्षित करून घेणे आणि वेळेसह पैशाचे नियोजन करणे अशा अनेक गोष्टी करता येतात.

काही खेळाडूंना उदाहरणार्थ क्रिकेट असेल तर बॅटिंग, बॉलिंग, फील्डिंग सह एक उत्तम कॅप्टन म्हणून काम करता येते. कोणत्याही व्यक्तीचे व्यक्तिमत्त्व हे तिचे रूप स्वभाव, वर्तणूक, दृष्टिकोन, चारित्र्य, बुद्धिमत्ता, कौशल्ये, भावभावना, संवेदनशीलता, लोकसंग्रह, गुण, अवगुण, सामाजिक प्रतिमा अशा अनेक अंगांचा एकत्रित परिणाम याने बनलेले असते. त्यातलाच एक महत्त्वाचा भाग म्हणजे बुद्धिमत्ता. खूप पूर्वीपासून यावर अनेक शास्त्रज्ञ काम करीत आहेत.

खूप पूर्वीपासूनच आपल्या घराघरातून मुलांचा सर्वांगीण विकास व्हावा म्हणून प्रयत्न केले जात आहेत. शाळेत सुद्धा आपण मुलांचा सर्वांगीण विकास व्हावा म्हणून चित्रकला, संगीत, शारीरिक शिक्षण, भाषा, शास्त्र यासारखे अनेक विषय शिकवले जातात. पण पूर्वी अशी अपेक्षा होती की प्रत्येक मुलाला सर्व शिकवलेल्या गोष्टी यायलाच हव्यात आणि जास्तीत जास्त विषयात त्यांना चांगले मार्क्स मिळवायलाच हवेत.

जेव्हा हे शक्य नाही हे समजले तेव्हा मुलांना विविध तुकड्यात बसवले जाऊ लागले अ वर्गात हुशार मुले, नंतर उतरत्या क्रमाने ब, क, ड, ई या वर्गात कमीत कमी हुशार मुले असे त्यांचे वर्गीकरण करण्यात येऊ लागले.

पण शास्त्रज्ञांना याबाबत खूप प्रश्न पडत होते. म्हणजे प्रत्येक मूल वेगळे असते. वेगवेगळ्या जीन्स, बालपणी उपलब्ध असणारे वातावरण, संधी यांच्या संगमातून मुलाने मिळवलेले कौशल्य ज्ञान हे एकसारखे कसे असू शकेल? अगदी एकाच घरात जन्मलेली दोन मुले पण एकसारखी नसतात, अगदी जुळ्या मुलांना जर वेगवेगळ्या वातावरणात वाढवले तर त्यांच्या बुद्धिमतेमध्ये, कौशल्यामध्ये सुद्धा खूप फरक पडू शकतो असे शास्त्रज्ञांना दिसून आले.

बुद्धीची वृद्धी होण्यासाठी कल्पनाशक्ती, तर्क, चिकित्सा, मूल्यांकन, निरीक्षण, आकलन, स्मरणशक्ती, निर्णयक्षमता, संशोधन वृत्ती, निर्माण शक्ती, हजरजबाबीपणा, प्रसंगावधान अशा अनेक गोष्टींची

आवश्यकता असते.

जे.पी. गिलफर्ड नावाच्या मानसशास्त्रज्ञाने बुद्धिमतेचे १५० सूक्ष्म पैलू सांगितले आहेत. त्याच्यावर खूप संशोधन सुद्धा झाले आहे. १८९७ मध्ये जन्मलेल्या गिलफर्ड यांनी जे संशोधन केले त्यामुळे बुद्धिमत्ता या विषयावर पुढे काम करणे खूप सोपे गेले. त्यांच्या म्हणण्याप्रमाणे वेगवेगळ्या क्षेत्रात वेगवेगळ्या प्रकारची बुद्धिमत्ता काम करत असते. हॉवर्ड गार्डनर हे एक अमेरिकन मानसशास्त्रज्ञ आहे. त्यांचे या क्षेत्रातील काम नावाजले गेले आहे. या विषयावरील शेकडो संशोधन, लेख, पुस्तके प्रकाशित झाली आहेत. 'द थियरी ऑफ मल्टिपल इंटेलिजन्स' हे पुस्तक प्रसिद्ध झाले. यात त्यांनी बुद्धिमतेच्या सिद्धांताबद्दल विवेचन केले आहे.

गार्डनर यांनी जो सिद्धांत मांडला त्याची काही उदाहरणे आपण पाहू. श्री सचिन तेंडुलकर हे अभ्यासात हुशार नव्हते, त्यांचे पदवीपर्यंतचे शिक्षण सुद्धा झाले नाहीये पण आज त्यांच्या नावावर क्रिकेट मधला विश्वविक्रम जमा आहे.

ए.पी.जे. अब्दुल कलाम यांना गाता येत नव्हते, खेळण्यात त्यांनी प्राविण्य मिळवले नव्हते, पण आज जग त्यांना विज्ञान महर्षी म्हणून ओळखते. भारताला खगोलशास्त्र विज्ञानात आघाडीवर नेण्यात त्यांचा मोठा वाटा आहे. ज्ञानेश्वर महाराज हे सुद्धा खेळाडू नव्हते, गायक नव्हते परंतु संस्कृत मधून सांगितलेली भगवद्गीता त्यांनी त्या काळातल्या लोकांना समजेल अशा साध्या सोप्या भाषेत आणली.

वरील उदाहरणावरून तुमच्या लक्षात येईल की सचिन तेंडुलकर, ए.पी.जे अब्दुल कलाम, ज्ञानेश्वर महाराज आणि अनेक उदाहरणे आहेत की ज्यावरून आपल्याला लक्षात येते, की प्रत्येकाकडे स्वतःची अशी काही वेगवेगळी कौशल्य असतात, आवडीनिवडी असतात, ज्यांचा विकास लहानपणापासून केला तर ती मुले त्या विशिष्ट क्षेत्रात जास्त यशस्वी होऊ शकतात.

आपल्याकडे बरेच जणांना वाटते की एक तर आपले मूल अतिशय बुद्धिमान आहे किंवा इतरांच्या तुलनेत कमी बुद्धिमान आहे ज्याच्या त्या मुलाच्या दैनंदिन जीवनावर परिणाम होतो. उदाहरणार्थ आपले मूल अतिशय बुद्धिमान आहे असे वाटत असेल तर आपण त्या मुलाने डॉक्टर किंवा इंजिनियर व्हावे म्हणून प्रयत्न करतो. आणि जर आपल्याला आपले मूल इतरांच्या तुलनेत कमी बुद्धिमान आहे असे वाटत असेल तर आपण त्याच्यावर आवाजवी दडपण आणतो. थोडक्यात सांगायचे तर दोन्ही प्रकारात आपण त्या मुलाचा जीव नकोसा करून सोडतो.

गार्डनर यांनी ज्या बुद्धिमत्तांचा विचार केला त्यापैकी आठ प्रमुख म्हणता येईल. अशा बुद्धिमतेबद्दल आपण जाणून घेऊ. बुद्धिमत्ता ही एकाच प्रकारची असते असे नाही. तिचे वेगवेगळे प्रकार असतात आणि आपली किंवा आपल्या मुलांची क्षमता समजून घेण्यासाठी हे प्रकार माहित असणे गरजेचे आहे.

१. भाषिक वाचिक बुद्धिमत्ता - शब्द आणि भाषा वापरण्याची बुद्धिमत्ता. अशा विद्यार्थ्यांमध्ये श्रवण कौशल्याचे प्रमाण अधिक असते. या गटातील विद्यार्थ्यांना ऐकणे बोलणे लिहिणे कथा सांगणे आवडते.

२. तार्किक गणिती बुद्धिमत्ता - मंगलयान हा सिनेमा तुम्ही सगळ्यांनी पाहिला असेलच. जेव्हा हे यान तयार करत होते तेव्हा कमी जागेत, कमी इंधनात, वजन कमी करून हे यान पाठवणे

आव्हानात्मक होते. तेव्हा कोणते मटेरियल वापरायचे, कमी जागेत जास्त उपकरणे कशी सामावून घ्यायची, कमी इंधनाचा वापर करताना कोणते इंधन किती काळ वापर आणि त्याची योजना आखणे आणि ते प्रत्यक्षात आणणे हे एक आव्हान होते. भारतासारख्या विकसित होत असलेल्या देशाला समृद्ध विकसित देशातील शास्त्रज्ञांचे आव्हान होते. पण आपले शास्त्रज्ञ यशस्वी ठरले. त्यामध्ये जी अनेक कारणे आहेत त्यापैकी एक ठळक कारण म्हणजे तार्किक गणिती बुद्धिमत्ता.

३. सांघिक बुद्धिमत्ता - या प्रकारची बुद्धिमत्ता असलेली मुले सतत ताल धरतात, गुनगुणतात. ही मुले उत्तम श्रोता असतात. सांकेतिक बुद्धिमतेचे केंद्र हे मेंदूच्या उजव्या भागात असते.

४. दृश्य बुद्धिमत्ता - नजरेतून दिसणाऱ्या गोष्टीतून पटकन शिकण्याची क्षमता दृश्य बुद्धिमत्ता चांगली असणाऱ्यांकडे असते. चार्ट्स, maps, कोडी यासारख्या गोष्टींमधून चटकन त्यांच्या लक्षात माहिती येते.

५. शारीरिक रन्यायु विषयक बुद्धिमत्ता - स्वतःच्या शरीरावर हालचालींवर उत्तम ताबा असणे म्हणजे शारीरिक बुद्धिमत्ता असणे. नाच करण्याची आवड, खेळांची आवड आणि त्यात प्राविण्य हे शारीरिक बुद्धिमतेत येते.

६. अंतर व्यक्ती बुद्धिमत्ता - इतरांची उत्तम संवाद साधण्याची कला असणाऱ्या लोकांचे इंटर पर्सनल इंटेलिजन्स चांगले असते. इतर लोकांबरोबर संपर्क जोडून एकत्रितपणे काम करण्यात या लोकांना रस असतो. व यांच्या संवाद कला उत्तम असतात.

७. व्यक्ती अंतर्गत बुद्धिमत्ता - स्वतःच्या मनात डोकावता येणे, स्वतःच्या भावना ओळखता येणे, त्यावर नियंत्रण ठेवता येणे आणि अध्यात्मिक अनुभव घेता येणे या प्रकारच्या बुद्धिमतेला व्यक्ती अंतर्गत बुद्धिमत्ता असे म्हणतात.

८. निसर्ग विषयक बुद्धिमत्ता - निसर्गातील पशुपक्षी, प्राणी, झाडे, खडक, नद्या, डोंगर अशा गोष्टींविषयी ओढ असणे, त्यांविषयी जवळीक वाटणे, निसर्गाच्या सानिध्यात रमणे हे या बुद्धिमतेच्या माणसांचे विशेष आहे. या लोकांना रानावनातून हिंडण्याची, शिकारीची, डोंगर चढण्याची, वनस्पतींचा प्राण्यांचा अभ्यास करण्याची आवड असते.

हे गार्डनर यांनी सांगितलेले बुद्धिमतेचे प्रकार आहेत. सर्वात आधी आपल्याला मुलाचा कल कशात आहे हे शोधायचे आहे. त्यानुसार मुल कोणत्या बुद्धिमतेच्या प्रकारात मोडते हे ठरवणे सोपे होईल. पालक हो आपण हे नेहमी लक्षात ठेवले पाहिजे की प्रत्येक मूल वेगळे आहे, त्याच्यात कोणते ना कोणते कौशल्य नवकीच आहे. आणखी एक गोष्ट लक्षात ठेवायची आहे आपण आपल्या मुलाची कोणाशीही तुलना करायची नाही. एकदा आपल्याला त्याचा कल कशात आहे समजल्यावर आपल्याला त्याला त्यासाठी प्रोत्साहित करायचे आहे. आपल्याला उत्तम पालक व्हायचे आहे.



सौ. कीर्ति गंधे
(ग्रंथपाल)



निसर्गासारखा दाता नाही

ओंजळीत त्याच्या भरलेले दान विश्वाचे
दुःस्याला देत राहणे हे हेच आद्य कर्तव्य त्याचे
शांत आणि देण्याच्या वृत्तीने जो सतत देत राहतो,
त्याला कधीच काही कमी पडत नसेल असे आपल्याला वाटत
असते.

पण त्याला कमतरता आहे माणसाच्या माणुसकीची,
वृक्षवल्ली आमहा सोयरे म्हणणाऱ्या सोयरेकांची.

निसर्गासारखा दाता नाही...

"झाडे लावा झाडे जगवा" हे नारे आपण कित्येक वर्ष तरी देत राहतो. दरवर्षी पर्यावरण दिन आला की नवीन वर्षाच्या संकल्पप्रमाणे झाडे लावण्याचा संकल्पही करतो. पण, प्रत्यक्षात कृतीत मात्र ती गोष्ट घडत नाही आणि नवीन पिढी का वेळ घालवतीये आणि का बिघडत चालली आहे याचे गणितही उघडत नाही. आम्हीच कदाचित त्यांना चांगल्या सवयी लावायच्यासाठी कमी पडतोय. आपल्या प्रत्येक श्वासात प्रकृतीचे निसर्गाचे महत्त्व सांगायचे तेवढे विसरतो. प्रकृती निसर्ग हे खूप महत्त्वाचे आहे असा नुसता गमजा करणे योग्य नाही. प्रत्येकाने एक झाड लावा आणि नाही लावले तर आहे ते झाडे तोडू नका. निसर्गाचा न्हास असा वातावरणाच्या बदलातून वारंवार दिसून येतो. पण खरच सांगा आपण मानव त्याला कितपत गांभीर्याने घेतो. आता झाले आहेत किती छोटे-छोटे वलब आणि कितीतरी पक्ष आपलं कार्य दाखवण्याकरता वृक्ष लावणे बाकी सगळे गप्प. याचे मोठेच्या मोठे फोटो छापतो बाकी काम ठप्प. राजकीय नेत्यांच्या या राजकारणात काल लावलेलं रोप आज हिरमुसलेलं असतं. कालच्या फोटोपुरतं त्याचं महत्त्व होतं हे मात्र त्या रोपाला नव्यानेच कळलेलं असतं. तगलं तर तगलं, जगलं तर जगलं यावर निसर्गाची आणि आपली ही नस्य़ा पार होणार नाही. त्यामुळे अगदी वेळेवरच आणि आहे तीच वेळ योग्य हा विचार करून झाडे लावून झाडे जगवू. आपले जवळचे जसे आपल्याला प्रिय असतात तसे वृक्षांनाही आपले सखे सोयरे बनवू... पृथ्वीचा पर्यावरणाचा न्हास होण्यापासून थांबवू..



श्री. गौरव सोनसले
(इतिहास अभ्यासक, लेखक)

शिवरायांनी संत तुकारामांचे अभंग अगदी मनापासून आत्मसात केले होते. त्यांच्या अभंगांमध्ये समाजपरिवर्तनाचा मूळ गाभा होता, आणि शिवरायांनीही तेच सामाजिक भान जागृत ठेवले. संत तुकारामांची कथा-कीर्तने गावोगावी होत असत. त्यांच्या एका विशिष्ट अभंगाने शिवरायांच्या आणि जिजाऊंच्या मनाचा ठाव घेतला होता, आणि तो अभंग, म्हणजे "वृक्षवल्ली आमहा सोयरे वनचरे." या अभंगातून व्यक्त झालेले विचार शिवरायांच्या विचारसरणीशी अगदी सुसंगत होते. मानव आणि वनस्पती यांच्यातील नाते त्यांनी सहजपणे ओळखले होते.

शिवरायांच्या जीवनात राजकीय आणि युद्धसंग्रामाच्या जबाबदाऱ्या मोठ्या होत्या, पण त्याचबरोबर त्यांनी राज्यकारभारही तितक्याच दक्षतेने सांभाळला. पर्यावरण संवर्धनाच्या दृष्टीकोनातून त्यांनी वनश्रीकडे विशेष लक्ष दिले. त्या काळात जंगलं दाट होती आणि झाडे-झुडपे विपुल प्रमाणात होती, तरीही या वनश्रीचा कळत नकळत नाश होऊ नये, याची त्यांनी दक्षता घेतली होती. सैन्याकडून स्वयंपाकासाठी मोठ्या प्रमाणावर लाकडाचा वापर होत असे, पण त्यावर नियंत्रण ठेवण्याच्या उपाययोजना शिवरायांनी आखल्या.

त्यांनी आरमाराची उभारणी करताना देखील निसर्गाचा समतोल बिघडू नये, यासाठी काळजी घेतली. जहाजे, पडाव, होड्या आणि तराफे यांची निर्मिती करण्यासाठी मोठ्या झाडांची आवश्यकता होती. मात्र, कोणती झाडे तोडायची आणि कोणती जपायची, यावर त्यांनी स्पष्ट मार्गदर्शन केलेले दिसते. आपल्या "आज्ञापत्रात" त्यांनी निर्देश दिले की "स्वराज्यातील आंबे, फणस हेही लाकडे आरमाराच्या प्रयोजनाची, परंतु त्यास हात लावू नये." कारण ही झाडे सहजपणे उगवत नाहीत, तर स्यतेने ती आपल्या लेकरासारखी जपून वाढवलेली असतात. रामचंद्रपंत अमात्य-प्रणित 'आज्ञापत्र' हा शिवरायांच्या स्वराज्यानिती वरील सूत्रग्रंथ आहे ,

आज्ञापत्रातील दुर्ग प्रकरणात त्यांच्याबद्दल विस्ताराने लिहिले आहे.

"वा दगडी जिन्नस दारुचे आंतरे ठेवावे होके बाण हे ही पाहरे पाहरेयास तयार असो द्यावे दरम्यान मुलकात गनीम कोठे आहे येईल ते समई कोठीतून आणून तयारी करीन म्हणेल तो मामलेदार नामाकूल आळशी तैशास मामला सांगो नये येक वेळ केली आज्ञा त्याप्रमाणे अंध परंपरेने निरालस्यपणें उगेच वतविं तरीच समई दगा होत नाही लाऊन दिलहा काईदा अव्याहत चालतो पर्जन्यकाळीं भांडीयास व दरवाज्यांस तेल मेण देऊन भांडीयांचे काने मेणाने भरून भांडियांवर भांडियां पुरती आघोडी

घालोन जायां होऊं न द्यावीं वरकड जिनस सरदी न लागे पैसा अबादान ठेवावा इमारतीचें काम आदिकरून तयार जालेंच आसते तथापि तट, पाहरे, बुरुज, कोट काही जाया होतच आहेत ते वरचेवरी मजबूद करावे लागतात तटास झाड वाढतें तें वरचेवर खणून काढावें तटाचें व तटाखालील गवत जाळून गड ना हणावा लागतो या कामास गडोगडास गड पाहून इमारतीचा कारखाना नेहमी ठेवावे. मुद्राधारी याचे स्वाधीन करावा तैसेंच गोलंदाज विश्वासू कबीलदार नेहमी लागू दुरुस्त करणार पैसे मर्दाने गड व गडाचीं भांडीं पाहून जितके लागत आसतील तितके ठेवावें गडावरील झाडें जीं आसतील तीं राखावी या विरहीत आंबें फणस चिंचा वड पिंपल आदिकरून थोर वृक्ष व निबें नारिंगें आदिक रुन लाहन वृक्ष तैसेंच पुष्प वृक्ष व वल्ली किंबहुना प्रयोजक अप्रयोजक

जें झाड होत असेल तें गडावरी लावावे जतन करावे समर्थी तितकेंही लाकडे तरी”

जर कोणते झाड अतिशय जीर्ण झाले असेल आणि ते कोणत्याही उपयोगाचे राहिले नसेल, तरच ते तोडण्यास परवानगी द्यावी, आणि तेही झाडाच्या मालकाला योग्य मोबदला देऊन, त्याची संमती घेतल्याशिवाय तोडले जाऊ नये, असा आदेश त्यांनी दिला. यावरून स्पष्ट होते की शिवरायांनी वनश्रीचे संरक्षण तर केलेच, पण प्रजेच्या भावना आणि संपत्तीचाही सन्मान केला. राज्यकर्त्यांनी आपल्या सैन्याच्या विनाशकारी वृक्षतोडीमुळे प्रजेच्या रोषास पात्र होऊ नये, याचीही त्यांनी काळजी घेतली.

आज्ञापत्राच्या आरमार प्रकरणात त्यांच्या बद्दल विस्ताराने लिहिले आहे. “ ते विषयीं हुजूर लेहून विल्हे करून घ्यावी मुलकांत आवाडाव सर्वथा होऊ न द्या वी आरमारास तरव्हे सोट, डोलाच्या काट्या आदि करून थोर लाकूड आसावे लाग ते ते आपले राज्यात अरण्यामध्ये सांगवानादी वृक्ष आहेत त्याचें जे अनुकूल पडेल ते हुजूर लेहून हुजूरचे परवानगीने तोडून न्यावे याविरहीत जे लागेल ते पर मुलकी हून खरेदी करून आणवीत जावें स्वराज्यातील आंबे फणस आदिकरून हे हि लाकडें आरमाराचे प्रयोजनाचीं परंतु त्यास हत लाऊ न द्यावा काये म्हणोन की ही झाडें वर्षा दो वर्षांनी होतात यैसैं नाहीं खतेने हीं झाडें लाऊन लेंकरांसारखी बहुत काळ जतन करून वाढविलीं ती झाडे तोडिलि यावरी त्याचे दुःखास पारावर काये येकास दुःख देऊन जे कार्य करीन म्हणेल ते कार्य करणारा सहीत स्वल्पकाले च बुडोन नाहीसैंच होतें किंबहुना धण्याचेच पदरी प्रजापीडणाचा दोष पडतो या वृक्षांच्या अभावें हानीही होते याकरीता हे गोष्ट सर्वथा होऊ न द्यावी कदाचित यखादे झाड जें बहुत जीर्ण होऊन कामातून गेले असेल तरी त्याचे धण्यास राजी करून द्रव्य देऊन त्याच्या संतोष तोडून न्यावे बलात्कार सर्वथा न करावा याप्रमाणें हुजरात, गड किल्ले आदि करून परम सावध तेने वर्तत मातृश्रीसाहेब यांचे सेवेसी कोण्हेही अर्थें आंतर न पडे तु ” शिवरायांनी “वनश्रीच्या जतनाबरोबर पर्यावरणाचेही रक्षण व्हावे”, ही संकल्पना आपल्या सैन्याला पटवून दिली. त्यांनी “संत तुकारामांच्या अभंगातील” तत्वज्ञान कृतीत उतरवले आणि पर्यावरण संवर्धनाचे तत्वज्ञान प्रत्यक्षात जगासमोर ठेवले. महाराजांना वनराईत फेरफटका मारणे आवडत असे. त्याकाली अशा मोठ्या जंगल सट्टा वनराया

निश्चितच असाव्यात. विशेषतः रायगडावर अशा वनराया नवकीच होत्या, याची नोंद रायगडावरील शिलालेखात आहे.

“महाराजांच्या राज्याभिषेकाच्या वेळी रायगडावर जी काही बांधकामे झाली, त्याची नोंद एका श्लोकाच्या स्वरूपात कोरली गेली.” या शिलालेखात एक उल्लेख येतो, तो म्हणजे “... हर्ये वनै वीथिके। ” म्हणजेच रायगडावर घरे, वने आणि रस्ते बांधले गेले. येथे “वने” म्हणजे वनराई, बागा किंवा मोठी उद्याने या अर्थाने वापरले गेले आहे..



श्रीमद रायगडावरील शिलालेख

सारांश

श्री गणपतये नमः।

प्रासादो जगदीश्वरस्य जगतामानंददोनुज्ञाय
श्रीमच्छत्रपतेः शिवस्य नृपतेः सिंहासने तिष्ठतः।
शाके षण्णवबाणभूमिगणनादानन्द संवत्सरे
ज्योतीराजमुहूर्तीर्किर्तीमहिते शुवलशसापै तिथौ ॥ १॥
वापीकूपडागराजिरु चिह्नम्पैवनवींथिके
स्तभेः कुभिगृहे नरेन्द्रसदनैरं भ्रंलिहमीहिते।
श्रीमद्रायगिरौ गिरामविषये हीराजिना निर्मितो
यावत्तन्द्रदिवाकरौ विलसतस्तावत्समुज्जृम्भते ॥२॥

मराठी अर्थ

“ श्रीगणपतीला नमस्कार असो शाके १७९६ आनंद नाम संवत्सराची ज्येष्ठ शुद्ध त्रयोदशी या राजज्योतिष्यानी काढलेल्या कीर्तिमान शुभमुहूर्तावर जे छत्रपती शिवनृपती सिंहासनाधीष्ठित झाले त्यांच्या अनुज्ञाने जगताला आनंद देणारा हा जगदीश्वराचा प्रासाद अनेक तळी, विहिरी, तलाव, रम्य वनश्री, गजशाला, राजप्रासाद, स्तंभ इत्यादींनी मंडित असलेल्या, वाणीला अवर्ण्य अशा श्रीमद् रायगडावर हिरजींनी निर्माण केला. जोवर आकाशात चंद्र-सूर्य नांदतील तोवर याचे वैभव नादत राहो ”

रायगडावरील श्री जगदीश्वर मंदिराच्या प्रवेशद्वाराच्या उजव्या बाजूच्या भिंतीवर कोरलेल्या शिलालेखात, छत्रपती शिवाजी महाराजांच्या काळात करण्यात आलेल्या बांधकामांचा उल्लेख आहे. या शिलालेखात दिलेल्या माहितीप्रमाणे, हिरोजी इंदलकर (हिराजी इंदलकर) यांच्या मार्गदर्शनाखाली ही सर्व बांधकामे पूर्ण झाली.

अशी पदे (संदर्भ राजवाडे खंड १८, लेखांक ९७) अस्तित्वात होती. किल्ल्यांच्या देखभालीसाठी आणि आवश्यक बांधकामांसाठी हे अधिकारी जबाबदारी पार पाडत असत.

छत्रपती संभाजी महाराजांच्या कार्यकाळातही हिरोजी इंदलकर यांचा उल्लेख काही स्वराज्याच्या पत्रांमध्ये आढळतो. रायगडावर त्यांनी कमी कालावधीत भव्य, सुबक आणि दर्जेदार बांधकामे उभारली. ही बांधकामे स्वराज्याच्या वैभवाला शोभतील अशी भव्य होती.

- जगदीश्वर मंदिराचा नक्षीदार दरवाजा
- सुंदर व भव्य जगदीश्वर मंदिर
- राजसभा, दरवाजा
- दरवाज्यावर नगरखाना
- राजप्रासाद
- अधिकारी व मंत्र्यांचे वाडे
- तलाव, मनोरे
- मनोऱ्याच्या मध्यभागी प्रत्येक मजल्यावर कारंजी
- वनराया आणि सुंदर बागा
- पाण्यासाठी आड

हिरोजी इंदलकर आणि त्यांच्या सहकाऱ्यांनी रायगडावर राजधानीस साजेशी भव्यता निर्माण केली. त्यांनी अनेक वर्षे स्वराज्याच्या सेवेत राहून भव्य किल्ले, मंदिरे आणि राजवाडे उभारण्याचे महत्त्वपूर्ण कार्य शिवरायांच्या आदेशानुसार पार पाडले.

याचप्रमाणे राजगडाजवळील शिवापूर गावात आंब्याची वनराई म्हणजेच आमराई शिवरायांनी लावल्याची नोंद आढळते. असेच अनेक इतर किल्ल्यांवरही वनराया होत्या, असे वाटते.

शिवरायांचा पर्यावरण संतुलनाचा दृष्टीकोन त्यांच्या धोरणांमध्ये स्पष्टपणे दिसून येतो. "संत तुकारामांचे अभंग" आणि त्यातील तत्वज्ञान केवळ ऐकण्यात न राहता, त्यांनी ते प्रत्यक्ष कृतीत उतरवले. त्यामुळेच स्वराज्याच्या निर्मितीमध्ये पर्यावरण संरक्षण हा एक महत्त्वाचा भाग बनला.

संदर्भ-ग्रंथ / पुस्तकांची नावे

१. शिवछत्रपतींची शिल्पे व शिलालेख - प्रसाद तारे

२. आज्ञापत्र - प्रा. अ. रा. कुलकर्णी

३. आज्ञापत्र - रा. चिं. ढेर



सौ. भक्ती अराणके

(वर्ग शिक्षिका - सिनियर के. जी. - विहस)

प्रति,
संचालक,
बालभारती, पुणे.

विषय- शैक्षणिक धोरणाविषयी काहीसे.

आदरणीय महोदय,

मी इयत्ता तिसरीत शिकणाऱ्या विद्यार्थिनीची पालक आहे. तिचा घरचा अभ्यास म्हणून एके दिवशी बालभारतीच्या इंग्रजी धड्याची उजळणी करण्यास सांगितले होते. धड्याचे नाव होते, "दि स्टोरी ऑफ सिंदबाद द सेलर". सदर धडा "दि अरेबियन नाईट्स" या कादंबरीवरून घेण्यात आला आहे. सिंदबाद हा बगदाद मध्ये राहणारा समुद्री खलाशी होता. व्यापारासाठी देशोदेशीच्या बंदरातून जाताना त्याच्यावर आलेल्या भीषण प्रसंगास तो कसा धैर्याने सामोरा जातो यावर सदर धडा आधारित आहे. का कोण जाणे धडा वाचून झाल्यावर माझ्या मनात आले की; भारतात असे शूर नौदल अथवा समुद्री खलाशी नाहीत का? म्हणूनच की काय पाठ्यपुस्तक विभागाला एका इराकी खलाशाची गोष्ट आयात करावी लागली. खरे तर कान्होजी आंब्रे, मायनक भंडारी, आनंदराव धुळप असे कित्येक दर्यासारंग मराठी मातीत होऊन गेले. त्यांच्या शौर्यगाथा पाठ्यपुस्तकात का नाहीत असे वाटते.

आता माझी उत्सुकता वाढली म्हणून या पुढच्या इयत्तेत साधारण कोणते धडे असतील हे जाणून घेण्यासाठी मी त्यांची पुस्तके चाळली आणि त्यातील एका धड्यामुळे माझी काहीशी निराशा झाली. धड्याचे नाव होते "सुलतान गियासुद्दिन इन द काडी कोर्ट". सुलतानांच्या न्यायव्यातुर्याबद्दल विद्यार्थ्यांना कळायला हवे यात माझे दुमत नाही, परंतु प्राचीन भारत वर्षात असे अगणित न्याय प्रिय राजे झाले आहेत. इतकेच काय पारतंत्र्यातही बडोदा, औंध, कोल्हापूर, सातारा, यांसारखी कित्येक संस्थाने आहेत त्यांची माहिती प्राथमिक इंग्रजी शाळेत शिकणाऱ्या मुलांस करून देण्यास हरकत नाही असे मला वाटते. त्यातच पुढे इसापनीतीचा निर्माता "एसोप फेबल" याच्या कर्तृत्वाबद्दल माहिती एका उताऱ्यात दिसली. इसापाच्या गोष्टी जर पाठ्यपुस्तकात येत असतील तर त्याच जोडीला भारतातील कोणत्याही प्रांतातील बालसाहित्यिका बद्दल माहिती बालभारतीच्या इंग्रजी पाठ्यपुस्तकात असायला काय हरकत आहे. मी प्रत्येक इंग्रजी धड्याचे लेखक आणि कवितेचे कवी यांची नावे वाचली. ८० टक्के पेक्षा जास्त लेखक आणि कवी हे परदेशातील आहेत. खरंच आपल्या



जगदीश्वर मंदिर

देशात अशा महानुभावांचा दुष्काल आहे का? तर याचे उत्तर नक्कीच नाही असे आहे. आर के नारायण, खुशवंत सिंह, विद्याधर सृजनप्रसाद (वि. स. नायपाल) सुधा मूर्ती इत्यादींसारख्या लेखक लेखिका मुलांच्या विचारांच्या कक्षा वृंदावतील असे वाटते.

सरते शेवटी असे वाटते की जर नवीन राष्ट्रीय शैक्षणिक धोरण असे सांगत असेल की भारतीय मूलत्वावर आधारित शिक्षण असावे तर आपण याची सुरुवात प्राथमिक पाठ्यपुस्तकांपासूनच करायला हवी.

अगदी स्पष्ट सांगायचे झाले तर मी जेव्हा प्राथमिक शिक्षण घेतले त्यावेळी इतिहासात १८५७ चा इतिहास फक्त एका धड्यापुरता मर्यादित होता. त्यातील महानायकांचे कर्तृत्व दोन ते तीन ओळीत संपविले होते. याउपर खिलजीपासून बहादुर शहाजफर यांच्या वंशावली विद्यार्थ्यांना अनुक्रमे तोंडपाठ व्हाव्यात इतके धडे होते. ब्रिटिशांनी नवनवीन विद्यालयांची पायाभरणी केली असे सांगताना नालंदा, तक्षशिला यांसारखी विद्यापीठे आणि त्यांची असंख्य ग्रंथालये आगीच्या भक्षस्थानी कशी पडली हेही जोडीने सांगायला हवे असे वाटते. अस्पृश्यता निवारणात महात्मा गांधींचे वाखाणण्याजोगे दक्षिण आफ्रिकेतील कार्य सांगताना साने गुरुजींचा पंढरपुराच्या मंदिरातील सत्याग्रह, स्वातंत्र्यवीर सावरकरांच्या आंतरजातीय जेवणाच्या पंगती, त्यांचे पतितपावन मंदिर, आप्पासाहेब पटवर्धनांचे स्वच्छता अभियान इत्यादींसारख्या अगणित महानुभावांचा इतिहास माझ्या समकालीन विद्यार्थ्यांना सांगायचा राहून गेला असे वाटते. अखेरीस मला पाठ्यपुस्तक मंडळाचे आभारही मानायचे आहेत, कारण इयत्ता तिसरीचा एक धडा राजा कृष्णदेवराय आणि तेनालीराम यांच्यात झालेल्या विनोदी प्रसंगावर आहे. वास्तविक पाहता कागद कोराव आहे पण दर्शवले असे आहे की येथे आधी हिस्सेगार गवत होते. काही गायी येऊन सर्व गवत चरून गेल्यामुळे कागद कोराव राहिल्याचा तेनालीराम विनोद करीत आहे. खरे सांगायचे झाले तर माझ्यासारख्या अनेक पालकांना आणि विद्यार्थ्यांना धडा वाचून कळले असेल की, सदर विनोद हा काही वर्षांपूर्वी प्रदर्शित झालेल्या 'धमाल' चित्रपटाच्या लेखकाच्या सुपीक डोव्यातून आलेला नसून शतकांपूर्वी विजयनगरच्या दरबारातील वास्तविक प्रसंग आहे. तसेच पाठ्यपुस्तक मंडळाने मेजर ध्यानचंद, खाशाबा जाधव, रामानुजन, कल्पना चावला, डॉक्टर एपीजे अब्दुल कलाम, कैलास सत्यार्थी, शांताराम सय्यद हैदर रजा अशा थोर भारतीय व्यक्तींच्या धड्यांना आवर्जून स्थान दिले त्याबद्दल मी त्यांची आभारी आहे. सदर पत्र लिहिण्याचा शुद्ध आणि निव्वळ हेतू केवळ हाच आहे की, नवीन राष्ट्रीय शैक्षणिक धोरणाचा गाभा हा भारतीय मुलत्व (इंडियन रुटेडनेस) हा आहे. त्यामुळे उत्तरोत्तर भारतीय साहित्य, शास्त्र, कला, संस्कृती, आणि तंत्रज्ञान यांचा समावेश अधिक व्हावा अशी सृज्य मनोकामना.

आपली एक विश्वासू पालक
सौ. भक्ती आकाश अराणके



श्रीमती भक्ती अराणके
(वर्ग शिक्षिका १ ती - मवर्युरी)

मैं हूँ प्रकृती, आप सबकी चहेती,
आपकी जिंदगी तो थम ही जाती ।
गर आपके साथ, मैं ना होती ।
ना होती साँझ, ना होती भोर,
ना जाने फिर आपकी दुनिया,
चली जाती किस ओर... ।
न समजते आप समय की धारा,
और नही जान पाते कब है रुकना;
हर पल, हर जन होता थका हारा,
हर कोई भूल जाता हँसना
ना होते पेड़ और खलिहान;
ना होता जीवन भी आसान,
ना होता हरेभरेपन का एहसास,
सारी धरती मानो हो जाती विरान ।
तो अगर ना मिले ऐसा अनुभव,
ए इन्सान तू जरा संभल जा,
पेड़, बारिश, खलिहान की खातिर ,
अपनी बुरी आदतें बदलते जा.. II
कर प्रण तू पूरे मन से
ना करेगा कोई ऐसा काम,
बाद तेरे बस याद आये, तेरे अच्छे कर्मों के नामा
देख फिर कैसे अपनेआप,
खिल जाएगा मेरा रूप,
सुख की बरखा ले आएगी;
जीवन में तेरे आशा की धूप,
जीवन में तेरे आशा की धूप II



Primary Section



From the Desk of Primary Supervisor



Mrs. Dhanashri Phadke
(Primary Supervisor)

"We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet."

– Swami Vivekananda

This profound quote captures the essence of holistic education. It reminds us that academic learning is only one part of a child's journey. True education nurtures strong character, intellectual curiosity, emotional resilience, and self-reliance. At our school, we strive to embody this vision by creating a dynamic learning environment that goes beyond textbooks, combining academic rigor with moral, cultural, and personal development. The academic year **2024-25** was a vibrant and inspiring journey for our **Primary Section**, marked by an array of activities, celebrations, workshops, and learning experiences. As the Section Head, I take great pride in presenting this comprehensive report of our milestones and memorable moments.

Highlights of the Year – Class-wise Activities Standard I

The focus for our youngest learners was to foster curiosity through interactive and hands-on experiences:

- Drama-based Lesson Introductions: Sparked interest and improved understanding.
- Word String Activity: Built vocabulary and spelling confidence.
- Sprouting Seeds Activity: Taught the basics of germination through observation.
- Vegetables and Materials Display: Helped with identification and classification.
- Fruit Chat and Lemon Sharbat Activity: Combined nutrition with science concepts like

mixing and dissolving.

- Air and Water Experiments: Engaged students in scientific exploration.
- Cultural Activities: Including Raksha Bandhan celebration with Mavshi, Mehendi, and Kite Flying.
- Traditional Game - Bhatukali: Promoted collaboration and cultural awareness.
- Cleaning Activity: Instilled responsibility and hygiene awareness.

Standard II

Building on foundational knowledge with creative and cultural engagements:

- Sundial and Balloon Experiments: Introduced time concepts and basic physics.
- Prasad and Rakhi Making: Linked festivals to hands-on learning.
- Jhalmuri and Crown Making: Promoted teamwork, measurement skills, and material usage.

Rhyme Day – 24th February 2025

"Poetry is the rhythm of the soul, and rhyming is the music of the heart." This joyful event showcased the language and performance skills of

Std. I and II students:

- Multilingual poems in English, Marathi, Hindi, and Sanskrit.
- Parents attended and appreciated the confidence displayed by the children.
- Special mention: Teachers Arati Natekar and Shweta Ranade, who composed original poems for the event.

Standard III

A year of growing independence and interdisciplinary exploration:

- Grammar Aids and Punctuation Models: Reinforced language fundamentals.
- Science Experiments: Focused on air, water, and dental hygiene.
- Creative Cooking Activities: Including Pickle and Chhole Chat preparation.
- Coins and Currency Activity: Strengthened financial literacy.
- Dialogue Reading Charts and Wrapper Reading: Enhanced reading fluency.
- Pottery and Division Game Making: Promoted creativity and mathematical understanding.
- Plantation Based on Nakshatra: Combined

science and tradition.

- Pune District Map Activity: Strengthened geographical knowledge.

Sanskrit Display Day – 19th February

"Sanskrit is the mother of all languages, and learning it is a key to understanding our rich cultural heritage."

This innovative event was a grand celebration of language learning:

- Fashion Show on community helpers with dialogues in Sanskrit.
- Sanskrit Poems, Story Recitations, and Puppet Shows.
- Interactive Stalls and Games, all labeled and conducted in Sanskrit.
- Inaugurated by CEC Member Mr. Gunale, with engaging Questions and Answers by Vrushali madam and Kanchan madam.

Standard IV

Emphasizing revision, practical learning, and emotional development:

- Grammar Revision Tools and Informal Letter Writing on post/inland cards.
- Math Activities: Perimeter measurement, fractions via paper folding.
- EVS Projects: Using natural materials, cleaning copper, understanding maps and globes, sketching local areas, and planting medicinal herbs.

Standard V

Fostering critical thinking, communication, and subject integration:

- Dumb Charades for Idioms, Speller Game, and Informal Writing.
- EVS Experiments: Iodine reaction with potato, leaf tracing, water sprinklers.
- Poster Making on Traffic Rules: Encouraged civic awareness.
- Hindi Activities: Including Jadu ki Potli and prayers outside the syllabus.
- Math with 3D Objects and fraction activities using paper folding.

Workshops and Special Sessions

1. Good Touch, Bad Touch (All Primary Students)

An essential workshop conducted by the school counselor, using age-appropriate storytelling, games, and activities. Students learned:

- Personal boundaries and consent.

- Difference between safe and unsafe touch.
- How to seek help and communicate discomfort.

2. Expressions of Emotions (Std 4)

Helped students:

- Recognize and express emotions constructively.
- Build empathy, improve peer relationships, and manage stress.

Green Initiative: Tree Plantation Project

"The best time to plant a tree was 20 years ago. The second-best time is now."

As part of our EVS I project, we launched a Nakshatra-based Tree Plantation Drive:

- Students planted trees according to their birth star (Nakshatra).
- Out of 828 students, 728 (87.8%) participated!
- Students received a Nakshatra chart and took responsibility for watering and caring for the plants.

Student Feedback:

- "Excited to see our plants grow."
- Few students stated that they were not aware that trees could be planted according to the Nakshatra. This activity has taught so much about nature and our connection to it.
- "Discovered rare trees and their ecological roles."

Parent Feedback:

- "This activity created a deep connection with nature."
- "Children are showing great responsibility and ownership."

The academic year 2024-25 has been an incredible chapter of learning, exploration, creativity, and growth. Every activity, whether academic or extracurricular, played a role in shaping well-rounded individuals. We are immensely proud of our students' achievements and deeply grateful to our parents, teachers, and support staff for making this journey successful.

Let us continue to strive towards holistic education, where minds are not just filled, but truly ignited.

Std. I



Thought in the Pot Activity



Cleanliness Activity



Paper Cap Making Activity



Butter Churning Activity



Koshimbir Making Activity



Maths Activity - Children Doing Sums of Addition

Jasmine (Jasminum) is called the "Queen of Fragrance."



Std. I



Enjoying Bird Sounded Whistles



Plant Grow from Seed



Fruits and Vegetable Display



Nature Walk



Identify and Label the Body Parts of Animals



Parent Child Competition

Pandanus (Kewda) flowers are used in perfumes and flavouring.



Std. II



Crown making Activity



Jhaalmudi Activity



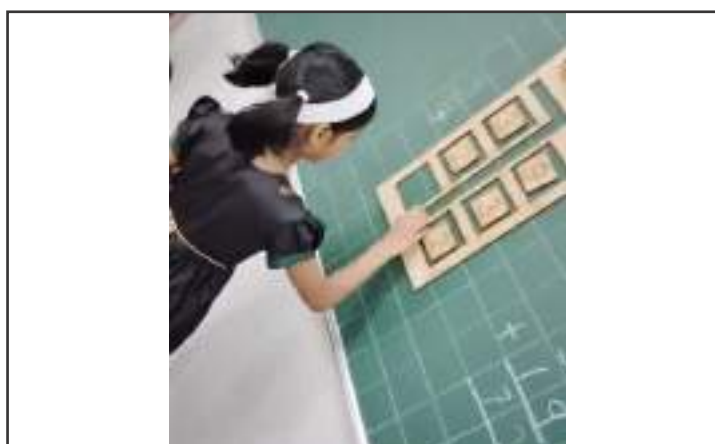
Modak Making Activity



Rakhi Making Activity

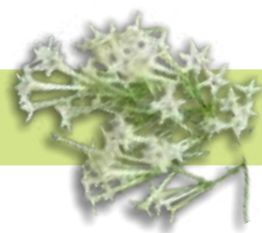


Bal Bharati Activity Types of Clothes



Carryover Sums Activity

The Night-blooming Jasmine (Raatrani) emits a strong fragrance at night.



Std. II



P. E. Hurdles Activity



Maths Activity - Ascending and Descending



Science Experiment - Air needs space



Sundial Experiment



Aadhar Mitra Organized by Hirwai Foundation



Rangotsav

Rajnigandha (Tuberose) is used in garlands and perfumes.



Std. III



First Day Activity



Multiplication Activity



Spinach Seed Plantation Activity



Guru Pournima Activity



100 Years Calendar Activity



Food Chain Explanation Activity

Parijat (*Nyctanthes arbor-tristis*) flowers bloom at night and fall by morning.



Std. III



EVS Project



Greater And Smaller Numbers



Map Reading



Punctuation Marks Making



Reading Day



Rocket Launching Show

The Frangipani (Plumeria) tree is known for its strong scent and tropical beauty.



Std. IV



Art and Craft Activity



EVS II - Mavla Game Activity



Maths Activity - Place Names and Place Values



Science Experiment Activity



Marathi Group Project



Map Observation at Geography Lab

The Nag Champa plant is used in making incense.



Std. IV



Hands on Experience



Drama on the Occasion of Diwali Party



Fan Making for Funfair



Visit to Karve Museum



Field Trip to Nursing College



School Picnic

The Mogra flower is widely used in Indian festivals and weddings.



Std. V



Learning Idioms through Dumb Charades



Simplifying Hindi Grammar by Playing a Game



Students Playing the Speller Game



Chhote scientist



Tug of War on the Occasion of State Sports Day



Winners of Singing Competition

The Kadupul flower blooms only at night and is among the rarest flowers.



Std. V



Teacher's Day Celebration



Sports Week



Shantata..... Punekar Vachat Aahe



Students at Eco Pavitrya Fashion Show



Students Playing Treasure Hunt (Shekoti Day)



Good Touch and Bad Touch Workshop

The Ghost Orchid is extremely rare and hard to cultivate.



Rhyme Day



The Indian Lotus is the national flower of India.



Winners Drawing



Spruha kelapure
(I - M)



Ananya Inamdar
(I - M)



Mukta Jadhav
(II - M)



Aaradhya Yewale
(III - V)



Aditya Jadhav
(IV - V)



Krushnali Dhumal
(V - M)

The Neelakurinji flower blooms once every 12 years in the Western Ghats.



Up Coming Artist



Parnavi Pawar
(I - M)



Hritika Vispute
(II - M)



Anay Shinde
(III - V)



Ishan Lohar
(IV - E)



Manasvi Kodoliar
(IV - E)



Swara Yeole
(V - E)

The Titan Arum is one of the world's largest flowers.



Winners of Primary Section

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
1	I	M	Singing	Spruha Sathe	FIRST	Miss. Rasika Purandare Mrs. Meghan Shrikhande
2		M		Spruha Kelapure	SECOND	
3		V		Madhushree Walvekar	THIRD	
4	II	M		Sanavi Tambe	FIRST	
5		E		Shreeram Dimbale	SECOND	
6		V		Advik Raut	THIRD	
7	III	M		Aabha Aranke	FIRST	
8		M		Mihika Jadhav	SECOND	
9		M		Suhani Mhetre	THIRD	
10	IV	E		Ishwari Korabu	FIRST	
11		E		Manasvi Kodollikar	SECOND	
12		E		Ovi Kale	THIRD	
13	V	M		Varada Kulkarni	FIRST	
14		M		Surabhi Bobade	SECOND	
15		E		Riya Surve	THIRD	
16	I	E	Story Telling	Vaibhav Patil	FIRST	Mrs. Ashwini Kuber
17		E		Maheshwari Thorat	SECOND	
18		M		Spruha Kelapure	SECOND	
19		M		Spruha Sathe	THIRD	
20		V		Spruha Shinde	THIRD	
21	II	V		Nitisha Pansare	FIRST	
22		V		Laukya Latthe	SECOND	
23		V		Varada Moharir	THIRD	
24		E		Aanandi Havile	THIRD	
25	III	M		Aarya Diwan	FIRST	
26		V		Adishti Patil	SECOND	
27		V		Sharvari Kakade	SECOND	
28		M		Aditya Dhadve	THIRD	
29	IV	E		Ishwari Korabu	FIRST	
30		M		Soham Joshi	SECOND	
31		E		Shravani Thakar	THIRD	
32		M		Sumedh Sabnis	THIRD	
33	V	V	Elocution	Swaraj Dhumal	FIRST	Mr. Kedarnath Bhagwat
34		M		Sanavi Vanarase	SECOND	
35		E		Tanaya Unavane	THIRD	
36	I	M	Greeting Card Making	Shreejit Mane	FIRST	
37		J		Rudra Nirmal	FIRST	
38		M		Spruha Kelapure	SECOND	
39		M		Sharvil Bijagare	SECOND	
40		E		Shreesha Katti	THIRD	
41		J		Akash Kadam	THIRD	
42	II	V	Folder Making	Varada Moharir	FIRST	
43		M		Vighnesh Bhalekar	SECOND	
44		E		Jivika Patil	THIRD	

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
45	III	M	Singing	Shravani Kelkar	FIRST	Mrs. Ashwini Badave
46		E		Avani Walimbe	SECOND	
47		M		Mihika Jadhav	THIRD	
48	IV	V	Dance	Parineeti Shinde	FIRST	Mrs. Gargi Karkhanis
49		V		Ria Ladole	SECOND	
50		V		Adiksha Mahindrakar	THIRD	
51	V	V	Drama	Prapti Bhilare	FIRST	Mrs. Shilpa Khare
52	I	M	English Poetry Recitation Competition	Spruha Kelapure	FIRST	
53		M		Sarang Saraf	SECOND	
54		V		Shreyansh Katkar	THIRD	
55		V		Jaee Kambli	THIRD	
56	II	V		Loukya Latthe	FIRST	
57		V		Pranjal Babar	SECOND	
58		M		Avaneesh Kakatkar	THIRD	
59	III	M		Aarya Diwan	FIRST	
60		V		Sharvary Kakade	SECOND	
61	IV	E		Ishwari Korabu	THIRD	
62	V	V		Agastya Chavan	FIRST	
63		V		Prapti Bhilare	SECOND	
64		M		Ananya Sadafulle	THIRD	
65	I	M	Marathi Poetry Recitation Competition	Spruha Sathe	FIRST	Mrs. S. M. Karve
66		M		Spruha Kelapure	SECOND	
67		M		Sarthak Joshi	SECOND	
68		E		Shreya Kurane	THIRD	
69		E		Akeera Upadhye	THIRD	
70	II	M		Manas Satpute	FIRST	
71		V		Nitisha Pansare	SECOND	
72		M		Anvi Dhumal	THIRD	
73	III	E		Sharanya Kale	FIRST	
74		V		Ira Unavane	SECOND	
75		V		Sharvari Kakade	SECOND	
76		V		Anay Kulkarni	SECOND	
77		V		Nidhish Pathak	THIRD	
78	IV	M		Chaitanya Kulkarni	FIRST	
79		V		Adiksha Mahindrakar	SECOND	
80		E		Ishwari Korabu	SECOND	
81		V		Vedashree Ahire	THIRD	
82	V	V		Agastya Chavan	FIRST	
83		M		Sanavi Vanarase	FIRST	
84		M		Anushka Ranjekar	SECOND	
85		V		Aarav Patil	THIRD	

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Rank	Name of the Judge
86	I	M	Drawing	Spruha Kelapure	BEST FIVE	Mr. Pramod Kodollikar Mrs. Archana Vedpathak Mrs. Jayashri Kumbhar Mr. Rahul Pawar
87		V		Aarav Ahire		
88		M		Evanti Rupanawar		
89		M		Parnavi Pawar		
90		E		Mukta Khaladkar		
91	II	M		Mukta Jadhav		
92		E		Jivika Patil		
93		V		Pranjal Babar		
94		E		Advait Katkar		
95		M		Abhir Amale		
96	III	E		Harsh Shinde		
97		E		Hardik Jadhav		
98		V		Vedant Ghadge		
99		V		Aaradhya Yewale		
100		V		Anay Shinde		
101	IV	V		Mrunal Kumbhar		
102		V		Adiksha Mahindrakar		
103		E		Manasvi Kodollikar		
104		V		Aditya Jadhav		
105		E		Ishan Lohar		
106	V	E		Swara Yeole		
107		E		Janhavi Barve		
108		M		Krushnali Dhumal		
109		M		Anushka Ranjekar		
110		V		Aturva Dhotre		
111	IV	E	Quiz Competition	Manasvi Kodollikar	FIRST	Class Teachers
112	V	E		Adwait Devlekar		
113	VI	V		Raj Redkar		
114	VII	M		Shrimayee Kelapure		
115	VIII	M		Anvi Gole		

Winners of Spell Bee Competition (Judged by Class Teachers)			
Sr. No.	Std.	Div.	Name of the student
1	I	M	Spruha Kelapure
2		V	Riddhi Dhadve
3		V	Madhushree Walvekar
4		V	Aditya Chavan
5		E	Maheshwari Thorat
6		E	Anvit Belkonikar
7	II	M	Dhruvi Kulkarni
8		M	Mrunmayee Pandit
9		M	Isha Velapurkar
10		M	Rujeet Desai
11		M	Manas Satpute
12		V	Anvi Mule
13		V	Nitisha Pansare
14		V	Hridaan Devkant
15		V	Arnav Sutar
16		E	Shambhavi Bhosale
17		E	Swarada Gargate
18		E	Avika Ghorpade
19		E	Aanandi Havile
20		E	Avisha Nalawade
21		E	Shreeram Dimble
22		E	Advait Katkar
23		E	Pruthviraj Katkar
24		E	Anay Malkar
25		E	Harshavardhan Pawar
26		E	Parth Zavar
27	III	M	Jui Kothavade
28		M	Suhani Mhetre
29		M	Aditya Dhadve
30		M	Vedant Dhumal
31		M	Aahan Soni
32		V	Sharvari Kakade
33		V	Anshuman Toradmal
34		E	Siya Borade
35	IV	M	Ishwari Bhosale
36		M	Siddharth Shedge
37		E	Manasvi Kodollikar
38		E	Harsh Patil
39	V	E	Ovee Sawant
40		E	Shantanu Sambare

Sports Competition Winners - Girls

Sr. No.	Std.	Div.	Competition	Name of the Students	Rank
1	I	V	Running	Vihana Khairnar	Gold
2		V		Sharanya Raut	Silver
3		M		Aneesha Khare	Bronze
4		J	Sack Race	Riya Indalkar	Gold
5		M		Ojasvee Walekar	Silver
6		M		Aneesha Khare	Bronze
7		V	Hurdle Race	Shreya Jadhav	Gold
8		J		Veera Sawant	Silver
9		M		Anvika Patil	Bronze
10	II	E	Running	Viha Jajanawar	Gold
11		M		Anvi Dhumal	Silver
12		V		Sharanya Joshi	Bronze
13		V	One Legged Race	Aarohi Deshmukh	Gold
14		M		Anvi Dhumal	Silver
15		V		Trisha Kamble	Bronze
16		V	Hurdle Race	Loukya Latthe	Gold
17		E		Aanandi Havile	Silver
18		E		Kirti Chandgude	Bronze
19	III	M	Running	Trishala Honmane	Gold
20		M		Ovee Kore	Silver
21		E		Shravani Khanapure	Bronze
22		M	Hurdle Race	Vedangi Bhokase	Gold
23		E		Tejashri Kokare	Silver
24		V		Veda Gaikwad	Bronze
25		M	Three Legged Race	Aarya Diwan	Gold
26		M		Shubhra Dagwar	Gold
27		E		Ananyaa Dongare	Silver
28		E		Adira Jadhav	Silver
29		M		Shamika Lokhare	Bronze
30		M		Suhani Mhetre	Bronze
31	IV	M	Running	Swara Kore	Gold
32		V		Aarya Chavan	Silver
33		M		Spruha Sawase	Bronze
34		V	Long Jump	Parineeti Shinde	Gold
35		V		Purva Fegde	Silver
36		V		Aarya Chavan	Bronze
37		E	Ball Throw	Shravani Thakar	Gold
38		V		Parineeti Shinde	Silver
39		M		Swara Kore	Bronze
40	V	E	Running	Krupa Sarvate	Gold
41		M		Sarvadnya Walhekar	Silver
42		V		Advika Pawar	Bronze
43		M	Long Jump	Anushka Ranjekar	Gold
44		V		Swara Mali	Silver
45		V		Anushri Rajmane	Bronze
46		V	Shotput	Advika Pawar	Gold
47		E		Ovee Sawant	Silver
48		M		Narayani Patil	Bronze

Sports Competition Winners - Boys

Sr. No.	Std.	Div.	Competition	Name of the Students	Rank
1	I	E	Running	Shouryank Yadav	Gold
2		J		Rudra Nirmal	Silver
3		V		Aarav Ahire	Bronze
4		E	Sack Race	Shouryank Yadav	Gold
5		J		Rudra Nirmal	Silver
6		V		Aarish Herwade	Bronze
7		V	Hurdle Race	Aarav Ahire	Gold
8		V		Sthairya Tilekar	Silver
9		M		Sumedh Kachare	Bronze
10	II	E	Running	Shreyanshu Raykar	Gold
11		V		Anay Kondo	Silver
12		M		Manas Satpute	Bronze
13		E	One Legged Race	Shreyanshu Raykar	Gold
14		M		Rushi Raut	Silver
15		V		Aarav Pawar	Bronze
16		E	Hurdle Race	Shreeram Dimble	Gold
17		M		Advay Ghadge	Silver
18		E		Tanishk Shinde	Bronze
19	III	V	Running	Sumedh Lagad	Gold
20		M		Jairaj Turke	Silver
21		M		Devansh Dangare	Bronze
22		V	Hurdle Race	Nidhish Pathak	Gold
23		E		Sarthak Kinhale	Silver
24		M		Aayush Divate	Bronze
25		V	Three Legged Race	Anay Kulkarni	Gold
26		V		Aaditya Kalschetti	Gold
27		E		Sarthak Kinhale	Silver
28		E		Bhavyam Kapale	Silver
29		V		Varad Deshmukh	Bronze
30		V		Shreyansh Donde	Bronze
31	IV	E	Running	Advait Shinde	Gold
32		V		Arjun Sarfare	Silver
33		V		Shourya Bandal	Bronze
34		E	Long Jump	Dhairiyashil Khalate	Gold
35		V		Shourya Bandal	Silver
36		E		Athang Chakankar	Bronze
37		E	Ball Throw	Advait Shinde	Gold
38		V		Arjun Sarfare	Silver
39		V		Shourya Bandal	Bronze
40	V	V	Running	Viren Thombare	Gold
41		M		Samarth More	Silver
42		E		Parth Suryawanshi	Bronze
43		E	Long Jump	Parth Suryawanshi	Gold
44		V		Viren Thombare	Silver
45		V		Aayush Thorat	Bronze
46		V	Shotput	Shreyas Bhosale	Gold
47		M		Shreyas Dolas	Silver
48		V		Aayush Thorat	Bronze

Sports Competition Team Event Winners				
Sr.No.	Team Event	Team	Primary	Rank
1	Circle Kho-kho	Girls	Akash	First
			Prithvi	Second
2	Langadi	Girls	Akash	First
			Prithvi	Second
3	Circle Kho-kho	Boys	Agni	First
			Prithvi	Second
4	Langadi	Boys	Agni	First
			Prithvi	Second

Inter School Competition Winners

Shikshan Vivek Organized 'Poetry Appreciation Competition' Individual				
Sr. No.	Std.	Div.	Name of the child	Rank
1	I	M	Spruha Sathe	Winner
2	III	M	Aabha Aranke	Winner
3	V	M	Soumitra Sangvikar	Winner
4		E	Chinmayi Srikhande	
Cyber Genius Competition MS-Paint				
5	IV	V	Shlok Jadhav	First Prize
6	IV	E	Sanat Jadhav	Second Prize
Cyber Genius Competition- Sudoku				
7	IV	M	Soham Joshi	Third Prize
Manache Shlok Inter- School Competition				
8	I	M	Spruha Sathe	First Prize
9	I	M	Spruha Kelapure	Second Prize
10	I	M	Gargi Kothekar	Consolation Prize
11	I	E	Vaibhav Patil	Consolation Prize
12	I	M	Sarthak Joshi	Consolation Prize
13	II	V	Varada Moharir	First Prize
14	II	V	Niteesha Pansare	Second Prize
15	II	E	Jivika Patil	Consolation Prize
16	II	E	Varad Thorat	Consolation Prize
17	III	M	Suhani Mhetre	Third Prize
18	V	M	Shreyas Dolas	Consolation Prize
Manache Shlok Inter- State Competition				
19	I	M	Gargi Kothekar	Third Prize
Swami Vivekananda Jayanti Group I				
20	I	M	Spruha Sathe	First Prize
Swami Vivekananda Jayanti Group II				
21	IV	V	Anvi Mehere	First prize
22			Shreesha Jagtap	Third prize
Urja Drawing Competition - Under 14 Girls Group				
23	V	E	Swara Yeole	Consolation Prize

How Practicing Basketball Changed My Life



Surabhi Bobde
(V - M)

Everyone loves or enjoys playing a sport, whether it is indoor or outdoor. There are numerous sports to choose from. Some sports require physical activity, such as football and cricket, whilst others require mental activity, like chess. Although every sport has its advantages and disadvantages, I personally love playing basketball.

Before I started playing basketball, my life was rather sedentary and uninspiring. I would often find myself watching excessive amounts of television, which left me feeling lethargic and sluggish. I felt really unmotivated and uninspired. Every evening, I would just lounge around the house, feeling bored and felt like something was missing. I was desperate for something to capture my interest and give me a reason to get excited about life.

However, everything changed when I joined a basketball class. It's been a game-changer for me. The daily routine of exercising and playing basketball has transformed my life in ways I never thought possible. My evening time is now productive, and I feel a sense of accomplishment after each practice session.

The basketball class has taught me the importance of discipline and hard work. I exercise every day before playing basketball, which includes warm-ups to make my body flexible. Dribbling the ball strengthens my hands and improves my concentration. I am now more focused on my studies, and I can confidently say that 'practice makes perfect,' as I have experienced it firsthand. Due to continuous practice, I can now shoot the ball into the basket perfectly. Additionally, my height has increased significantly.

This daily routine has made me strong, fit, and healthy. I feel more confident and energetic, and I have even noticed an improvement in my mental

health. Practising basketball has taught me valuable life skills, such as teamwork, communication, and perseverance.

Playing basketball has been a life-changing experience for me. It's helped me develop a healthy lifestyle, improve my academic performance, and build my confidence. I'm grateful for the opportunity to play this amazing sport, and I look forward to continuing to learn and grow as a player.

Top Indian Basketball Players



- **Prashanti Singh:** A renowned shooting guard and small forward from Varanasi, known for her exceptional skills and 23 national championship medals. She's the first Indian basketball player to receive the Padma Shri award.
- **Geethu Anna Jose:** A dominant center from Kerala, recognized for her impressive gameplay and leadership. She's the first Indian woman to play professionally in Australia and was invited to try out for the WNBA.
- **Anitha Pauldurai:** A talented shooting guard from Tamil Nadu, with a remarkable 18-year career and numerous accolades, including being the youngest captain of the Indian women's basketball team.
- **Satnam Singh:** A trailblazing center from Punjab, who became the first Indian-born player to be drafted into the NBA. He played for the Dallas Mavericks and has inspired a generation of young Indian basketball players.

If I Could Have One Superpower, It Would be...



Ananyaa Waghmare
(V - V)

If I had a superpower, it would be the ability to converse with animals. The simple reason for this is that I adore animals, particularly dogs. I have always dreamt of being able to communicate with them freely and understand their feelings. This ability would enable me to learn from animals about their unique perspectives on life and the environment.

I have often wondered what my pet thinks while sitting on the floor, staring at the walls. What does it think of me and my parents? I firmly believe that animals are more socially capable than humans and that there are many lessons to be learned from them in order to improve our lives.

By possessing this superpower, I could assist many people like myself in forming stronger bonds with their pets and improving their relationships. Furthermore, I could benefit animals by understanding their needs and helping them with their problems. I could also contribute to advancements in veterinary medicine.

Additionally, I could foster improved relationships with wild animals that are less social towards humans, thereby helping to prevent their extinction. I could communicate with them about common issues affecting the Earth's ecosystem and all living organisms.

Regrettably, humans have distanced themselves from nature, yet they continue to rely heavily on natural resources, which harms wildlife and their habitats. Deforestation, urbanisation, mining, and industrial activities disrupt their homes, resulting in wild animals migrating to towns and cities. This occurs under the assumption that they are not affected because they are unable to express themselves.

Sometimes, I sincerely wish I possessed this superpower. It would have brought endless possibilities for creating a harmonious relationship between humans and the animal kingdom.

If The Pollution Continues...



Maitreyee Maid
(V - V)

I want to talk about something very important that affects us all. Have you ever noticed how dirty our streets, rivers, and air are? This is because of pollution. If we don't do something about it, the consequences will be severe.

Imagine a world where we can't breathe fresh air, where our rivers are filled with plastic and chemicals, and where our streets are covered in trash. It's a scary thought, right? But that's what will happen if we don't take action.

Pollution harms our health, our planet, and our future. It's like a big monster every day. But we have the power to stop it. We can start by reducing, reusing, and recycling. We can plant more trees and support organizations that work to clean our environment.

Let's make a pact to do our part, no matter how small it may seem. Let's tell our friends and family about the importance of keeping our planet clean. Together, we can make a difference. We can create a world that's beautiful, healthy, and safe for us and for future generations. So, let's join hands and fight against pollution.



How Practising Yoga Changed My Life



Shreeya Kamble
(V - E)

I was fortunate to be introduced to yoga by my parents at a young age. I learned various asanas, such as Bhujangasan (Cobra pose), Chakrasan (upward bow pose), and Surya Namaskar.

Over the past two years, I've been training professionally in gymnastics, yoga, and rope Mallakhamb. Gymnastics has helped me develop my strength, agility, coordination, and physical conditioning. Rope Mallakhamb has enhanced my strength, flexibility, and balance. Yoga, however, has been instrumental in calming my mind and body, particularly after intense exercise and study sessions.

I highly recommend incorporating yoga into your daily routine, even if it's just 15 minutes a day. Not only does it improve flexibility and core strength, but it's also an excellent form of exercise for the whole body. Yoga has transformed my life by teaching me valuable skills such as discipline, focus, and self-awareness. I'm incredibly grateful to my parents and coaches for introducing me to this incredible practice.



Letter (Dear Mango Tree)



Anushka Ranjekar
(V - M)



Dear Mango Tree,

Hi! How are you? I hope you are doing well. Are you enjoying the winter? I think you must be feeling the cold because of the chilly weather, and you don't have any warm clothing to protect you from the cold. Isn't that so?

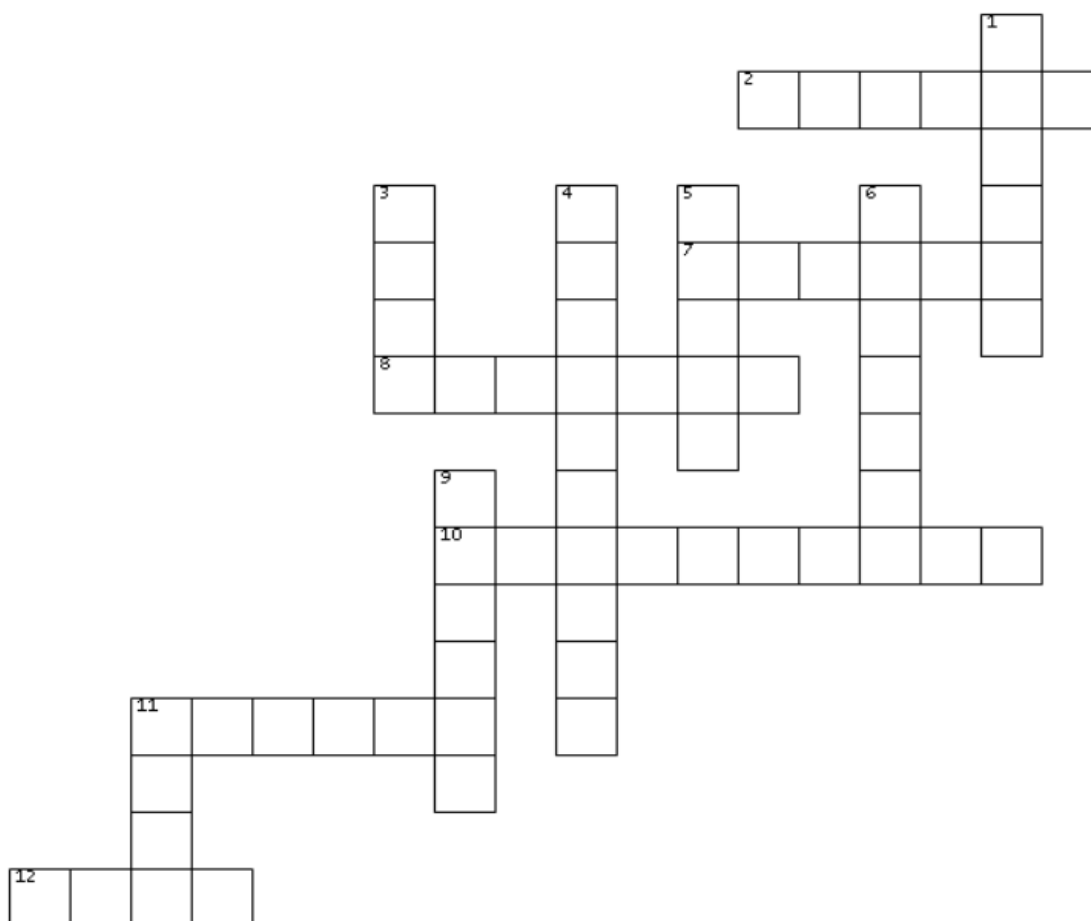
I am enjoying the winter because there are many holidays and festivals at school, but I miss you terribly. I remember the day I sowed your mango seed, and look how big and strong you've grown! You've given me so many wonderful things: delicious mangoes, cool shade, fresh air and, most importantly, oxygen.

I know you must be missing me too, but don't worry – I'll be back soon to play with you and enjoy the summer holidays. Until then, goodbye! Take care of yourself and keep some mangoes safe for me.

With love,
Anushka Ranjekar

"Deep Rooted Your Knowledge with A Plant Crossword Challenge"

Read the clues carefully and find out the plants. Collect more information about these plants.



ACROSS

2. The tree is known as "Boodhi Tree" and often planted near the temple and is worshipped by devotees.
7. The name of the tree is similar to the great emperor of Magadha from the Mauryan dynasty.
8. The tree is also known as "tree of life" or "miracle tree".
10. The oil made from its leaves is famous in the world.
11. The name of the tree is similar to a character from Mahabharat and is associated with strength and resilience.
12. The tree is widely considered to be one of the most durable woods.

DOWN

1. The tree has distinctive aerial roots and vast branches.
3. Nearly all parts of the tree are useful, and many of its medicinal and cosmetic uses are based on its antibacterial and antifungal properties.
4. The tree has fragrant flowers and also known as 'Tree Jasmine'.
5. The fruit is known as the king of fruits.
6. The tree is called as "Kalpavriksha".
9. Its bark is used extensively for construction. Also known as "The Tree of Gods."
11. It is famous for its nutritious and medicinal fruit, known as Indian gooseberry.

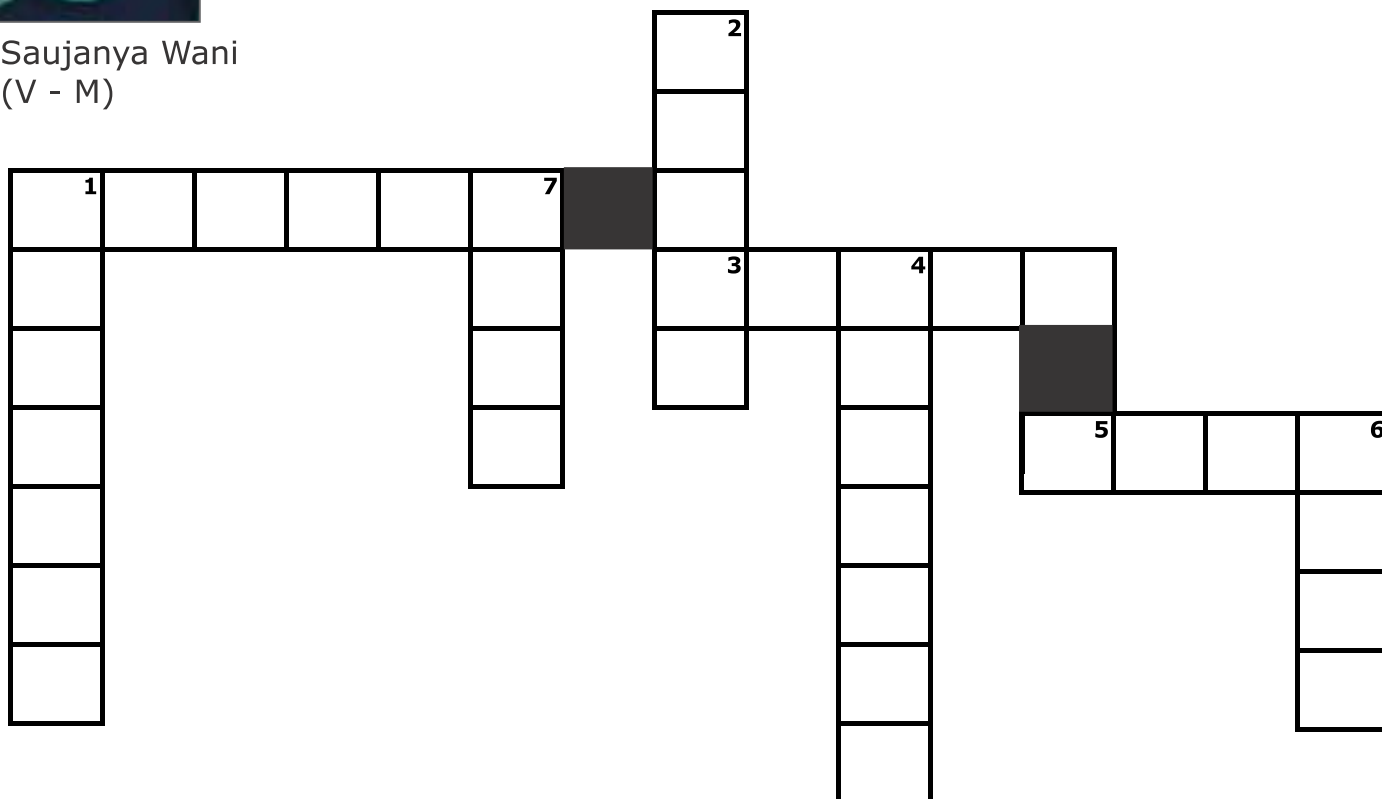
1.BANYAN, 2.PEPPAL, 3. NEEM, 4.INDIANCORK, 5.MANGO, 6.COCONUT, 7.ASHOKA, 8.MORINGA, 9.DEODAR, 10.EUCALYPTUS, 11.ARJUNA (A) AMLA (D), 12.TEAK

Answer -

Crossword



Saujanya Wani
(V - M)



ACROSS	DOWNWARDS
1. They are in the sky.	1. Changes continuously.
3. A Bird which represents symbol of freedom	2. The one who gives us oxygen.
5. Drops of water dripping from the sky.	4. It's force keeps everything on earth.
	6. Birds live in it.
	7. We make castles with the help of it.

Answer -
Across - 1. CLOUDS, 3. EAGLE, 5. RAIN
Downwards - 1. CLIMATE, 2. TREES, 4. GRAVITY, 6. NEST, 7. SAND



सौ. इरावती नलावडे
निवृत्त भूगोल विभाग प्रमुख
एस. एन.डी.टी.महाविद्यालय.

शब्दकोशानुसार प्रकृती म्हणजे कोणत्याही घटकाची नैसर्गिक स्थिती 'प्रकृती' हा शब्द 'निसर्ग' या अर्थाने सर्वत्र वापरला जातो. आपल्या आजूबाजूच्या परिस्थितीचा म्हणजेच निसर्गाचा अभ्यास, निरीक्षण, नोंदी, माणसाने सुरुवातीपासूनच केलेला दिसून येतो.

तापणारे ऊन, विजांचा कडकडाट, ज्वालामुखीचा उद्रेक, जंगलाला लागणारा वणवा या स्वरूपात निसर्गात प्रकट होणाऱ्या ऊर्जेची ओळख माणसाला पूर्वीपासूनच आहे. वैज्ञानिक प्रगती बरोबर ही ओळख अधिक शास्त्रशुद्ध व अगदी सूक्ष्म पातळीपर्यंत झाली. निसर्ग प्रणाली मधील अगदी लहान सहान घटकापर्यंत होणारा ऊर्जेचा संचार बारकाईने अभ्यासला गेला ऊर्जेच्या मदतीने पृथ्वीवरील अजैविक जैविक सर्व प्रणाली कशा चालतात व ऊर्जा वेगवेगळ्या रूपांमध्ये या प्रणालीमध्ये कशी संचारली जाते याचे संशोधन हा विज्ञान क्षेत्रातील एक महत्त्वपूर्ण भाग आहे. ऊर्जा संपन्न सूर्य हा आपल्या ग्रहमातेचा एक केंद्र आहे पृथ्वी त्यापासून निर्माण झाली आहे. त्यामुळे सूर्य हा पृथ्वीसाठी महत्वाचा ऊर्जा स्रोत आहे.

सूर्यापासून वेगळी होताना या ऊर्जा स्रोतापासून काही वस्तुमान घेऊनच पृथ्वी वेगळी झाली, थंड झाली. या प्रक्रियेत तिच्या अभ्यासामध्ये आजही तप्त लावारस शिल्लक आहे. ज्वालामुखीय उद्रेक, गरम पाण्याचे झरे या स्वरूपात ते भूपृष्ठावर प्रकट होतात. ही पृथ्वीची अंतस्थ ऊर्जा म्हणता येईल. यापैकी ज्वालामुखीतून येणारा शिलारस हा प्रथम विनाशकारी परंतु कालांतराने नवनिर्मितीमध्ये सहकार्याची भूमिका बजावतो, ही पृथ्वीची अंतस्थ ऊर्जा म्हणता येईल.

उष्ण पाण्याचे झरे व गरम वाफा याचा मात्र मानवी नियंत्रणाद्वारे मानवाच्या उपयोगासाठी वापर केला जात आहे. ही पृथ्वीच्या प्रणाली मधील अंतस्थऊर्जा आहे.

सूर्यकिरणांच्या स्वरूपात बाह्यकारी ऊर्जा सतत पृथ्वीला मिळते व येथील जैव प्रणालीच्या निर्मिती व पोषणामध्ये ती अत्यंत महत्वाची भूमिका बजावते. हा ऊर्जा स्रोत पृथ्वीसाठी अक्षय, अनंत स्वरूपात सतत उपलब्ध आहे.

पृथ्वी स्वतःभोवती फिरत असल्याने हा स्रोत काही काळ उपलब्ध होतो व काही काळ लोप पावतो, अर्थात जीवन निर्मितीमध्ये या तुटक ऊर्जा स्रोतांचे महत्त्व मानले गेले आहे. म्हणजेच सूर्याकडून सतत ऊर्जा स्रोत उपलब्ध होत आहे, परंतु पृथ्वीवरील विविध घटकांमुळे त्या ऊर्जेची विभागणी केली जाते. पृथ्वी पृष्ठावर भूआवरण, जलावरण, वातावरण अशी तीन विभिन्न गुणधर्मांची आवरणे अस्तित्वात आहेत. जमीन, पाणी व हवा यांचे सौर ऊर्जा धारण करण्याचे व निस्सारण करण्याचे गुणधर्म वेगवेगळे आहेत.

सौर ऊर्जा हवेमध्ये संचारित होते, तेव्हा ती तापमान म्हणविली जाते हवेच्या तापमान गुणधर्मानुसार कमी व जास्त वायूभाराची क्षेत्रे वातावरणात निर्माण होतात व त्यातून वाऱ्यांची निर्मिती होते. वेगवान वाऱ्यामधील ऊर्जेची ओळख घराघरावरील छप्पर उडून गेल्यावर चांगलीच कळते. येथे ऊर्जेचे स्वरूप बदलते. हवेतील ऊर्जेच्या परिमाणातून अल्हाददायक वारे वाहतात, हवेचे तापमान सारखे राखण्याचा प्रयत्न होतो, तसेच सोसाट्याचे बेभान वारे असल्यास बागा उध्वस्तही होतात. हा सगळा ऊर्जेचा प्रताप आहे. तापलेल्या हवेत बाष्प धारण केले जाते, उंचावर ढग बनतात, पाऊस पडतो. हे सारे ऊर्जेचे वातावरणातील स्वरूप आहे. सारे ऊर्जेचे वातावरणातील स्वरूपावर होणारे परिणाम आहेत. साधा वारा, ग्रहीय वारे, प्रणाली व जगभर विविध स्वरूपात होणारी वादळे यांना वातावरणातील ऊर्जांचे कारणीभूत असते. पाण्यामध्ये धारण केल्या जाणाऱ्या सौरऊर्जेतही काल परिस्थितीनुसार विविधता निर्माण होते. त्यातून लाटा, वादळी लाटा, सागरी प्रवाह यासारख्या हालचाली होतात. भरती ओढोटी याचा संबंध चंद्राच्या आकर्षण शक्तीशी आहे ती सुद्धा पृथ्वी पृष्ठावर काम करणारी एक प्रकारची ऊर्जाच आहे. भूपृष्ठ सूर्याची ऊर्जा धारण करते व रात्रीच्या वेळी उष्णता बाहेर टाकली जाते. ऋतू मानानुसार या उर्जेवर परिणाम होतो. त्यामुळे मुख्यतः पृष्ठ खडकांचे विदारण होऊन मृदा निर्मिती होते हा एक प्रकारचा अदृश्य हातोडा खडकाचे तुकडे करतो. त्यानंतर मृदेची झीज, वहन, भरण या प्रक्रियांमधून हालचाल होते. याला पाणी, वारा, हिम हे घटक कारणीभूत होतात. यातून भूपृष्ठाला वेगवेगळे आकार प्राप्त होतात भूपृष्ठ हळूहळू बदलत जाते. पृथ्वीच्या सर्वांगीण प्रणालीमध्ये ऊर्जेचा असा संचार दिसतो. काही वेळा ती रूप बदलून कार्यरत होते असे दिसते. ही सर्व ऊर्जा विरस्थाशी टिकणारी, म्हणजेच सूर्य, पृथ्वी, चंद्र आहेत तोपर्यंत टिकणारी आहे. त्यामुळेच आजचे जग सौरऊर्जा, वातऊर्जा, लाटांपासून मिळणारी ऊर्जा, जलविद्युत, उष्ण पाण्यापासून मिळणारी ऊर्जा या अपारंपारिक ऊर्जा साधनांचा पाठपुरावा करत आहे. सौरऊर्जेच्या मदतीने वनस्पती जीवनाची निर्मिती होते, बदलत्या स्वरूपातील ही ऊर्जा अनेक जीवांना जगण्याची ताकद पुरवते. ऊर्जेची हालचाल, वाटप, वितरण हे घटक जीवनिर्मितीसाठी महत्वाचे ठरतात. या ऊर्जाकार्यात मानवी हस्तक्षेपातून अडथळे निर्माण होणार नाही, याची काळजी घेणे आपल्यासाठी म्हणूनच अत्यंत महत्वाचे ठरते.





चंद्रकांत जाधव

झाडे लावा झाडे जगवा एन.जी.ओ. प्रवर्तक सदस्य
(पालक - सनत जाधव ४ थी - अर्थ)



वृक्षवल्ली आम्हा सोयरे वनचरे।
पक्षी ही सुरवेरे आळविती ॥ धृ ॥

वरील अभंगात जगद्गुरु श्री. तुकोबाराया सांगतात की, जंगलातील वृक्ष, वेती आणि जंगलातील प्राणी हे आपले नातेवाईक, सगे सोयरे आहेत. इथे पक्षी सुमधूर स्वरात गात आहेत. खरच झाडांपासून आपणास खूप काही शिकण्यासारखे असते. झाडे स्वतः रखरखीत उन्हात असतात, मात्र ते इतरांना थंडगार सावली देत असतात.

झाडे पृथ्वीवरील सजीवांस जीवन

जगण्यासाठी अत्यावश्यक असलेला प्राणवायू म्हणजेच ऑक्सिजन देतात. सध्या जगभरात सर्वत्र कार्बन डायऑक्साईड (CO₂) चे प्रचंड प्रमाणात उत्सर्जन होत आहे, त्यामुळे पृथ्वीचे तापमान झपाट्याने वाढत आहे. असंख्य वाहनांमुळे हवेचे व आवाजाचे प्रदूषण वाढत आहे.

पेट्रोल, डिझेल, दगडी कोळसा, लाकूड यांसारख्या इंधनांच्या ज्वलनामुळे तसेच टाकाऊ कचरा जाळल्याने मोठ्या प्रमाणात प्रदूषण होत आहे. परिणामी जागतिक तापमानवाढ (Global Warming) आणि हवामान बदल (Climate Change) या समस्या सर्व जगाला भेडसावत आहेत. आताच संपलेल्या उन्हाळ्यात आपल्या देशात कित्येक ठिकाणी ५० अंश सेल्सिअस सारख्या विक्रमी तापमानाची नोंद केली गेली. अत्यंत उष्ण वातावरणात वातानुकूलित यंत्रे (Air Conditioners) देखील काम करू शकत नाहीत. ही यंत्रे एकतर नादुरस्त होताना दिसतात किंवा त्यांना आग लागते. इतकच काय रस्त्यावर चालत्या गाड्यांमध्ये आग लागण्याच्या अनेक घटना घडत आहेत. यातच भर पडतेय ती, पृथ्वीची फुफुस असणाऱ्या ऑझोन सारख्या जंगलांत आग लागून हजारो हेक्टर जंगल जळून खाक झाले. जी जंगलं वाढण्यासाठी शेकडो वर्षे लागली होती. जंगलांना आग लागते त्यावेळी फक्त झाडेच जळत नाहीत, तर त्या जंगलांत असणारी सर्व जैव विविधता (Bio Diversity) म्हणजेच प्राणी, पक्षी, किडे, मुंग्या, फुलपाखरे, साप, सरडे अशा शेकडो प्रजाती धोक्यात येतात. अन्न साखळी (Food Chain) मधील प्रत्येक घटकाचे अस्तित्व हे अत्यंत महत्वाचे असते. वाघ, चित्ते (Leopards) अशा अनेक प्राण्यांचे अस्तित्वच नामशेष होण्याच्या मार्गावर आहे, अलिकडेच २०२२ मध्ये भारत सरकारने १९५२ साली आपल्या देशात नामशेष झालेले चित्ते जतन करून परत वाढविण्यासाठी नाम्बिया

मधून आणले आहेत.

इंग्रजीत एक सुप्रसिद्ध वाक्य आहे की, "जर तुम्हाला पक्षी हवे असतील तर त्यांच्यासाठी पिंजरा नका आणू तर वृक्ष लावा." मुळात आपण मानव प्राणी जणू या पृथ्वीवर सार्वभौम मालक असल्यासारखेच वागत आहोत. आपण विसरून गेलोय की, या पृथ्वीवर आणि येथील संसाधनावर जितका हक्क आपला आहे तितकाच हक्क इतर प्राण्यांचा देखील आहे. विकासाच्या नावाखाली मानवाने बेसुमार वृक्षतोड केली. लाखो हेक्टर जंगले ओसाड केली आणि स्वतःसाठी रस्ते, कारखाने, शहरे वसवली. प्राण्यांची हक्काची घरे मोडून त्यांना बेघर केले. इतकच काय आपण नद्या प्रदूषित केल्या, हवा प्रदूषित केली. दररोज लाखो टन प्लास्टिक कचरा आपण समुद्रात टाकतो आहोत. समुद्र प्रदूषित करून तेथील जीवांना धोका निर्माण करत आहोत. इतक्या वर्षांत आपण निसर्गाचा इतका न्हास केलाय याची गणतीच नाही. मानव निर्मित प्रदूषण केवळ पृथ्वी पर्यंतच मर्यादित नाही. आपण तर अंतराळात देखील खूप जास्त कृत्रिम उपग्रहांचा (Satellites) कचरा केलेला आहे.

मानव हा खरोखर भरमासुरासारखा वागतोय आणि त्याच्या सारखाच स्वतःचा विनाश स्वतः ओढवून घेत आहे. दुर्दैव म्हणजे हे बुद्धिमान मानवाच्या लक्षात देखील येत नाही. जगभरात विकासाच्या नावाखाली कोट्यावधी एकर शेतीयोग्य जमीनी रस्ते, रेल्वेमार्ग, शहरे, खाणी, कारखाने यांनी गिळंकृत केल्या आहेत. एकीकडे लोकसंख्या वाढतेय तर दुसरीकडे शेतजमीन कमी होत चाललीय. आता या वाढीव लोकसंख्येची अन्नाची गरज कशी पुरवणार? मग आणखी एक दुष्कृत्य..! 'जेनेटिकली मॉडीफाईड' धान्ये, फळे, भाजीपाला विकसित केला. म्हणजेच वृक्षांच्या / झाडांच्या थेट गुणसूत्रात बदल करून हस्तक्षेप केलाय..! शिवाय पूर्वी पारंपरिक पद्धतीने कीटक बंदोबस्त (Pest Management) केला जात असे. जसे की, गोमुत्र, सेंद्रिय खत यांचा वापर, शेत बांधांवर कीटक प्रतिबंधक शेर, साबर, घायपात, कडूनिंब, पपई यांची लागवड करून निसर्ग समतोल राखत कीटक व्यवस्थापन (Pest Management) होत असे. आता आपण हरित क्रांती करून पाश्चात्य कृषी तंत्रज्ञान अंगिकारले आहे, देशी वाणांची जागा संकरीत (Hybrid) ने घेतली आहे. सेंद्रिय खतांची जागा रासायनिक खतांनी घेतली आहे, अत्याधिक विषारी कीटकनाशके, तणनाशके, बुरशीनाशके तसेच स्टेरॉइड (Growth Promoters) यांचा भरमसाट वापर होत आहे.

जमिनीचा कस (दर्जा) खालावत चाललाय. पूर्वी वाहत्या झऱ्याचे, विहिरींचे इतकेच काय ओढ्यांचे व नद्यांचे देखील पाणी पिण्यायोग्य होते. आता शेतात वापरलेली सर्व रसायने पाण्यात मिसळून सर्वत्र पाणी हे क्षारयुक्त व पिण्यास अयोग्य झालेले आहे. या सर्वांचे दुष्परिणाम मानवाच्या आरोग्यावर होत आहेत. कधीही ऐकण्यात नसलेले फुफुसे व हृदय विकार, रक्तदाब, थायरॉईड, कर्करोग असे आजार आता सर्वांच्या परवलीचे झाले आहेत. फवारलेल्या कीटकनाशकांमुळे मधमाशा, फुलपाखरे यांची संख्या झपाट्याने कमी झाली आहे. पूर्वी सर्वत्र दिसणारे कित्येक पक्षी, चिमणी, कावळे, घुबड, फुलपाखरे, काजवे, रातकिडे आता वंचितच दिसतात. मानवातील आणि प्राण्यांतील फरक बघायचा असेल तर प्राण्यांचे घर - जंगल बघावे. स्वच्छ थंडगार हवा, हिस्तीगार झाडी, खळखळणारे स्वच्छ झरे, शांतता व पक्षांचा सुमधूर किलबिलाट याउलट मानवी वस्ती..! सिमेंटच्या जंगलांनी भकास वाटणारी शहरे, वाहनांनी गुदमरलेले रस्ते, धूर, धूळ जागोजागी वाहणारे दुर्गंधीयुक्त सांडपाणी व पडलेला कचरा, कर्णकर्कश आवाज...! प्रकृतीचा व निसर्गाचा हास हा पर्यायाने आपलाच हास हेच अंतिम सत्य होय.

आपल्या देशातील छोट्याशा सिवकीम या सुंदर राज्याचा आदर्श इतर सर्व राज्यांनी घ्यावा असाच आहे. कारण सिवकीममध्ये शेतात रासायनिक खते व विषारी कीटकनाशक पूर्णपणे प्रतिबंधित आहेत त्यांचा कुठेही वापर होत नाही. शिवाय तेथे सर्व प्रकारच्या प्लास्टिकवर पूर्णपणे बंदी आहे. मग त्या पाण्याच्या बाटल्या असो की चिप्स वगैरे पाकिटे असो. हे इतर राज्यांत होईल तेंव्हा होईल पण आपण काय करू शकतो तर.

कोणत्याही सकारात्मक बदलाची सुरुवात हि आधी स्वतःपासून करावयाची असते. मग आपण काय करू शकतो? निसर्गाचा समतोल राखण्यासाठी झाडे लावली पाहिजेत आणि लावलेली झाडे कटाक्षाने जगवली पाहिजेत याला दुसरा पर्यायच नाही. तरच तापमान वाढीला आळा बसेल, बिघडलेले निसर्गाचे ऋतू चक्र सुरळीत होईल. हवेचे प्रदूषण कमी होईल, हवेतील विषारी कार्बन डायऑक्साईड कमी होऊन ऑक्सिजन पातळी वाढेल. पण हे काम फक्त सरकार करेल असा समज ठेवून सरकारवर विसंबून राहणे धोव्याचे ठरेल. हे काम आपण सुजाण नागरिकांनी पुढाकार घेऊन केले पाहिजे. पण त्याबाबत दिसणाऱ्या कमालीच्या उदासिनतेच्या अंधारात एक काजवा टीवटीवत आहे. तो आशेचा किरण म्हणजे व्हिजन इंग्लिश मिडीयम स्कूल नन्हे (पुणे) जवळील फॉरेस्टच्या टेकडीवर स्व. उतमराव पाटील जैव विविधता उद्यान येथे गेल्या ७-८ वर्षांपासून झाडे लावून त्यांची सातत्याने काळजी घेऊन लावलेली झाडे जागवणारा 'झाडे लावा झाडे जगवा फौंडेशन' ही एन.जी. ओ. (NGO) होय. त्यांनी सुमारे १७ हजार झाडे लावून त्यांचे यशस्वीपणे संगोपन केले आहे.

आग ओकणाऱ्या उन्हाळ्यात उन्हापासून, विकृत लोकांमुळे सतत लागणाऱ्या वणव्यापासून, भटवऱ्या जनावरांपासून झाडांचे संरक्षण करणे खरोखर दिव्य काम आहे. झाडांची निगा हे वर्षभर चालणारे काम आहे. पावसाळ्यात खड्डे करून रोपांची लागवड करणे, खत व पाला पाचोळा टाकणे व पाणी देणे. हिवाळ्यात झाडांभोवतीचे जंगली तण (गवत) काढणे, भटवऱ्या जनावरांनी झाडांचे नुकसान करू नये म्हणून झाडांभोवती संरक्षण करणे. उन्हाळ्यात पाणी उपलब्ध करून लावलेल्या सर्व झाडांना पाणी पुरवठा करणे, वाळलेल्या गवतामुळे आग लागते त्यावेळी धावपळ करून आग विझवणे व झाडे वाचवणे, शिवाय येणाऱ्या पावसाळ्यात लागवडीसाठी देशी झाडांची रोपे पिशव्या भरून तयार करणे व रोपांना नियमित पाणी देणे. असे काम तिन्ही ऋतूत वर्षभर चालते. आणि असे काम करणारे सर्व जण हे आज मितीला खरोखर आशेचे किरण होत. या आणि अशा संस्थाना श्रवण ती मदत करून प्रोत्साहन दिले पाहिजे. प्रत्येकाने आपल्या पश्चात देखील या जगात राहिल असे किमान एकतरी झाड लावण्याचे व जपण्याचे सत्कृत्य केले पाहिजे. धरणीला व नदीला आपण माता मानतो. नदऱ्या स्वच्छ ठेवू आणि धरणी आईला हरित जंगलांच्या रूपाने हिरवा शालू भेट देऊ. वसुधैव कुटुंबकम्!

विशेष आभार: व्हिजन इंग्लिश मिडीयम स्कूल चे आदरणीय शिक्षकवृंद यांमुळे हा संदेश सर्वापर्यंत पोहोचत आहे.



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इयत्ता पहिली मर्वर्युरी.
आई - मितांश वानखेडे

आज बऱ्याच दिवसांनी आप्पांच्या वेहऱ्यावर हसू उमटले होते. आप्पांच्या आजारपणामुळे शेतजमीन ओसाड पडली होती. माई तरी करून करून किती करेल..! भले शेतीच्या जमिनीकडे बघून माईचा जीव तीळ तीळ तुटत होता. पण अशा परिस्थितीमध्ये आप्पांची आजारपणात काळजी घेणे जास्त गरजेचे होते. म्हणून माईचा सगळा दिवस आप्पांची काळजी घेण्यात जात होता. मुले आप-आपल्या नोकरीत मग्न होती. त्यामुळे शेतीकडे लक्ष देणे त्यांनाही शक्य नव्हते. आप्पा गेल्या वर्षभरानंतर आजारपणातून उठले होते, आणि आपल्या धरणी मातेकडे बघून त्यांना अश्रू अनावर झाले. नेहमी नटलेली, थटलेली जणू हिरवा शालू पांघरलेली धरणी माय आज गेले वर्षभर काळ्या ढेकळांनी उदास होऊन निजली होती. आप्पांच्या जन्मापासून ज्या धरणी मातेचे ते जिवापाड काळजी घेत आले होते, जणू ती धरणी माय आप्पांचीच वाट बघत होती. पाणवलेले डोळे पुसत हात जोडत आप्पा मनोमन ओसाड पडलेल्या धरणी मातेला नमन करून तिची माफी मागू लागले. आणि डोळ्यासमोर आपल्या धरणी मातेला आनंदाने नाचताना आठवू लागले. आप्पांनी स्वतःला सावरत उत्साहाने सुरुवात केली. पावसाच्या पहिल्या सरी धरणी मातेवर पडताच, ओल्या मातीचा सुगंध दरवळू लागला. आणि बघता बघता जणू धरणी माय आनंदाने नाचू लागली, नटून-थटून हिरवा शालू पांघरून जणू लाजू लागली.





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(वर्गशिक्षिका १ ली व्हिनस)



आरुष तांबे
(४ थी - व्हिनस)

मुलांनो, माझ्यासारख्या तुमच्यापैकीही अनेक जणांना जंगल सफारी आवडत असतील. २०२४ च्या दिवाळी सुटीत आम्ही काही कुटुंबीय सासण गीरला जाऊन आलो. या जंगल सफारीचा अनुभव थोडक्यात देत आहे.

अठराव्या शतकापासून विसाव्या शतकाच्या मध्यापर्यंत जुनागडच्या नवाबांनी त्यांचा शिकारीचा छंद आणि आवड जोपासण्यासाठी गीरच्या जंगलाचे संरक्षण केले. ब्रिटिश राजवटीत सरकारनेही गीर जंगल संरक्षण आणि संवर्धनात मोलाचा वाटा उचलला होता. भारताला स्वातंत्र्य मिळाल्यानंतर भारत सरकारने १९६५ साली हेच काम चालू ठेवले.

गीर राष्ट्रीय अभयारण्य हे भारतातील गुजरात या राज्यात असून अतिशय प्रसिद्ध असे अभयारण्य आहे. गीर अभयारण्य अंदाजे १४१२ चौरस किलोमीटर इतके पसरलेले असून सासण गीर या गावाजवळ आहे. हे अभयारण्य आशियाई सिंहाने महत्वाचे वस्तीस्थान आहे जे जगातील एकमेव असे अभयारण्य आहे. जंगलचा राजा सिंह त्याशिवाय बिबटे, हरिण, सांबर, माकडे आणि अनेक प्रकारचे पक्षी बघायला मिळतात. अभयारण्याची वैविध्यपूर्ण परिसंस्था म्हणजेच flora and fauna हे वनस्पती आणि प्राण्यांच्या विस्तृत श्रेणीला आधार देते.

गीर सफारीचा आनंद घेण्यासाठी ऑनलाइन बुकिंग करावे लागते. गुजरात सरकारच्या खुल्या जिप्सी गाडीतून प्रशिक्षित मार्गदर्शक (गाईड) आणि चालक यांच्या मदतीने जंगलाच्या राजाच्या सौंदर्याचा आस्वाद त्याच्या नैसर्गिक वस्तीस्थानात घेता येतो. पावसाळ्याचे चार महिने सोडल्यास वर्षभरात आपण केव्हाही तिथे जाऊ शकतो. आपल्या सोयीनुसार आपण सफारीची संख्या ठरवू शकतो. आम्ही दोन सफारी घेतल्या होत्या आणि दोन्ही सफारीत या वनराजाचे आणि त्याच्या कुटुंबाचे दर्शन झाले. एका सफारी मध्ये तर सिंहीण तिच्या बछड्यांसह पाणी पितानाही आम्हाला बघायला मिळाली जे दृश्य कोणत्याही शब्दात मांडता येत नाही.

परंतु, मुलांनो आपण अशा जंगल सफारीला जातो तेव्हा मात्र जंगलाचे नियम आपल्याला पाळायला लागतात. सर्वात महत्वाचा नियम म्हणजे आपण जीपमधून खाली उतरू शकत नाही. प्राण्यांचे दर्शन होते तेव्हा शांतता पाळणे आणि निसर्गाशी मिळत्या जुळत्या रंगांचे कपडे घालणे गरजेचे असते. आमच्या एका सफारीत गाईडने त्यांना आलेला एक अनुभव सांगितला. तो असा - एकदा एका सफारीत एका बाईनी डार्क रंगाचे म्हणजे भडक रंगाचे कपडे घातले होते. झाडीत सिंह आणि त्याचे कुटुंब खेळत होते. त्या रंगामुळे सिंहाने लक्ष विचलित झाले आणि त्याने जीप कडे झेप घेतली परंतु, थोडक्यात त्याची झेप जीप पर्यंत पोहोचू शकली नाही.

अशा या समृद्ध आणि संपन्न जैवविविधता (rich biodiversity) आणि भव्य वन्यजीव (Majestic wild life) असलेल्या गीर अभयारण्याला अवश्य भेट दिली पाहिजे.

भीती म्हणजे भय, घाबरणे. भीती ही आपल्या मनातील एक भावना आहे. लहान मुलांच्या मनातील भीती आणि मोठ्या माणसांच्या मनातील भीती ही वेगवेगळ्या प्रकारची असू शकते. आम्ही लहान मुले अगदी सामान्य गोष्टींनाही घाबरतो. पहिल्यांदा सायकल चालवायला शिकताना, परीक्षेचा पेपर हातात येण्याआधी किंवा परीक्षेचा निकाल येण्याआधी काही जणांच्या छातीत एकदम धडधडू लागते आणि घाम फुटतो. कसे होणार? काय होणार ? मी हे करू शकेन का ? असे अनेक प्रश्न मनात फेर धरून नाचू लागतात आणि अचानक भीती वाटू लागते. पण तुम्ही या भीतीवर मात करू शकतात. नेहमी सकारात्मक विचार करा. चांगला विचार करा, तर सगळे चांगलेच होईल आणि भीतीही कमी होईल. भीती वाटत असल्यास दीर्घ श्वास घ्या. मित्रांनो भीती नेहमी वाईटच असते असे मुळीच नाही. आयुष्यात थोडीफार भीती असणे देखील महत्वाचे आहे. विचार करा, की नापास होण्याची भीती नसेल तर आम्ही अभ्यासच करणार नाही. आई-वडिलांची, शिक्षकांची भीती नसेल तर आपल्यावर चांगले संस्कार होणारच नाहीत. आजारी पडण्याची भीती नसेल तर लोक आपल्या आरोग्याकडे लक्षच देणार नाहीत. ऑफिसमध्ये बॉसची भीती नसेल तर कर्मचारी चांगले काम करणार नाहीत. यासाठी सकारात्मक विचार ठेवणे महत्वाचे आहे. भीती कमी करण्यासाठी सकारात्मक बना व दुसऱ्यांना देखील सकारात्मक बनवा.



नेहमी सकारात्मक विचार करा.







सौ. स्वप्ना मांढरे
(कन्टेन्ट डेव्हलपर)

प्रिय आजोबा,
खूप दिवसांपासून तुमच्याशी बोलायचे होते. तुम्ही कळत नकळत शिकविलेली अनेक जीवन कौशल्ये आज उपयोगात येतात. तेव्हा, अनेक प्रसंगी तुमची आठवण आल्याशिवाय राहत नाही. वेगवेगळ्या प्रसंगातून, सणसमारंभातून, किती गोष्टी शिकवल्यात! की ज्या, कोणत्या पुस्तकात किंवा अभ्यासक्रम, परीक्षा यांच्या मागे जाताना शाळेतही आम्हाला शिकायला कठीण होते. तुम्ही नेहमी म्हणायचात, "पुस्तकी ज्ञानाबरोबर, व्यवहार ज्ञान हवे." तुम्हाला सांगायला आनंद वाटतो, की भारतीय संस्कार, विचार, नवीन पिढीमध्ये रुजले जातील की नाही ही, जी काळजी तुम्हाला नेहमी असायची ती आता राहिली नाही, असे म्हणले तर चुकीचे ठरणार नाही. कशी ते आज या पत्राद्वारे सांगते. आज, मी तुमच्याशी बोलणार आहे माझ्या शाळेबद्दल! बालपणीच्या नाही तर नोकरी धंद्यासाठी, उदरनिर्वाहाचे साधन म्हणून निवडलेल्या शाळेबद्दल! जिथे होणाऱ्या अनेक छोट्या मोठ्या गोष्टी मला तुमची आठवण करून देत राहतात.

तुम्ही नेहमी सांगत असत, "माणूस म्हणून जगताना आपण या निसर्गाचे आपल्या समाजातील समाज सुधारकांचे, त्यांच्या विचारांचे देणे लागतो. दोन हाताने भरभरून घेताना जेवढे मिळाले त्याच्या इतके नाही, पण त्याचा काही भाग जरी पुढील पिढीसाठी ठेवू शकलो मग तो वस्तुरूपी असो किंवा विचाररूपी असो तरी आपल्या जीवनाचे सार्थक होते." तुमच्या या विचारांचा आरसा मला माझी शाळा वाटे! या शाळेत काय नाही, निसर्गाशी नाते जोडणारे 'बेलोरा' फुलपाखरू उद्यान, 'बाया' पक्षी उद्यान जे आपल्याला जीवनसाखळीत महत्वाच्या असणाऱ्या झाडे, पक्षी, कीटक यांच्याजवळ घेऊन जाते. आमचे 'बाया' पक्षी उद्यान हे सुगरण या पक्षाच्या कष्टाचे, चिकाटीचे व बाया कर्चे यांच्या सामाजिक तसेच शैक्षणिक कार्याचे प्रतीक वाटते जे अनेक पक्षांप्रमाणे आमच्याही पंखात उडण्याची ताकद देते आणि अशीच ताकद अनेक भविर्नीना मिळावी म्हणून अण्णांनी सुरू केलेल्या 'भाऊबीज निधी' संकलनासाठी उत्कृष्ट सहभागी होण्यासही प्रेरित करते.

अनेक उपक्रम या शाळेमध्ये राबवले जात आहेत. 'भूमे' भूगोल प्रयोगशाळा, युरेका विज्ञान प्रयोगशाळा, इवोल्युशन संगणक वर्ग, अंकुश गणित वर्ग तसेच मराठी, इंग्रजी, हिंदी भाषा शिकण्यासाठी विविध शैक्षणिक साहित्य, लहान मुलांसाठी अनेक गोष्टी रूपातून शिक्षण देणारे कथासंग्रह इत्यादी. हे सर्व शिक्षण सोपे करण्यास मदत करतातच परंतु रोजच्या व्यवहारातील अनेक उदाहरणांची पुस्तकातल्या ज्ञानाशी सांगड घालण्यासही मदत करतात.

"मुलांचा सर्वांगीण विकास व्हायला हवा त्यासाठी अभ्यासाबरोबर खेळ-कला याचाही समावेश आपल्या जीवनशैलीत हवा," हा तुमचा आग्रह. अहो, आजकालच्या विभक्त कुटुंब पद्धतीमध्ये हे साधणे खरेच सोपे राहिलेले आहे का? ही तुमची काळजी. आम्हाला जसे तुमच्यासारख्या पाव सहा आजी आजोबा यांचे मार्गदर्शन मिळाले तसे, या पिढीला मिळणे कठीण पण ही तुमची चिंता दूर करण्याचा प्रयत्न आमच्या शाळेने विविध उपक्रमातून केला आहे. यासाठी 'फन' कला व हस्तकला वर्ग, स्क्रीन प्रिंटिंग वर्ग, 'प्ले विथ वले' माती वर्ग. तर एनहांस लर्निंग या उपक्रमांतर्गत इयत्ता तिसरी ते दहावी

पर्यंतच्या विद्यार्थ्यांना उपलब्ध करून दिलेले वेगवेगळ्या व्यावसायिक तसेच कला गुणांना वाव देणाऱ्या वर्गांचा समावेश. यामुळे ते स्वतः मधील आवड निवड ओळखायला, वास्तविक जगाशी मोठे झाल्यावर जोडायला नवकीट समर्थ असतील.

शाळेत खेळासाठी उपलब्ध असलेले एवढे मोठे मैदान तर आता कुठे शोधूनही सापडणार नाही. इथे विविध खेळांचे शिक्षण दिले जाते. जसे की लाठीकाठी, खो-खो, कबड्डी, लेझीम, बॅड पथक, इत्यादी. विद्यार्थीही आनंदाने यात सहभागी होतात. तुम्हाला अजून एक सांगू, या मैदानावर आता आम्ही तुळशीवृंदावन सुद्धा लावणार आहोत!

अशा अनेक उपक्रमा अंतर्गत मुलांना वैज्ञानिक दृष्टिकोन कलेलच, पण भारतीय संस्कृती पासून तांब जाणारी पिढी आता पुन्हा लहानपणापासून आपल्या संस्कृतीशी अशा छोट्या छोट्या गोष्टीतून जोडली जाईल हे किती छान आहे. या बरोबर वेगवेगळे सण आम्ही साजरे करतो जसे की दीपपूजन, रक्षाबंधन, दीपोत्सव, कल्पवृक्ष दिन, गणेशोत्सव या उत्सवात तर आमच्या शाळेतील विद्यार्थी स्वतः ढोल ताशा वादनाचे प्रशिक्षण घेतात आणि विविध मंडळात त्यांचे प्रात्यक्षिक दाखवतात जिथे आजकाल डी.जे., मोठ्या मोठ्या आवाजात वाजणारी गाणी यांना प्राधान्य दिले जाते तिथे आमच्या पथकाचे वादन ऐकल्यानंतर मुलांचे भरभरून कौतुक होते व पुढील वर्षी तुम्हालाच निमंत्रण देऊ, असे सांगितले जाते तेव्हा खूप समाधान वाटते.

"नको असलेल्या वस्तू विकत घेतल्या की हव्या असलेल्या वस्तू पण विकायची वेळ येते. त्यामुळे कोणतीही वस्तू घेताना किंवा टाकून देताना दहा वेळा विचार करा. एखाद्या वस्तूचा जास्तीत जास्त पर्यायी वापर काय असू शकेल याचा विचार करा. बऱ्याचदा आपल्या घरात असलेल्या वस्तूंचा वापर आपण खूप छान करू शकतो, प्रत्येक वेळेला बाजारात जायची गरज नाही." असे तुमचे नेहमी सांगणे असायचे. हा तुमच्या जुन्या पिढीचा विचार आम्ही मुलांच्या मनात रुजवण्याचा प्रयत्न अनेक वेगवेगळ्या उपक्रमातून केला आहे. जसे की, झाडाच्या मोडून पडलेल्या फांद्या, पाने, फुले, फळांचे वाळलेले साल, याच्या वापराने शाळेतील अनेक भिंती सुशोभित करणे तसेच टाकाऊतून टिकाऊ वस्तू बनवणे. हे सर्व तुम्हाला दाखवायला खरेच खूप आवडले असते. सहज जाता येता सुद्धा शिक्षण घेता येते, हे तुमचे सांगणे खरेच आता मनापासून पटते.

"ज्याचा आपल्या मनावर ताबा, ज्याचा नियमांशी जोडलेला असतो धागा, त्याच्या जगण्याचा मार्ग सहज आणि साधा," या तुमच्या ठेवणीतल्या वाक्याची आठवण आरटीओ पार्क जेव्हा, लहान मुलांसाठी झाले तेव्हा आल्याशिवाय राहिली नाही. या पार्कमुळे खूप लहानपणापासूनच शिस्त, नियम यांच्याशी जवळीक मुले आपोआपच करतील. याच्या बरोबर वेगवेगळ्या लेखकांच्या विचारांची जोड घायला किताब गाडी ही खडी आणि त्यात आता भर पडेल ती नव्याने इतिहासाशी जोडणाऱ्या हाती घेतलेल्या उपक्रमाची. अशा या माझ्या शाळेबद्दल अजून किती आणि काय सांगू. हे सर्व उपक्रम करताना स्वच्छतेचे महत्त्व मागे कसे राहिल. या बदलत्या शिक्षण पद्धतीची संपूर्णपणे नियोजनपूर्वक, अंमलबजावणी प्रथम झाली आहे ती या शाळेतच.

अशा या शाळेचा मी एक भाग आहे याचा मला सार्थ अभिमान वाटतो. दुसऱ्यांदा नव्याने शिक्षण घेण्याची मिळालेली ही संधी फार मोलाची आहे. तरी त्याचे सोने करण्याची शक्ती मला मिळो, आळस, कंटाळा यांनी माझ्यापासून लांब पळो, प्रामाणिकपणा, कष्ट करण्याची तयारी आणि संस्थेने, शाळेने उपलब्ध करून दिलेल्या अनेक साधनांचा वापर मुलांच्या प्रगतीसाठी करण्याची सदबुद्धी, अनेक चांगले विचार- आचार विद्यार्थ्यांमध्ये रुजवण्यासाठी लागणारी दृष्टी आम्हा सर्वांनाच मिळावी, हातून नेहमी चांगले कार्य घडत राहवे, त्यासाठी तुमचे आशीर्वाद कायम पाठीशी असावेत ही माझी सदिच्छा!

तुमची नात,
स्वप्ना

Secondary Section



From the Desk of Secondary Supervisor



Mrs. Archana Kanoujia
(Secondary Supervisor)

Education is the most important part of our life. It is crucial for individual growth, economic prosperity, and societal advancement, equipping people with knowledge, skills and opportunities and contributes positively to the world. We at Vision believe to empower our students with all life skills and transform their innocence into excellence and make them responsible citizen.

"Education fosters critical thinking, problem-solving and decision-making skills, and empowering individuals to become more informed and capable."

The NEP 2020 aims to transform India's education system, making it more relevant, flexible, and accessible, while promoting quality and equitable learning for all the students. Hence, it focuses on holistic development, flexible learning pathways, multidisciplinary learning and emphasis on skill development. Though the NEP is adopted in the Foundation stage but we have tried to inculcate the key ingredients of NEP for the secondary section too. This year the teachers focused on providing holistic skills including emotional, social and creative skills.

The teachers added another flower in the bouquet by developing the History teaching aids. The school has a well-developed Science lab, Math lab, Computer lab and Geography lab and has developed teaching aids of subjects like English, Marathi, Hindi, Sanskrit and History to cater the educational needs of all the students. The teachers used these facilities to bring a change in the teaching and learning pattern and made the teaching sessions interesting for the students.

To enhance the language and communication skills teachers conducted activities which included interviews, extempore, dialogue, dramatization and poetry. These activities help in the

development of listening, speaking, writing and reading skills of our students. Such activities help them to gain confidence to speak in front of the crowd and also teach them working in groups. The teaching aids developed by the teachers play a key role in understanding the concepts of grammar. Students enjoy these games and at the same time learn them too.

To elevate scientific aspect, teachers make use of the Science lab. Students are taken to the science lab and allowed to experiment with their inquisitiveness. To give the student's exposure of nature and its elements students are taken to the Terrace Garden, Baya Bird Park and Bellora Butterfly garden. These visits are enjoyed by the students and it helps to create critical thinking, develops analytical skills and brings them close to the nature and its elements. After all, 'Learning gives creativity, creativity leads to thinking, thinking provides knowledge and knowledge leads to betterment and success.'

For enhancement of logical thinking, reasoning skills and solving numerical, students are taken to the Math lab where they understand the concepts by trying their hands on the various models of Geometry and Algebra. For understanding the world, its features and various components of Earth, students are taken to the Geography lab. The maps and models help them to understand the abstract concepts in a clear manner.

Our school is a strong believer of Indian culture and tradition. To develop patriotism and love for our culture and tradition we try our best to celebrate all the festivals and important days by arranging guest lectures, competitions or programmes. Such programmes and lectures develop the students thinking and inculcate values like honesty, gratitude, kindness and forgiveness.

Mahatma Gandhi has rightly described the importance of culture as – 'A nation's culture resides in the hearts and in the soul of its people.'

Following activities were conducted by the teachers in the academic year 2024-25.

Welcome Activity :

The first day of school is often a mix of excitement and jitters for both the students and teachers. The teachers planned welcome activity for their students and the students enjoyed them doing. In

fact, 'it is this activity which brings the students and their teacher closer to each other and creates a positive bond between them.'

Std. 6 students prepared a photo frame using newspaper rolls. They decorated their work of art with decorative material. Students got a freehand to prepare their desired shape and size which created more interest. Similarly, Std. 7 made an origami flower basket and flowers. They tried their best to decorate the basket and flowers with the material they had. Std. 8 students made a wall hanging using cardboard and craft papers. They created different shapes of the wall piece and decorated it with flowers made by them.

Experiential Learning:

As quoted by Martin Luther King Jr. - "The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education."

The teachers strongly believe in the above quote hence do not stress on the textual knowledge rather they nurture the brain of the students by giving them varied experiences.

Language skills:

Language is the road map of a culture. It tells you where its people come from and where they are going.

Language skills play a pivotal role in various aspects of our lives, influencing our communication, relationships, educational and professional endeavours. Proficiency in language is not just about the ability to speak or write; it encompasses a range of skills, including listening, reading and comprehension.

To achieve proficiency in the language the teachers conduct their lectures using the teaching aids prepared by them. To enhance the speaking skill, elocution, extempore and debates are conducted. Students get a chance to listen to poems or small audio clips which enables them to improve their listening skill. Teachers do conduct dramatization sessions to enhance the emotional skill and language skill.

Science:

The education of Science is crucial as it fosters critical thinking, problem-solving skills, and curiosity, while also promoting innovation, environmental awareness and a deeper understanding of the world, ultimately equipping them for success in a rapidly changing world.

Teachers use experimental methods to teach the scientific concepts to the students. The topics are explained by giving the students actual exposure by taking them to the Science lab and by conducting Chhote Scientist activities. The formative tools include assignments based on model making, nature visit, tree plantation, and best out of waste and e-waste products. As this year's theme was 'Prakriti', a unique but interesting project was done by the students. The students had to refer the school calendar and check with the tree associated with their birth date and then plant the tree on their birthday. Student enjoyed doing this activity. This definitely brought them close to nature and also gave them knowledge about their star sign and the tree associated with it.

Mathematics:

'What makes math special is that it's a universal language – a powerful tool with the same meaning across the globe.' Though language divide our world, the numbers unite us and allows us to work together towards new innovations and ideas.

To develop cognitive skills like problem-solving, critical thinking and logical reasoning the teachers take the students to the Math lab and give firsthand experience. Students actually try to solve the equations with the help of the models. This year's math project was an innovative one. The students had to give the whole account of the Fun and Learn activity. All the students actively participated in this and understood the concept of profit and loss. Such activities promoted numeracy, financial literacy and made the students confident.

Use of GeoGebra software created interest to study theorems of Geometry for Std. 9 and 10.

Social Studies:

'The social sciences have a critical contribution to make, in helping us understand, imagine, and craft a more sustainable future for all.'

This year was a great milestone as the teachers worked on the History teaching aids and introduced the History corridor 'Samay' to all the students.

Teachers worked on various topics of History and prepared timelines of Shivaji Maharaj, Peshwa, National Movement from 1857 to 1947, Administrative divisions of India, Electoral

Process, History of Flags; games included Dynasty Cards, Mahajanpadas, Fundamental Rights and Duties, game of Mavala, game of Forts, etc.

Students contributed in this project by preparing the timelines of their families. They also brought various materials from their homes to show as material sources of History. The orals were also conducted by referring the charts made on History subject.

Geography subject is conducted in the Geography lab where the students can understand the topics with the help of models and maps. Projects like preparing staple food of states of India, making contour maps with potatoes, etc. were conducted to give actual experience to the students.

Our Unique Selling Point (USP):

Care for Mental Health – Music Therapy:

'Meditation is a vital way to purify and quiet the mind, thus rejuvenating the body.'

This year the school worked on the mental health of the students by conducting music therapy sessions throughout the year. The short music notes were played for the students which included the details of the type of raga and its importance. This activity definitely helped to develop a therapeutic relationship to address physical, emotional, cognitive and social needs, offering a non-verbal outlet of expression of the students.

Fun and Learn:

The school organized Fun and Learn Funfair on 24th and 25th December for the students and parents. There were stalls of food items, games, products prepared by the students, free zone and Photo booth corner. The school also inaugurated the History teaching aids on these days. The products which were kept for sale like soap, incense sticks, torans, plants, canvas, screen printing t-shirts, terracotta products were all prepared by the students under the guidance of the teachers. The mouthwatering food products were also prepared by the students and teachers on the spot. The money received through this activity was donated to the Bhaubheej fund.

School funfairs are important because they foster a sense of community, provide opportunities for students to socialize and build skills, and boost school morale, while also serving as a platform for fundraising and showcasing talents.

To accomplish this challenging task, students were divided into groups as per the stalls. The month of December was utilized for the

preparation of the items whether food or for sale or for exhibition. Students of the food team tried various combinations of their recipes so that they could sell the best taste on the great day. Similarly, the students who were a part of sale team prepared decorative articles under the able guidance of their teacher. The gardening team students not only planted the plants for sale but also prepared the manure and jeevamrut which was prepared with the help of cowdung. The students who belonged to the History teaching aid team prepared the teaching aids, learnt the Owis and performed on stage on the day of event. The exhibition included charts, posters, sources of History, games, etc. displayed for the people. The folkdance team created the aura with their performance followed by the students of Martial art whose skills completed the whole show. It was a fun-filled experience where the students of Vision not only learnt a new skill but also raised their confidence, polished their speaking skills, showcased their talent and understood the past with the present.

Cleanliness Day:

The clean person is not the one who runs away from the dirt but who takes time and effort to clean the dirty environment.

On the occasion of Mahatma Gandhi's Jayanti, the school conducted cleanliness drive. Students of all the classes cleaned the school premises and the vicinity.

Sky-gazing session:

On the occasion of National Geography Day, the school arranges sky-gazing session for standard 8 students. The team of JVP (Jyotirvidya Parisansthan) led by Mr. Amit Kadalaskar guided children. Most of the students explored sky with the help of telescope for the very first time. Students got to see Saturn, Mars, Venus and Jupiter along with the Moon. They were mesmerized by the whole visualization.

Lectures:

The school always takes steps to give exposure and culminate values amongst the students. A lot of lectures are arranged which help the students to lead a value based life and show them varied prospects of careers.

- Mr. Shirish Aapte, a career guide had conducted a session for the students of Std. 10 where he guided the students on the planning of studies and career guidance.

- Like last year this year the toppers of Std. 9 attended the residential workshop conducted by the Samstha named 'वेद्य यज्ञावा'. The students got a chance to interact with teachers from different specialties. This workshop helped them to develop confidence and taught them the ways to score high marks.
- Dr. Khambete (Principal of Cummins College) lecture with Ashwini Kulkarni on NEP for Std. 9.
- On the 350th coronation ceremony of Shivaji Maharaj, the school arranged a lecture on the life of Shivaji Maharaj. The lecture was conducted by Mr. Omkar Nerlekar, in which he spoke about the life of Shivaji Maharaj and how it inspires all.
- Workshop was conducted by BAPS Swaminarayan Yuva Manch volunteers for the students of Std. 9. The session was conducted by the volunteers who were getting trained. Students were told the importance of spirituality and hard work.
- 2 Guest lectures were organized on 25th and 26th November for Std. 10 students on the topic Tourism and History and Tourism, Communication and Transport. The session was conducted by Mr. Nishad Kulkarni.
- A guest lecture was conducted on Life Skills and Sexual Health by Mukta Chaitany Foundation for the students of Std. 8.
- The school Counsellor conducted lectures for Std. 6th on Behavioural issues. She also conducted lectures for Std. 10 on Prevention of addiction, Management of Study Skills and Stress management.
- Workshop on tiles making – A tile painting workshop was conducted for Std. 10 students. The resource person Dadarkar madam guided all the students about painting the tiles.
- A workshop was conducted by Jankalyan Blood Bank associate on the awareness of Thalassemia by Dr. Ashutosh Kale for Std. 8 students. It was an eye opener for the students and teachers. Students were properly guided on the impact of Thalassemia and how to prevent from the same.

School Picnic:

School picnics are fun, social events that provide a break from the regular classroom routine, fostering teamwork, social

interaction and physical activity along with exploring nature and creating lasting memories.

This year the students were taken to the following places:

Std. 6 - Sneh Resort, 20th December.

Std. 7 - Prathmesh Resort, 19th December.

Std. 8 - Kalpataru Agri Tourism, 19th December.

Std. 9 - Bhigwan, 13th December.

Std. 10 - Wai – Samstha Campus, Narsimha Temple, Nana Fadnavis Wada, 13th December.

For Std. 9 and 10 the picnics were more of a study tour. Std. 9 students visited Bhigwan Bird Sanctuary where they observed a lot of migratory birds and learnt more about their migration and habits. This definitely brought them more close to nature. Likely, Std. 10 students visited Samstha campus where they visited the Vision Wai campus and the heritage building of Kanya Shala. The students got a chance to hear the lecture of Mr. Mone an Historian who explained the history of Wai. Students visited the Narshimha temple and Nana Fadnavis Wada and understood their historical importance.

Reading day activity:

Reading gives you the ability to reach higher ground and keep climbing high.

Reading books offers numerous benefits, including enhanced knowledge, improved focus and memory, increased empathy, and stress reduction, all contributing to a well-rounded and fulfilling life. On the occasion of late President Abdul Kalam's Jayanti the school conducted Reading Day activity where students participated in the same. Students had to present the review of any book read by them. These students were evaluated on their presentation and then were felicitated in the assembly.

Shivaji Maharaj's Jayanti:

"भयात्ता ह्रवायत्वं असेल, तर धारिष्ट्याला कवटाळा."

(If you want to defeat fear, embrace courage.)

Chhatrapati Shivaji Maharaj, a pivotal figure in Indian history, is renowned for his unparalleled bravery, military prowess, and strategic brilliance, which led to the establishment of the Maratha Empire and a legacy of inspiring resistance against the Mughal Empire. To pay respect to the great Maratha warrior the school celebrated the birth anniversary of Chhatrapati Shivaji Maharaj.

A small programme was arranged where the students of Std. 8 performed Shivaji Maharaj's

aarti and students of Std. 7 narrated stories of the brave leader. Advocate Omkar Gunale presided as the chief guest for the celebration. In his speech Mr. Gunale stressed upon the qualities of Shivaji Maharaj, his punctuality and his vision towards Swarajya. The students who secured 1st rank in the examination were also felicitated this day.

The school also arranged a lecture for Std. 7 and 8 students of Mr. Omkar Kelkar. Mr. Omkar explained about the forts of Shivaji maharaj and their special characters, temples, etc.

We care for you:

- The school conducted medical check-up for the students and organized a Blood donation camp for the parents. Hemoglobin of Std. 8 and 9 were also tested. Following was the overall report:

Particulars	Boys	Girls
Dental Carries	16	20
Ear Wax	15	7
Vision	18	15
Speech	0	0
Blood Donors		70
Hemoglobin	Out of 196 students, HB of 13 students was low.	

- The school conducted a helmet distribution programme with the help of Seva Sahyog foundation Pune which works on Right to safety under which they distributed free helmets to parents and their wards.

Visit to Laser Institute and Cummins College:

Students of Std. 9 were taken for a visit to Cummins College and Laser unit on Monday, 20th January 2025. Dr. Ashwini Deshpande from Cummins College guided the students. They were taken to the different departments. Engineering students of Cummins explained their projects and models in their capacity. Students explored departments of Mechanical, Instrumentation, E and TC along with carpentry section.

Students further were taken to LASER unit, where they explored and understood different types of LASER machines and their working under the able guidance of Mrs. Aditi Divekar and her team.

Students of Std. 9 also made a photo frame to be given to Std.10 students under faculty guidance.

A proud moment:

Students participated in various competitive examinations like Homi-Bhabha exam (for Std. 6th and 9th), SOF, NSO examinations, Vidyarthi Vigyan Manch (For Std. 5th to 10th), MTS exam for Std. 8th to 10th. Students participated in competitions like V- solve, Best out of E-waste and

achieved remarkable success.

MTS Exam: A. Y. (2023-24) Result declared in 2025
No. of students appeared: 33, District Level Prize: 1, Special Prizes - 4, Consolation Prizes - 6

Scholarship Exam (A.Y. 2023-24)

Result declared in 2025

Std. 8: No. of Students Appeared: 54, Proud Scholarship Holders – 3 students

Homi Bhabha Exam: (2024-25)

No. of Students Appeared: 19, 3 Students qualified for second level Homi Bhabha Exam

Hindi Rashtrabhasha result

No. of Students Appeared: 120, Medal of Distinction: 26, 1st Class: 45, 2nd Class: 14, 3rd Class: 08

Geography Talent Search Exam (2024 - 25)

No. of Students Appeared: 76

Students qualified : 65

Gold medal at school level: 1

Skool Sansad Workshop / Activity by Deepstambh Charitable Trust.

Skool Sansad, is a programme where the students from all over Maharashtra get selected and take part. They experience and learn the actual working of the Parliament. Being Ministers, they frame schemes and policies for the welfare of the Indians and try to find the working solutions to the given problems without violating constitutional framework.

In the year 2024-25, following students were selected for the Skool Sansad:

- 1) Swanandi Sangvikar as Prime Minister
- 2) Sanjita Mahale as Opposition Leader
- 3) Chaitanya Mungi as Opposition Leader
- 4) Abhidnya Kulkarni as Cabinet Minister

Such type of activity is actually experiential learning and helpful to make tomorrow's responsible citizens and leaders.

Education is the process of learning and teaching knowledge, skills, values, and habits. It can also refer to the transmission of culture and knowledge from one generation to the next.

Education is that one source of light which diminishes all the darkness and shows path towards success. The teachers at Vision are trying their best to inculcate values, impart knowledge, make them skilled and guide the students to find the correct light so that they lead their paths towards success and humanity.

The doors of knowledge are open. It is on us when, where and how to enter.

Std. VI



First Day Activity



Alchemy of Nature



Hindi Activity



Geography Session at BhuMe



Peer Learning Session



Marathi Activity

Curry leaves add flavour to Indian dishes.



Std. VI



Assembly



Visit to SMART



Rangoli Competition



Young Achiever of Vision



E- Waste Management Competition
by Poornam Ecovision Foundation



Elocution Competition

Bay leaves (Tej Patta) are used in biryanis and curries.



Std. VII



English Activity



Fun with Grammar



Maths Activity



Know Your Legacy Activity



Contour Map Activity



States of India

Cinnamon (Dalchini) is derived from the bark of a tree.



Std. VII



Shadow Puppet Show



Visit to Terrace Garden



Children's Day



Diwali Party



Flower Arrangement Competition



Picnic to Prathamesh Resort

The Clove tree (*Syzygium aromaticum*) produces aromatic flower buds.



Std. VIII



Learning Language through Activities



Story Construction Activity



Exploring the Science Lab



View vs Counter- View



Creativity Boosters



Fun with Sanskrit

Fenugreek controls blood sugar, improves digestion, boosts lactation, and treats skin issues like acne and eczema.



Std. VIII



Board Decoration



Play with Clay



Learning in Nature



Sky Gazing



Singing Competition



Debate Competition

Kalonji boosts immunity, lowers blood sugar and cholesterol, and is used topically for skin infections and hair health.



Std. IX



Study of Stamps



Exploring Morphology of Plants



Pariksha Pe Charcha



Stone Observation Activity



Informative Session on - Waste Management



Medical Checkup

Chilies boost metabolism, improve digestion, reduce inflammation, and have antibacterial properties.



Std. IX



Dance Competition



Sanskrit Din



Learning by Doing



Visit to Cummins College



Visit to Laser Technology Unit



Picnic to Bhigwan

Tamarind aids digestion, relieves constipation, soothes sore throats, and has antibacterial and anti-inflammatory effects.



Std. X



Self Study Activity



Competition for Enhancing Oratory Skills



Visit to RTO Park



Learning with Friends



Visit to Kitaab Gadi



Mental Well-Being Activity

Garlic boosts the immune system, reduces blood pressure, and has antibacterial, antiviral, and antifungal properties.



Std. X



Yoga Day



Study Skill Workshop by School Counsellor



Exploring the Land Forms at BhuMe



Extempore Competition



Best Outgoing Students



Farewell

Cilantro (coriander leaves) aids digestion, reduces anxiety, helps detoxify heavy metals, and treats skin conditions like eczema.



Winners of Drawing Competition



Yadnyee Deshmukh
(VI - V)



Parth Kapade
(VII - E)



Siddhi Joshi
(VIII - M)



Radhika Jadhav
(IX - M)



Aditi Sawant
(X - M)

Cucumber hydrates the body, soothes skin, aids digestion, detoxifies, and helps regulate blood sugar and blood pressure.



Upcoming Artist



Swara Joshi
(VI - V)



Rugved Nogja
(VII - M)



TanishK Pathak
(VIII - M)



Vedika Bhujbal
(VIII - M)



Arnav Raut
(IX - V)



Aditya Shinde
(X - E)

Sweet potatoes regulate blood sugar, support heart health, boost immunity, and improve skin health with high beta-carotene.



Election and Oath Taking Ceremony



Cabbage supports gut health, boosts immunity, helps prevent cancer, and treats ulcers with its anti-inflammatory properties.



Enhanced Learning Activities	
Std.	Activity
III	Sanskrit
IV	Bhalba
	Stitching and Embroidery
	Rhythmic Gymnastics
V	Scholarship
	Rangoli and Mehendi
	Lezim
VI	Dr. Homi Bhaba Exam
	Lippan Art
	Terrace Garden
VII	Gatha Yashachi
	Lathi Kathi
	Product Design
VIII	Scholarship
	Folk Dance
	Cooking and Baking
	MTS and NTS
IX	MTS and NTS
	Drama - Raja Natu
	Band Pathak
X	Terracotta
	Screen Printing
	Short Film Making



Sanskrit (III)



Drama- Bhalba (IV)

Colocasia promotes digestion, lowers cholesterol, relieves joint pain, and has anti-inflammatory properties.



Enhanced Learning Activities



Stitching and Embroidery (IV)



Scholarship (V and VIII)



Rangoli and Mehendi (V)



Lezim (V)



Dr. Homi Bhabha Exam (VI)



Lippan Art (VI)

Bitter melon helps control blood sugar, detoxifies the liver, and has anti-inflammatory and antimicrobial properties.



Enhanced Learning Activities



Terrace Gardening (VI)



Gatha Yashachi - Knowing About Chhatrapati Shivaji Maharaj (VII)



Lathi Kathi (VII)



Product Designing (VIII)



Preparation for MTS/ NTS Exam (VIII and IX)



Folk Dance (VIII)

Lemons detoxify the liver, aid digestion, reduce acidity, and improve skin health with their high vitamin C content.



Enhanced Learning Activities



Cooking and Baking (VIII)



Band Pathak (IX)



Terracotta (X)



Screen Printing (X)



Short Film Making (X)



Maharshi Dhol Pathak

Guava boosts immunity, improves digestion, regulates blood sugar, and has antibacterial properties for fighting infections.



Winners of Secondary Section						
Sr. No.	Std.	Div.	Competition Name	Name of the student	Rank	Name of the Judge
1	VI	V	Elocution	Raj Redkar	FIRST	Mrs. Amrapali Aurangabadkar
2		E		Arpita Kavthalkar	SECOND	
3		V		Shreya Tambe	SECOND	
4		M		Vinmayee Kannav	THIRD	
5	VII	M	Debate Competition	Anshika Shitole	WINNING TEAM	Mrs. Amrapali Aurangabadkar
6		V		Ira Kulkarni		
7		E		Aryan Pawar		
8		E		Arjun Karande		
9		E		Avdhut Kaduskar		
10		E		Raj Vaghela		
11	VIII	M		Abhidnya Kulkarni	WINNING TEAM	
12		M		Kooshagra Gujarathi		
13		M		Srujal Mhasavade		
14		V		Anusha Nalawade		
15		V		Swara Kondhare		
16		V		Mrunmayee Lagad		
17		V		Soham Dhule		
18		E		Sarthak Takle		
19	IX	M	Extempore	Swanandi Sangvikar	FIRST	Mrs. Amrapali Aurangabadkar
20		M		Sanjita Mahale	SECOND	
21		V		Sai Kothavade	THIRD	
22		M		Prasanna Deshpande	THIRD	
23	X	M		Avnish Bangale	FIRST	
24		E		Shridhar Marne	SECOND	
25		M		Rutuja Mane	THIRD	
26	VI	M	Hindi Diwas Poster Making with Slogan Competition	Viren Mahajan	FIRST	Mrs. Suvarna Tambe, Mrs. Tanuja Joshi
27		E		Manas Pethe	FIRST	
28		M		Swaraj Mane	SECOND	
29		M		Parnavi Jog	SECOND	
30		M		Arnav Pimprikar	THIRD	
31	VII	V		Arpeeta Pawar	FIRST	
32		M		Purva Shinde	SECOND	
33		M		Nilay Gurav	THIRD	
34	IX	V		Arnav Raut	SECOND	
35	X	M		Shaista Sayyed	FIRST	
36		E		Shridhar Marne	THIRD	
37	VI	E	Singing	Arpita Kavthalkar	FIRST	Mr.Meghan Shrikhande
38		V		Ramnee Kulkarni	SECOND	
39		V		Yadnyee Deshmukh	SECOND	
40		V		Meera Satav	THIRD	
41		V		Shubhra Jagtap	THIRD	
42		V		Swarali Chimbalkar	FIRST	
43	VII	V		Ira Kulkarni	SECOND	
44		M		Swara Humbare	THIRD	

Sr. No.	Std.	Div.	Competition Name	Name of the student	Rank	Name of the Judge
45	VIII	M	Singing	Anvi Badave	FIRST	Mr.Meghan Shrikhande
46		M		Abhidnya Kulkarni	SECOND	
47		M		Srujal Mhasawade	THIRD	
48	IX and X	M		Prapti Patil	FIRST	
49		M		Prasanna Deshpande	SECOND	
50		M		Reva Patil	THIRD	
51		M		Avani Joshi	THIRD	
52	VI	V	Best Book Reader Competition	Ramnee Kulkarni	FIRST	Mrs. Keerti Gandhe
53		M		Gauri Parmali	SECOND	
54		M		Samaksha Kulkarni	THIRD	
55		E		Manas Pethe	THIRD	
56	VII	V		Swarali Chimbalkar	FIRST	
57		M		Gargi Pawar	FIRST	
58		M		Anshika Shitole	SECOND	
59		M		Rugved Nogja	SECOND	
60	VIII	V		Sayee Kachare	THIRD	
61		M		Abhidnya Kulkarni	FIRST	
62		M		Sachee Chopade	FIRST	
63		M		Atharv Bhat	SECOND	
64		E		Soham Dhule	SECOND	
65		M		Maitreyee Godbole	THIRD	
66		E		Subhodh Dedage	THIRD	
67	VI	M	Best Book Reviewer Competition	Vinmayee Kannav	FIRST	Language Teachers
68		V		Shreya Tambe	SECOND	
69		M		Swaraj Mane	THIRD	
70	VII	M		Arnav Ashtekar	FIRST	
71		M		Anvi Gholve	SECOND	
72		M		Aardhya Sawant	SECOND	
73		E		Atharv Pise	THIRD	
74	VIII	M		Anvi Gole	FIRST	
75		M		Siddhi Joshi	SECOND	
76		M		Shreeya Sontakke	THIRD	
77	VI	V	Rangoli	Srushti Veer	FIRST	Mrs.Vaishali Shinde
78		E		Manas Pethe	FIRST	
79		V		Yadnyee Deshmukh	SECOND	
80		M		Vinmayee Kannav	THIRD	
81	VII	E	Flower Arrangement	Gayatri Kale	FIRST	Mrs.Anita Patil
82		V		Swarali Chimbalkar	SECOND	
83		V		Sayali Shinde	SECOND	
84		V		Om Kondhare	THIRD	
85		V		Pranav Thopate	SPECIAL MENTION	

Sr. No.	Std.	Div.	Competition Name	Name of the student	Rank	Name of the Judge
86	VIII	E	Cooking	Ananya Sawant	FIRST	Mrs. Prabha Dalvi
87		M		Anusha Nalawade	SECOND	
88		M		Sharvani Lonkar	SECOND	
89		M		Manasvi Bhadange	THIRD	
90		V		Mrunmayee Lagad	THIRD	
91	IX and X	M	Dance	Swanandi Sangvikar	FIRST	Mrs. Ashwini Kashyap
92		V		Sharvari Raykar	FIRST	
93		M		Mrudula Jadhav	FIRST	
94		M		Riddhi Maniyar	SECOND	
95		V		Swara Sakat	SECOND	
96		V		Shreya Jadhav	SECOND	
97		M		Sanskriti Talware	THIRD	
98		V		Swarali Adhav	THIRD	
99		V		Lakshmi Nair	THIRD	
100	VI	V	Quiz	Raj Redkar	WINNERS	Class Teachers
101	VII	M		Shrimayee Kelapure		
102	VIII	M		Anvi Gole		
103	VI	M	English Poetry Competition	Sanavi Ghode	FIRST	Mrs. Shilpa Khare
104		V		Shreya Tambe	FIRST	
105		M		Vinmayee Kannav	SECOND	
106		M		Tanishka Karale	THIRD	
107	VII and VIII	E		Sharayu Patil	FIRST	
108		V		Swarali Chimbalkar	SECOND	
109		M		Anusha Nalawade	THIRD	
110	VI	V	Drawing Competition	Yadnyee Deshmukh	FIRST	Mr. Pramod Kodollikar Mrs. Archana Vedpathak Mrs. Jayashri Kumbhar Mr. Rahul Pawar
111		V		Swara Joshi	SECOND	
112		V		Megha Shinde	THIRD	
113		E		Aryan Sakpal	FOURTH	
114	VII	E		Parth Kapade	FIRST	
115		M		Rugved Nogja	SECOND	
116		V		Arpeeta Pawar	THIRD	
117		M		Purva Shinde	FOURTH	
118	VIII	M		Siddhi Joshi	FIRST	
119		M		Tanishk Pathak	SECOND	
120		V		Gaurang Madavi	THIRD	
121		M		Kaivalya Wakhare	FOURTH	
122		M		Vedika Bhujbal	FIFTH	
123	VI to X	M	Magazine Cover Design	Gayatri Jadhav	WINNERS	Vision Heads
124		M		Shravan Bhokase		
125		M		Prasanna Deshpande		
126	VI to VIII	M	Spell Bee Competition	Tanishka Karale	FIRST	Class Teachers
127		V		Shreyans Chavan	FIRST	
128		M		Bhargavi Deshpande	FIRST	
129	VI	M	Marathi Poetry Competition	Swarashree Joshi	FIRST	Mrs. Prajakta Kulkarni
130		M		Viren Mahajan	SECOND	
131		M		Sharayu Sukum	SECOND	
132		M		Vinmayee Kannav	THIRD	
133	VII	V		Swarali Chimbalkar	FIRST	
134		V		Ira Kulkarni	SECOND	
135		E		Swara Zaware	SECOND	
136		V		Sayee Kachare	THIRD	
137		V		Arpeeta Pawar	THIRD	
138	VIII	M		Srujal Mhasavade	FIRST	
139		M		Anvi Gole	SECOND	

Interschool Competition Winners

Sr. No.	Std	Div	Competition Name	Name of the child	Rank
1	VI	V	Shikshan Vivek Organized 'Poetry Appreciation Competition' Individual Award	Yadnyee Deshmukh and Arnav Patil	Winner
2	VII	M		Manasvi Patil	
3	VIII	M		Srujal Mhasvade	
4	VI	M	Shikshan Vivek Organized 'Poetry Appreciation Competition' Group Competition (Std. V and VI)	Arnav Pimprikar	Consolation Prize
5				Swaraj Mane	
6				Viren Mahajan	
7	VII	M	Shikshan Vivek Organized 'Poetry Appreciation Competition' Group Competition (Std. VII and VIII)	Sanyukta Kale	Third Prize
8				Swara Chaudhari	
9				Manasvi Patil	
10	VIII	M		Abhidnya Kulkarni	Consolation Prize
11				Anvi Gole	
12				Shreeya Sontakke	
13	IX	M	Shikshan Vivek Organized 'Poetry Appreciation Competition' Group Competition (Std. IX and X)	Swanandi Sangvikar	First Prize
14	X	M		Avnish Bangale	
15	X	M		Saee Sontakke	
16	Alumni		Shikshan Vivek Organized 'Poetry Appreciation Competition' Group Competition (Youth group)	Pradnya Mane	Second Prize
17	Alumni			Veddika Kannav	
18	Alumni			Tejashree Dharmavat	
19	VI	V	Manache Shlok Inter - School Competition	Yadnyee Deshmukh	Second Prize
20	VI	M		Vinmayee Kannav	Third Prize
21	VI	E		Arpita Kavathalkar	Consolation Prize
22	VI	M		Rudra Nimbalkar	
23	VIII	M		Arnav Jadhav	Third Prize
24	VI	V	Manache Shlok Inter - State Competition	Yadnyee Deshmukh	Consolation Prize
25	IX	M	Raja Natu Drama Competition	Swanandi Sangvikar	Consolation Prize
26	IX	M	Aseem Foundation - Essay Writing Competition	Priyal Kedari	Second Prize
27	IX	M	Aseem Foundation - Elocution Competition	Swanandi Sanghvikar	Second Prize
28	VII	V	Swami Vivekananda Jayanti Kathakathan Competition	Swarali Chimbalkar	First Prize
29	VI	M		Viren Mahajan	Second Prize
30	III	M	Swami Vivekananda Jayanti Drawing Competition	Ovi Kore	Consolation Prize
31	VIII	M	KPIT Chhote Scientists Competition Group II	Abhidnya Kulkarni	First Prize
32				Anvi Gole	
33				Sangram Naik	
34				Tanishk Pathak	
35	X	E	Urja Drawing Competition - Under 17 Boys Group	Aditya Shinde	First Prize
36	VI	V	Urja Drawing Competition - Under 14 Boys Group	Param Pawar	Third Prize
37	VI	E		Manas Pethe	Consolation Prize
38	VII	M	Urja Drawing Competition - Under 14 Girls Group	Purva Shinde	Third Prize
39	VI	V	Cyber Genius Competition - MS-Paint	Harsh Jagtap	First Prize
40	VII	M	Cyber Genius Competition - Scratch Programming	Nilay Gurav	Second Prize
41				Aayush Hatwalne	
42	VIII	M	Cyber Genius Competition - ICT Startup Ideas	Anvi Gole	Second Prize
43	IX	M		Kavya Bhure	
44	IX	M		Hem Girme	
45	IX	M		Shravan Bhokase	

Interschool Urja Competition Winners

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Medal
1	X	E	Chess - Under 17 Boys	Ananya Mule	Silver
2	X	E		Shridhar Marne	Bronze
3	IV	V	Freestyle - Under 10 Boys	Swaraj Kolpe	Gold
4	IV	V	Freestyle - Under 10 Boys	Shantanu Satav	Bronze
5			Breaststroke - Under 10 Boys		Gold
6			Backstroke - Under 10 Boys		Silver
7	IV	E	Breaststroke - Under 10 Boys	Ishan Lohar	Silver
8	IV	V	Backstroke - Under 10 Boys	Vedant Sakpal	Bronze
9	III	M	Freestyle, Breaststroke, Backstroke - Under 10 Girls	Ovee Kore	Gold
10	VII	E	Freestyle, Breaststroke, Backstroke - Under 14 Girls	Kasturi Wanjale	Silver
11	V	V	Freestyle, Breaststroke, Backstroke - Under 14 Girls	Kanchan Wanjale	Bronze
12	VII	M	Freestyle and Backstroke - Under 14 Boys	Arnav Ashtekar	Gold
13	VII	M	Breaststroke - Under 14 Boys		Silver
14	VII	M	Freestyle and Backstroke - Under 14 Boys	Shrinik Bhambere	Silver
15	VII	M	Breaststroke - Under 14 Boys		Gold
16	VI	V	Backstroke - Under 14 Boys	Swaroop Chavan	Bronze
17	V	E	Backstroke - Under 14 Boys	Arnav Hasabnis	Bronze
18	VIII	E	Freestyle and Backstroke - Under 17 Boys	Spandan Akole	Gold
19	VIII	E	Breaststroke - Under 17 Boys		Bronze
20	X	V	Freestyle and Backstroke - Under 17 Boys	Shourya Mohire	Silver
21	X	V	Breaststroke - Under 17 Boys		Gold
22	IX	M	Backstroke - Under 17 Boys	Sairaj Katkar	Bronze
23	X	E	Freestyle, Breaststroke, Backstroke - Under 17 Girls	Namrata Wanjale	Gold
24	IV	E	Running - Under 10 Boys	Advait Shinde	Bronze
25	IV	M		Swara Kore	Bronze
26	VII	E	Running - Under 14 Boys	Omkar Surywanshi	Bronze
27	VII	E	Long Jump - Under 14 Boys	Aditya Konde	Gold
28	VII	E	Shotput - Under 14 Girls	Tanaya Patil	Silver
29	X	E	Running - Under 17 Boys	Yash Jadhav	Gold
30	IX	E		Varad Shirsat	Bronze
31	VIII	E	Running - Under 17 Girls	Vedika Shinde	Gold
32	VIII	M		Nupur Ghadshi	Bronze
33	VIII	E	Shotput - Under 17 Boys	Manav Nikam	Gold
34	VII	E	Relay - Under 14 Boys	Omkar Surywanshi	Silver
35	VII	V		Sai Deokule	
36	VII	E		Omkar Awale	
37	VII	M		Rudra Garde	
38	X	E	Cross-country - Under 17 Boys	Yash Jadhav	Gold
39	X	E	Relay - Under 17 Boys	Siddhesh Baikar	Gold
40	X	M		Sarvesh Kutre	
41	IX	E		Varad Shirsat	
42	IX	E		Yash Jadhav	
43	VIII	E	Relay - Under 17 Girls	Vedika Shinde	Silver
44	VIII	M		Nupur Ghadshi	
45	IX	V		Dnyaneshwari Bhumkar	
46	IX	V		Anvita Gujar	
*	Under 17 Boys Yogasan Silver Medal			Under 17 Boys General Championship	
	Under 17 Boys Kho-Kho First place			Under 14 Boys Kho-Kho First place	
	Under 17 Boys Tug of war First place			Under 14 Boys General Championship	

Z. P. District Level Competition

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Medal
1	X	E	Archery - Under 17 Girls	Tanishka Suram	Fourth Place
2	VII	E	Taekwondo - Under 14 Boys	Omkar Suryawanshi	First Place
3	VI	V	Kickboxing - Under 14 Boys	Darshan Shewale	Third Place

Sakal Schoolympics

Sr. No.	Std.	Div.	Competition Name	Name of the Student	Medal
1	VII	E	Taekwondo	Omkar Suryawanshi	First Place
2	VII	E	Judo	Rifat Maniyar	Second Place

Euphoria - Sports and Wellness



Under 14 Boys Khokho
First place



Under 17 Girls Relay
First place



Under 17 Boys Khokho
First place



Under 17 Girls Running
First place and Second place

Kokum helps with digestion, reduces acidity, promotes metabolism, and has antioxidant and cooling effects.



Euphoria - Sports and Wellness



Under 17 Boys Shotput
First place



Under 17 Boys Tug of War
First place



Under 17 Boys Running
First place



Under 14 Long jump
First Place



Under 10 Girls & Boys
Running Third place



Under 17 Boys
Cross country Winner

Fennel alleviates bloating and indigestion, supports hormonal balance, and has anti-inflammatory and antioxidant properties.



Sports Competition Team Event Winners - Girls				
Sr. No.	Std.	Team Event	House	Rank
1	VI and VII	Kho-Kho	Prithvi	First
			Akash	Second
2	VI and VII	Dodgeball	Akash	First
			Prithvi	Second
3	VI and VII	Kabaddi	Trishul	First
			Prithvi	Second
4	VIII, IX and X	Kho-Kho	Agni	First
			Prithvi	Second
5	VIII, IX and X	Throwball	Agni	First
			Prithvi	Second
6	VIII, IX and X	Tug of War	Agni	First
			Prithvi	Second
Sports Competition Team Event Winners - Boys				
Sr. No.	Std.	Team Event	House	Rank
1	VI and VII	Kho-Kho	Akash	First
			Trishul	Second
2	VI and VII	Dodgeball	Agni	First
			Trishul	Second
3	VI and VII	Kabaddi	Agni	First
			Prithvi	Second
4	VIII, IX and X	Kho-Kho	Trishul	First
			Prithvi	Second
5	VIII, IX and X	Throwball	Prithvi	First
			Agni	Second
6	VIII,IX and X	Tug of War	Trishul	First
			Akash	Second



The Betel leaf (Paan) is chewed with areca nut.



Sports Competition Winners - Girls					
Sr. No.	Std.	Div.	Competition	Name of the Students	Rank
1	VI	M	Running	Sanvi Hagalhole	Gold
2		E		Saina Choudhari	Silver
3		V		Rugvedi Patil	Bronze
4		M	Long Jump	Sanvi Hagalhole	Gold
5		V		Megha Shinde	Silver
6		E		Vedanti Jagtap	Bronze
7		V	Shotput	Rugvedi Patil	Gold
8		V		Veda Deulgaonkar	Silver
9		M		Anagha Dixit	Bronze
10	VII	M	Running	Swara Chaudhari	Gold
11		E		Reva Kamthe	Silver
12		M		Kasturi Kulkarni	Bronze
13		E	Long Jump	Reva Kamthe	Gold
14		V		Samiksha Sangle	Silver
15		E		Sharayu Patil	Bronze
16		V	Shotput	Arpeeta Pawar	Gold
17		E		Tanaya Patil	Silver
18		V		Dnyaneshwari Pawar	Bronze
19	VIII	M	Running	Nupur Ghadshi	Gold
20		M		Vedika Shinde	Silver
21		V		Aditi Bhumkar	Bronze
22		M	Long Jump	Nupur Ghadshi	Gold
23		V		Aditi Padave	Silver
24		V		Aditi Bhumkar	Bronze
25		E	Shotput	Samruddhi Patil	Gold
26		M		Swaranajali Jagtap	Silver
27		V		Shruti Kadam	Bronze
28	IX	V	Running	Dnyaneshwari Bhumkar	Gold
29		V		Shravani Khopade	Silver
30		E		Swara Kela	Bronze
31		V	Long Jump	Gargi Thopate	Gold
32		V		Shivdiksha Kajale	Silver
33		V		Dnyaneshwari Bhumkar	Bronze
34		M	Shotput	Reva Patil	Gold
35		E		Gayatri Nikam	Silver
36		M		Aarya Pise	Bronze
37	X	M	Running	Rutuja Mane	Gold
38		E		Samruddhi Gholap	Silver
39		V		Lakshmi Nair	Bronze
40		M	Long Jump	Rutuja Mane	Gold
41		V		Lakshmi Nair	Silver
42		E		Samruddhi Gholap	Bronze

Sports Competition Winners - Boys					
Sr. No.	Std.	Div.	Competition	Name of the Students	Rank
1	VI	E	Running	Aarav Rege	Gold
2		M		Sarin Bidwai	Silver
3		E		Yug Shinde	Bronze
4		E	Long Jump	Aarav Rege	Gold
5		M		Prasanna Kurlikar	Silver
6		M		Sarin Bidwai	Bronze
7		E	Shotput	Vishwam Girme	Gold
8		E		Abheer Gate	Silver
9		V		Shrishailya Bhange	Bronze
10	VII	M	Running	Rudra Garde	Gold
11		E		Omkar Awale	Silver
12		V		Pravin Patil	Bronze
13		E	Long Jump	Aditya Konde	Gold
14		M		Vedant Nalawade	Silver
15		V		Swaroop Chavan	Bronze
16		V	Shotput	Jaykant Jambhale	Gold
17		M		Vedant Nalawade	Silver
18		E		Raj Vaghela	Bronze
19	VIII	E	Running	Shravan Borase	Gold
20		M		Kaivalya Wakhare	Silver
21		E		Jighnesh Marathe	Bronze
22		M	Long Jump	Kaivalya Wakhare	Gold
23		E		Soham Dhule	Silver
24		E		Jighnesh Marathe	Bronze
25		E	Shotput	Manav Nikam	Gold
26		V		Krishna Pisal	Silver
27		M		Kaivalya Wakhare	Bronze
28	IX	E	Running	Varad Shirsat	Gold
29		V		Aayush Agambare	Silver
30		E		Siddhesh Baikar	Bronze
31		E	Long Jump	Rounak Kurdekar	Gold
32		E		Siddhesh Baikar	Silver
33		E		Varad Shirsat	Bronze
34		M	Shotput	Amey Kudale	Gold
35		M		Devansh Joshi	Silver
36		E		Siddhesh Baikar	Bronze
37	X	E	Running	Yash Jadhav	Gold
38		V		Sanjan Acharya	Silver
39		M		Sarvesh Kutre	Bronze
40		E	Long Jump	Yash Jadhav	Gold
41		M		Avnish Bangale	Silver
42		M		Sarvesh Kutre	Bronze

Birds in Nature



Dr. Sanjeev B. Nalavade
(MA, M.Phil, Ph. D)

Dr. Salim Ali, the doyen of Indian Ornithology once wrote thus -" Birds could exist without man but that man would perish without birds". Birds are a critical part of our ecosystem and play a vital role maintaining the health of our ecosystems. Some of the major roles played by birds are:

1. Pollination:

Along with bees and butterflies, birds play an important role in pollination by transferring pollens from one plant to another. This process is essential for the fertilization of flowers. While probing flowers for nectar, birds pick up pollen grains on their beaks and feathers. As they move from flower to flower, they transfer pollen grains to other plants. Such 'flower-birds' include Sunbirds, Flowerpeckers, White-eyes.

2. Seed dispersal:

Many birds have fruits, nuts and berries as their main food. These contain seeds. The seeds then pass through birds' digestive system and are excreted in their droppings. Such seeds when dropped at a proper place are ready to germinate and grow into another plant. As birds fly from place to place, seeds are dispersed through their droppings into newer areas, contributing to the regeneration of plants.

3. Transfer of nutrients:

Birds play a key role in nutrient cycling. They transport nutrients between different segments of the ecosystem. For example: Insects feed on plants, birds feed on insects. When birds excrete their waste the nutrients return to the soil. Plants take up these nutrients for their growth and the cycle is completed.

4. Control over insects and rodents:

Many birds eat insects and rodents as their food. By consuming them, birds help keep insect and rodent populations under control, preventing

them from damaging crops and other vegetation.

5. Scavengers:

Vultures, kites and crows are useful scavengers. They dispose of carcasses of cattle and other animals dumped around our villages, thereby keeping our environs clean of any carrion and offal, a likely health hazard.

6. Cultural and aesthetic values:

Birds are a source of inspiration for art and music. Many bird species have cultural significance in different cultures and regions around the world. For example, white pigeons are a symbol of peace, freedom or love in many cultures. Colorful birds beautify our nature. Bird calls and songs can have soothing effects and may be source of happiness for some people.

7. Other aspects:

Many Wildfowl and Waterfowls have acted as major food-source for humans since ancient times. Many birds like parakeets and lovebirds were and still are popular cage birds. Pet peacocks always adorned our parks and gardens in the past. Accumulated excrement of some seabirds, such as Cormorants, Pelicans and Gannets, when found in huge quantity is called guano, and was used as a natural fertilizer in agriculture, especially during the historical past.

However, many bird species are facing threats to their survival. The major threats are habitat degradation and loss, hunting and poaching, collision against human-made structures and climate change. Intense conservation efforts are required to protect and restore bird diversity and bird populations and thereby maintain the health of our ecosystems.



At the threshold of Amrit Kaal.....



Mrs. Archana Kanoujia
(Secondary Section Supervisor)

Ours is a land of sages
Known for bravery since ages
Its culture and tradition are its lifeline
The rivers, mountains and forests shine
The people here are hardworking and kind
That makes the country heaven to reside

The lines above clearly state our country 'India's' image from the past till date. Our country was known as the Golden Bird which attracted many countries of the globe. These people visited India and aimed at establishing business but gradually strengthened their claws and captured us. It took a lot of time and a lot of blood to take us out from these claws and be free.

Though our country could breathe freely but there was a lot more to achieve. A lot of people spent days and nights to improve the situation and give India status – the status of being free, the status of being a developing power, the status of achieving the decided goals and proving to the world that India is in the race to compete with the global leaders and can achieve greater success in the coming years.

After lots of hard work and planning, India today finds its place among the global leaders as the fifth largest economy in the world surpassing many top countries. Our leap was so strong that during the times of the Pandemic when many countries suffered a setback, our country remoulded its dream to fit into the new dimensions of the economy and managed the Pandemic situation as well. We not only sufficed the need for Vaccines for our country's people but also provided the vaccines to many countries of the world.

Since 2014, Honourable Prime Minister Narendra Modi has guided India to become a significant

name in the globe by working tirelessly towards the progress in socio-economic factors, development of infrastructure, roads, healthcare, technology, skill development, entrepreneurship, gender equality and high-quality education.

On the 75th Independence Day our Honourable Prime Minister Shri Narendra Modi introduced the concept of Amrit Kaal or The Era of Elixir to the entire nation. Amrit Kaal is the Prime Minister's vision 2047 for 'New India' – a new dawn for the country which will bring with it the chance to fulfill the nation's aspirations.

He envisioned the coming 25 years to restructure all fragments of the Indian economy through rapid profitable growth, better living conditions for all, infrastructural and technological advancements, re-awakening the world's trust in India and developing the education system. The Panch Pran or the 5 fundamentals of Amrit Kaal include the goal of developing India, elimination of any trace of the colonial mindset, honour and pride in our roots, development of unity and a sense of duty among Indians. And this can be achieved by restructuring the education system as it is the present youth who would be taking over the reins in the future India.

Keeping the goal of Panch Pran, the NEP 2020 offers a transformative curriculum, an educational framework that can weave together the five fundamentals of Panch Pran of Amrit Kaal and help the development of youth into a responsible citizen of India with all the skills, well versed with the new technology and is rooted to the nation when the nation celebrates 100 years of Independence in 2047.

New mindset for the new youth

The NEP envisions that the curriculum must develop a deep sense of respect towards fundamental duties and constitutional values, fostering a connection with Indian philosophy. This will enable the youth to understand the pre and post-colonial conditions which will pave way for understanding the mistakes and embracing the successes. India's leadership role in the G20 Summit, availing the vaccines, Article 370, reaching out to stressed countries through the relief operations and peacekeeping, surgical strikes can form references for classroom

discussions which will enable the youth to play a vital role in the development of the country.

Unity in diversity

The NEP emphasizes on India's rich cultural heritage and articulates how through collaborative projects and efforts the present generation can witness unity in diversity and cultural harmony. It will showcase the past instances of unified efforts in diversified situations and laying the foundation for an India where the youth is prepared for diversity. The youth would be educated about the rich diversity in Indian culture, religion, literature, history, traditions and scientific contributions. Paying visits to places will give them firsthand experience and help them to understand the conditions better. This experience will enable the youth to understand the importance of being united in spite of having diversity.

Making responsible citizens

The NEP targets the potential capability of the youth. It wants to create responsible citizens who are capable of solving any issue whether global or national. As the world is getting interconnected, the challenges are also interconnected or global. Students would be made aware of the examples of global issues which will help them understand the issues better and enable them to deal with it in a sensible manner. The NEP targets that the youth should become active promoters of a more peaceful, tolerant, secure and sustainable society.

Technology and development

Our country is a treasure house of knowledge. It has a great history of inventions which led to the development of science and other aspects. The different art forms, languages, cultures, traditions, artifacts, customs, sources, literature, heritage sites developed thousands of years ago will open new horizons for the youth. They would use technology as a tool to explore and share their cultural heritage. The inventions in the past will be a path shower for the present youth which will lead to innovation and inventions.

Integrated subjects integrated approach and multilingualism

The main goal of NEP is to eliminate the difference between the capabilities of the youth in terms of

using technology. Subjects such as Arts, Science, Mathematics, Social sciences, Music are integrated into one curriculum. This will allow the youth to choose their stream as per their choice and attain complete knowledge in it. This will help the youth to nurture cultural pride and statistical significance. This integration will enable the youth to decide their future in the very beginning which will foster greater success in the same field. Introduction of mother tongue and other languages will help the youth to open up and share their concerns and ideas without any hesitation.

Adapting new technology

The world is moving very fast which means that the youth also need to move with the same pace. The new technologies like AI, Power BI to name a few are keeping their foot firmly and occupying its position in the global market. Indian medical professionals and researchers are using these techniques for making these facilities cost-effective. Our youth will have to adopt and adapt to such new technologies so that they can contribute in the same endeavor.

To sum up

Our country has the highest number of youth who have the ability to fuel these dreams. The duties of making India into a self-reliant country will fall on the shoulders of these youths who are enrolled in the schools today. To achieve the envisioned goal of Amrit Kaal our students should have all the necessary tools which will enable them to succeed in the modern 21st century. By adopting NEP our youth would be close to the country in terms of technology, multilingualism, selection of stream, skill development and being rooted to their country's culture. I am sure these 25 years will pave way for a grand India which will be again called as the 'golden bird'.



Lessons from Kargil for today's Youth



Priyal Kedari
(IX - E)

"In Kargil's rugged heights, valor stood tall,
Bravery's echo, where heroes answered the call"

The Kargil War was a significant conflict between India and Pakistan during 1999. The conflict saw tense battles at high altitudes in mountainous terrain. The Indian warriors faced tough challenges and showed great courage. Their efforts definitely paid off! After three months of fighting India hoisted its tricolor back on the peaks of Kargil.

The Kargil War was not just a war, it was a representation of our country's capability, ability, military strength, leadership, pride, advancement in technology etc. The war has taught us lots of things on which we are working or have worked upon. It has shown us that there is always scope for conventional war even though the era of stand-off weapons like drones, cyber, and missiles has dawned. The dangers of unresolved territorial disputes and potential of conflict escalation in South Asia came to be known to the government.

A lot of changes and reforms were made after the war. India started focusing on resolving the terrorism issue in Kashmir and disputes regarding its land. There has been a significant increase in border security and military strategies after the Kargil War. India started giving more importance to International diplomacy. We started building new relations with different countries. India has conducted various operations after the Kargil War regarding terrorism in Jammu and Kashmir area like Operation All Out, Operation Calm Down, Operation Sarp Vinash etc.

There is a quote which says "Learn from the past, work in the present, for the future." The war is the

past of our country. The people of our country have learned a lot of things from the Kargil War. After all these years, people still remember the teachings they got from it. In today's date our country is upgrading itself with time and marching on the path of development. We all know that our current youth is the future of our country. There are a lot of things our youth can learn from the Kargil War.

During the Kargil War soldiers gave their lives to keep our country and its people safe. Today's youth look up to the heroes of the Kargil War and listen to their stories with awe. There are also a lot of movies available on the Kargil War. Such stories and movies instill a sense of patriotism and love for our country in their minds. It encourages youth to respect and appreciate the efforts of armed forces and the government. The youth also draws inspiration from the warriors of the Kargil War by contributing positively to their communities and country, whether through military service, public service, or simply by being responsible citizens.

The sudden attack by Pakistani forces in Kargil highlighted the importance of preparedness and vigilance in defense and security. For today's youth, this lesson translates into being proactive and prepared in all aspects of life – whether in education, career, or personal development. It also tells them to be prepared for any situation. It emphasizes the need to face challenges, plan effectively, and stay vigilant to avoid potential downfalls.

The Kargil War highlighted the role of technological advancements, such as surveillance, communication, and military equipment, in modern warfare. This tells us the importance of embracing and adapting to technological innovations in various fields. Today's youth can draw inspiration to innovate, explore STEM fields (Science, Technology, Engineering, Mathematics), and harness technology for social progress, national defense, and global development. This can also inspire them to work for their country's progress.

During the Kargil War in 1999, the then Prime Minister Shri. Atal Bihari Vajpayee showed great

leadership and managed the situation nicely . It encourages youth to take responsibility for their actions, inspire others through their conduct. The Indian Army and the government showed seamless coordination and cooperation among themselves. This teaches youth the value of teamwork, collaboration, and mutual support in achieving collective goals It emphasizes the importance of respecting diverse viewpoints, communicating effectively and working harmoniously with others in academic, professional, and community settings.

More than 500 were dead and 1300+ were injured during the Kargil War. The youth should acknowledge that war ends up with nothing but destruction and loss of life. We should remain peaceful and avoid fighting. It harms us as well as the others. It emphasizes the importance of promoting harmony, tolerance, and empathy in communities and advocating for peaceful resolution of disputes at all level

The Kargil War highlighted the significance of Diplomacy and international relations. Post-Kargil, diplomatic efforts were necessary in reducing tensions and restoring peace between India and Pakistan. It gives the youth encouragement to think differently about wars and dealing with it through diplomatic solutions. It gives them the idea of how global politics works and how it affects the citizens.

The commitment and dedication shown by soldiers during the war teaches the youth the value of commitment to their goals. It teaches them to work hard with dedication towards their goal. It inspires them to persevere through challenges and strive for excellence in their path.

In the 21st century wars are not being played on battlefields, but they are being played by exploiting the youth of the opponent countries. Due to Social media the people from all around the world are getting connected to each other. But also due to it things like drugs, alcoholism, smoking, addiction etc. are being portrayed as normal by other countries to the youth. There is a huge impact on the minds of our youth due to such things. The youth is getting diverted in the wrong direction of living a life. If things like these continue, it will be very harmful for our country's

future as well as our youth.

We need to keep the youth on the right path. That's why this is the right time to teach the youth the teachings we got from the Kargil War. This year we would be celebrating 25th Kargil Vijay Diwas on 26th July. Every year we pay tribute to the martyrs of the Kargil War on this day. This year we can conduct different activities like essay writing, dance, elocution, extempore, debates on the topic of Kargil War. We can encourage the youth to attend lectures of soldiers or organizations which inspire them to be a better person and do something for our country and its people. We can help them to volunteer in NGOs which help the families of martyrs of The Kargil War.

It's been 25 years since the Kargil War, and still we remember the war with solemn gratitude. It reminds us of the ultimate price paid by our soldiers who laid their lives while defending our country. We honour the memories of those who made the ultimate sacrifice and renew our pledge to uphold the values they defended with valour and honour. We have learned a lot of things from the Kargil War. The soldiers who gave their lives for the country and the people who worked tirelessly during the war are still there in our hearts. A huge tribute to them.

Jai Hind!



Nature Through My Lens: A Journey of Connection and Memories



Gayatri Jadhav
(IX - M)

Nature has always been more than just a sight to behold for me—it is a part of who I am. The soothing rustle of leaves, the golden hues of the rising sun, and the gentle embrace of the evening breeze brings a sense of peace that nothing else can match. It is in these moments that I feel most alive, most connected.

प्रकृतिः मम हृदये नित्यं वसति सुस्थिरा
सा मां संजीवयत्येव सौन्दर्येन स्वभावतः॥

(Nature forever resides in my heart, unwavering and strong. Its natural beauty constantly revitalizes me.)

My journey in nature photography began in my village, where the lush green fields and open skies felt like home. I would often pause to admire the simple yet profound beauty of nature—the way the sun painted the sky in hues of orange and pink or how raindrops glistened on leaves. I wanted to hold on to these moments, to preserve them beyond memory, and that's when I started capturing them through my mobile camera.

Later, as I returned to city life, I found nature even in small spaces — in my balcony, where tiny plants thrived, and in the skies above, where sunsets told different stories each evening. The more I observed, the more I realized that nature is not just in vast landscapes but also in the smallest, unnoticed details.

When I first started, I knew little about photography techniques. Adjusting exposure, saturation, vibrance, vignette, brightness, and contrast felt overwhelming. But as I spent more time clicking pictures, I gradually explored and experimented with these settings. I learned how the right balance of light and colour could bring out the essence of a moment. Photography, I realized, was not just about capturing an image but about expressing emotions and stories

through it.

All my photographs, till now, have been taken on a mobile phone. Some may believe that professional cameras are necessary for capturing stunning images, but I have found that the magic lies in the perspective, not the device. A mobile phone, when used with the right vision, can freeze a fleeting sunset or a delicate flower with as much beauty as any high-end camera.

Photography, for me, is not just a hobby—it is a way to connect with nature and preserve the emotions it brings. I don't just capture images; I capture feelings, warmth, and memories. Sunrises and sunsets have a special place in my heart—their colours spread across the sky like a painting, and I can sit for hours just watching them. The sunrise feels as if the day is going to be the happiest and brightest, full of opportunities and joyful moments to cherish. Sunsets feel as if the day has ended but still it's the hope for the next day to rise with new opportunities and memorizing the happy moments which I cherished in my life. But beyond watching, I wanted to relive these moments again and again. That's why I started capturing them—to keep them with me forever.

Nature has a way of healing, of bringing joy in the simplest forms. Through photography, I have learned to appreciate even the smallest wonders—a leaf swaying in the breeze, a bird resting on a branch, or the ever-changing sky. This journey has not just been about clicking pictures but about strengthening my bond with nature, one frame at a time.

If there is one thing I have realized, it is that nature is always around us, waiting to be felt, seen, and cherished. All we need to do is pause, observe, and embrace its beauty.



My Journey into Astronomy: From Curiosity to Exploration



Gayatri Jadhav
(IX - M)

Since childhood, I have been fascinated by space, the universe, and telescopes. The thought of distant planets, shining stars, and the mysteries of the cosmos always intrigued me. I used to explore astronomical facts, learning more and more about the universe. However, despite my deep curiosity, I never actively participated in astronomy-related activities—until recently.

My first real experience came when my school organized a 'skygazing' activity in collaboration with Jyotirvidya Parisanstha (JVP). Seeing celestial objects through a telescope for the first time was mesmerizing. Later, I visited an exhibition titled "Footprints of Astronomy" at Yashwantrao Chavan Natyagruha, organized by JVP. This exhibition opened my eyes to the vast history of astronomy, showing how civilizations across time studied the night sky.

On that day, I officially became a JVP member and was added to a WhatsApp group where astronomy enthusiasts and experts discussed various topics related to physics, science, and space. The more I explored, the more I realized how little I knew. The universe wasn't just vast—it was beyond imagination, and my previous knowledge felt as tiny as an ant in comparison.

As my interest grew, I found myself drawn to astrophotography. I wanted to capture the beauty of the night sky through my mobile camera. I started learning about adjusting exposure, shutter speed, focus, and ISO to enhance my images. My first successful capture was the rare supermoon lunar eclipse of 2024. Seeing my photograph of such a celestial event felt like a great achievement.

Encouraged by this, I continued exploring. I photographed iridescent clouds, the full moon, and the Venus-Moon duo in January and February

2025. Each image told a story, and each attempt improved my understanding of how to capture celestial phenomena.

Another unforgettable experience was my visit to Kesariwada Jyotirvidya Observatory (KJO) to observe the planetary parade, an event conducted by JVP. Watching multiple planets align in the night sky was breathtaking. The event not only deepened my appreciation for celestial mechanics but also reinforced my passion for astronomy.

All these experiences sparked a new question in my mind. If space is a vacuum, do celestial objects still have specific frequencies? If they do, is it possible to capture these frequencies as some form of sound? Has any space agency conducted experiments to detect these vibrations?

This curiosity has led me to plan a deeper study on this topic in May 2025. I hope to explore scientific research, analyse past experiments, and possibly find answers to this intriguing question.

My journey into astronomy has been incredible. From a curious child reading about space to actually participating in observations and astrophotography, every step has expanded my understanding of the universe. But the more I learn, the more questions arise, reminding me that astronomy is a never-ending exploration. There is always something new to discover, and I am excited to continue this journey.



A blooming experience: My journey with 'Srushti: Saplings and Manure'.



Radhika Jadhav
(IX - M)

Throughout our lives, we gain numerous experiences. They can be either positive or negative. This article recounts my experience as a small part of a business venture.

After Diwali, our school decided to organise a 'Fun and Learn' funfair. The primary objective of this activity was to teach students about business principles. This event was open to students from Std 4 to 10. Each class was responsible for organising their respective stalls. The entire school was engaged in preparation for the funfair.

As for me, I was part of the 'Srushti – Plants & Saplings' stall. Our task was to grow and sell plants. Students from Std. 6th and 9th were part of this stall. Our preparation began at the start of December.

In business, several factors are crucial, such as marketing, advertising, knowledge, products, and services. Therefore, tasks were distributed among students. Std. 6th students were responsible for growing plants, while Std. 9th students focused on planning marketing strategies.

After discussing our approach, we decided to create QR codes (containing information about each plant), pamphlets, a signboard, designer hats (to attract customers), selfie points, and badges. Initially, my task was to gather information about plants for the QR codes. This took approximately 2-3 days. We compiled the information in Marathi to ensure everyone could understand. We typed the information in Microsoft Word, organised it neatly, and printed it in QR code format.

Simultaneously, we took care of the plants by watering, replanting, and transferring them to areas with more sunlight. Our daily routine was quite engaging.

The funfair was scheduled on 24th and 25th

December. A week prior to the event, we began crafting our signboard, hats, paper tree (as a selfie point), and other items. This week was the most productive for us, as we worked diligently to achieve our expected profit. We enjoyed the process immensely.

As the 24th and 25th approached, we arrived at school on Sunday to prepare. After a week of hard work, we were finally ready. We felt satisfied with our preparations. Our strategy was to sell plants at reasonable rates. We created organic manure and Jeevamrut (organic fertiliser).

During the funfair, from 4 pm to 8:30 pm, we set up our stall, transferring 50% of the plants. We kept the remaining 50% for the second day of the funfair. Later, the moment we had been waiting for arrived – selling our plants. We came to school at 3:30 pm, feeling slightly nervous.

Our stall offered a variety of plants, including Rose, Hibiscus, Aster, Zinnia, Gazania, Aloe vera, Rosemary, Spider plants, Snake plants, and Tulsi. We categorised them into ornamental plants, indoor plants, outdoor plants, and medicinal plants. Around 4 pm, visitors started arriving, and our work began.

Std. 6 students distributed pamphlets while wearing hats and badges, impressing the visitors with our creative approach. As customers gathered, we showcased our plants and provided brief information. We were astonished by the large number of customers. Once the customers started coming, we were busy till 8:30 pm.

On the second day of the funfair, we did not anticipate such a large crowd. However, we were pleasantly surprised. With the same enthusiasm as the first day, we continued our work. After the event concluded, we had sold a substantial number of plants. We returned home feeling extremely satisfied.

Days later, we discovered that our stall had generated the highest profit. We were overjoyed and proud of our achievement. We were also delighted to have entertained our customers.

This experience taught me valuable lessons about teamwork, marketing, and entrepreneurship. I am grateful to have been part of the 'Srushti – Plants & Saplings' stall.

Terrace Garden



Swarali Chimbalkar
(VII - V)

From emptiness to greenery, my journey was full of knowledge.

Five years ago, when we relocated to a new bungalow, I initially felt like a fish out of water. My grandfather and father tried to introduce me to various activities that would bring me joy, but only one idea resonated with me: planting. My grandfather, although not an expert in gardening, recognised the potential of our spacious bungalow and began watching YouTube videos on cultivating small plants that could supplement our kitchen. We started by planting a few herbs and gradually added to our collection, to include Curry plant, Spider plant, Tulsi, Aloe vera, and more.

As we embarked on this journey, we soon realised that caring for plants was no easy feat. However, we were determined to find solutions and invested considerable time and effort into our gardening endeavour. Today, we take pride in our thriving terrace garden, which boasts over 80 plants. This year, my school offered terrace gardening as an option for enhanced learning activities, and I eagerly seized the opportunity. Alongside my fellow students, we planted a variety of Indian vegetables, and I thoroughly enjoyed the experience.

Through this journey, I have learned valuable lessons about responsibility and the importance of nurturing those who depend on us, much like the plants and trees that rely on our care.

My Memorable visit to Ajanta Caves



Neelay Gurav
(VII - M)

I had heard a lot about the Ajanta Caves over the past few years. Even last year, I read about the Ajanta Caves in our History textbook and was awestruck by the glory of the caves. This year, I planned a visit to the Ajanta Caves with my parents. To break up our long journey, on Friday after I finished school, we went to my grandparents' house in Ahmednagar. There were some stunning scenic views along the way. We stayed there for a night. The next day, we woke up, got ready, bid grandmother a goodbye and set off on the journey with my grandfather from Ahmednagar to the Ajanta Caves. The journey took approximately four hours.

Upon arrival at the Ajanta Caves, we purchased our entry tickets. The Ajanta Caves are one of the UNESCO World Heritage Site. There are 26 caves in total. These include monasteries and worship halls. Cave - 1 is the most beautifully decorated and features the renowned Padmapani mural. Cave - 10 contains a massive prayer hall. Caves - 16 and 17 have some of the best-preserved and most famous paintings. Cave 26 is situated on a horse-shoe shaped cliff. The wall on the left side, near the entrance to this cave, features a massive Buddha sculpture, 7 metres in length, depicting the Buddha reclining on his right side. The wall on the right side is full of sculptures.

After collecting many wonderful memories and gaining valuable knowledge, we left the site at around 3 pm and returned to my grandparents' house. That evening, I entertained my grandmother with stories about the caves, which I had heard from the local guides. The following day, we departed for Pune, eager to share my exciting experiences with my school friends and teachers.

Letter to the Honourable Prime Minister of India



Shreya Pacharane
(X - V)

To,
Hon'ble Prime Minister
Shri Narendra Modi

Subject - Urgent Need for Action to address Rising cases of rape and sexual harassment in 2024

Respected Prime Minister Shri Narendra Modi ji,
I hope this letter finds you in good health. My name is Shreya Damodar Pacharane, and I am a student at Vision English Medium School in Narhe, Pune.

I am writing to express my deep concern regarding the alarming rise in rape cases and sexual harassment in our country in 2024. The rising number of such horrible crimes against women is reminder of the urgent need to strengthen our efforts to protect the dignity and safety of women in India.

Recent reports of sexual violence from various parts of the country have shocked the nation and highlighted the ongoing problems that women continue to face. These incidents not only inflict immense suffering on the victims and their families but also create an atmosphere of fear and insecurity among women across the nation.

I firmly believe that under your leadership, India can take decisive action against these crimes and safeguard the rights and dignity of women. Furthermore, I propose that the slogan "Beti Padhao, Beti Bachao" (Educate the Girl Child, Save the Girl Child) be revised to "Beta Padhao, Beti Bachao" (Educate the Boy Child, Save the Girl Child), emphasizing the importance of educating boys to respect and protect girls.

I sincerely hope that you will take prompt action to provide justice to the suffering victims and their families.

Thank you for your attention to this pressing matter.

Yours sincerely,
Shreya Damodar Pacharane



Vihan Bharatiya
(X - V)

To,
Hon'ble Prime Minister
Shri Narendra Modi

Subject: Addressing Youth Unemployment Challenges in India.

Respected Prime Minister,

I hope this letter finds you well. I would like to begin by commending your leadership and the transformative initiatives that have significantly contributed to our nation's progress. Programmes such as Digital India and Make in India have driven technological advancement and industrial growth, while infrastructure projects under "Bharat Mala" and "Sagar Mala" have enhanced connectivity and economic opportunities across the country.

However, despite these positive developments, youth unemployment remains a pressing concern. A significant proportion of our young population continues to struggle in securing stable employment, which hampers both personal growth and national development. The mismatch between education and industry needs remains critical, leading to extended periods of joblessness. Moreover, many skill development programmes fail to reach vulnerable sections of society, especially in rural areas.

The rapid pace of technological advancement necessitates continuous upskilling, which many young people cannot afford due to financial constraints. Without adequate support, these challenges will persist, leaving a large section of our youth underutilised.

The youth of India are our most valuable asset, and their empowerment should be a national priority. I am confident that under your visionary leadership, we can address these challenges and unlock their full potential.

Thank you for your time and consideration.

Yours sincerely,
Vihan Bharatiya

Letter to the Honourable Chief Minister



Aastha Sangar
(X - V)

To,
The Honourable Chief Minister,
Eknath Shinde Ji,
CMO, Maharashtra

Subject: - Urban development of Maharashtra
Honourable Chief Minister Eknath Shinde Ji,

I am writing to express my sincere appreciation for the initiatives undertaken by the Government of Maharashtra in the field of urban development. I have been closely following your work and am impressed by the remarkable progress and development in the state.

I understand the vital role that urban development plays in the growth and advancement of our society. Your leadership and vision have been instrumental in bringing about positive changes and improvements in the urban landscape of Maharashtra.

Your recent initiatives, such as the Jalyukt Shivar Abhiyan, Housing for All, and the Smart City Mission, as well as the Women Empowerment Act in rural areas, have been truly commendable. These initiatives have positively impacted the lives of many citizens. The efforts taken to enhance infrastructure, transportation, and sanitation facilities in the state have not gone unnoticed.

I would also like to take this opportunity to express my gratitude for the prompt and efficient services provided by your departments in addressing concerns and queries raised by my organisation. The swift response and action taken by your team have been highly appreciated by my team.

As you continue to work towards your mission, I hope to collaborate with your departments in the future and contribute towards the development of our state. I am confident that under your leadership, Maharashtra will continue to prosper and reach new heights.

Once again, I would like to extend my heartfelt gratitude towards you and your team for your hard work and dedication for the betterment of Maharashtra. Thank you for your time and consideration.

Yours faithfully,
Aastha Sangar



Aarjavi Arankar
(X - M)

The rain will go away

The stormy night had hit the windows,
The wind spoke more than you'd know.
Every hurdle of life is what it brought,
"Stand and deliver... Try at least. "

It's what it called.

It would ask you to face.

Step out of the house and you'd fly away.
Every now and then the lightning strikes,
A surprise you'd get, trust me though;
The rain will go away.

Thunderous clouds had shown up again,
Every town, every house afraid to be blown
away,

Every time it came, everything it took.

Don't be afraid little one.

Sooner or later, it'll give us space.

Trust me once again, will you?

I know it's all our bad time

One day or the other; the rain will go away.

Letter to the Honourable Prime Minister of India



Kaushal Bobade
(X - V)

To,
Narendra Modiji ,GOI,
South Block, Raisina Hill,
New Delhi- 110069

Subject - Concern regarding diverted coaching syllabus

Respected Sir,

I hope this letter finds you in good health. My name is Kaushal Surendra Bobade, and I am writing to express my concern about the current teaching syllabus in our educational institutions.

As you are aware, education plays a pivotal role in shaping the future of our nation. However, I believe that our current syllabus is influenced by colonial perspectives, particularly those of the

British. While it is essential to acknowledge historical context, we must also recognise that our education system should reflect our own cultural heritage, values, and aspirations.

The British colonial rulers intentionally suppressed indigenous knowledge systems during their rule. As a result, many traditional scientific discoveries and cultural achievements have been overlooked in our syllabus. I firmly believe that our syllabus should prioritise topics that are essential for environmental sustainability in the 21st century.

Furthermore, I think it is crucial that we place equal emphasis on nurturing scientists, entrepreneurs, and innovators, rather than solely focusing on producing doctors and engineers. This will enable us to build a more diverse and sustainable future for India.

I kindly request your intervention in revising our teaching syllabus to address these concerns. By incorporating a more balanced and culturally relevant curriculum, we can empower our students to become informed, critical thinkers who contribute meaningfully to our society.

Thank you for considering my views.

Jai Hind, Jai Bharat!

Yours sincerely,

Kaushal Surendra Bobade



Arpita Khiste
(VII - M)

Whispers of the Stars

Above the world, so vast and wide,
A million stars in silence hide.
They shimmer bright in the universe's hold,
Like golden dreams, in minds untold.
Each twinkling star, whispers a tale unknown,
A path designed, but still not shown.
The stars, like the silent poet in the sky,
Writing tales on destiny as time flows by.

Not just fate, but hopes we weave,
Manifesting what we believe.
Every star one lost in night,
Still finds a way to shine so bright.
Every turn, each rise and fall,
Has a purpose that guides us all.
The universe holds a map inside,
Where your destiny glows and dreams reside.

सोनचाफा



अदिती पाटील
(१० वी - व्हिनस)

एक पाकळी इवलीशी
हळू अशी उमलली
दवबिंदूच्या स्पर्शाने
हळू कशी ती खुलली ||१||

मग गंधाची कुपी उघडली
सुवास पसरे त्याचा
मंद गंध हा मुक्त दृश्याने
बघा सोनचाफ्याचा ||२||

बंधन नाही मजला कसले
नाही काळजी कसली
किरणांच्या मृदू स्पर्शाने
पाने बहरून आली ||३||

आविष्कार हा केवळ आहे
एका पावन स्पर्शाचा
मंद गंध हा मुक्त दृश्याने
बघा सोनचाफ्याचा ||४||

पुष्प म्हणावे, अर्पूनी द्यावे
कधी देवाच्या चरणी
फूल म्हणावे, माळूनी घ्यावे
कधी गजरा होऊनी ||५||

भाव कसाही असो अंतरी
देहाचा वा आत्म्याचा
मंद गंध हा मुक्त दृश्याने
बघा सोनचाफ्याचा ||६||

जे जे घडते नियतीने
ते ते घडूनी जाती
मुक्त होऊनी जगूनी घ्यावे
हेच असते हाती ||७||

हेच सांगते सृष्टी सारी
हाच अर्थ त्याचा
मंद गंध हा मुक्त दृश्याने
बघा सोनचाफ्याचा ||८||

चिऊताईचा आनंद

खिडकीमधूनी कशी अचानक
चिवचिव ऐकू आली
समोर छोटी इवलीशी
चिऊताई काय म्हणाली?
अशी उदास का ग वेडे

काय जाहले तुजला?
इवल्याश्या त्या चोचीने
प्रश्न विचारी मजला,
काय सांगू मी, कसे सांगू मी
प्रश्न कठीण आहे,
चिऊताई माझे आयुष्य
खूप अवघड आहे,
ताण किती हा सांगू बाई
सहन होत नाही.

रात्र रात्र मग डोळे माझे
मिटता मिटत नाही
भूतकाळच्या चुका आणि
भविष्यातली चिंता
अशा अनेक ताणांनी
आनंद हरवला आता
आपल्या छोट्या पंखांना
सैल करीत हसली
चिऊ म्हणाली वेडे, तुला
फक्त दुःखे दिसली
घरटे माझे तुटले तरीही
मी कशी चिवचिवते?
सारे आहे तुझिया ठायी
तरी अशी का रडते?

गोष्ट आहे साधी, वेडे
कळत कसे ग नाही
आनंद आहे अंतरी
उगाच शोधत राही
आनंदाचे रहस्य आता
मला असे उमजले
समाधान हे उत्तर त्याचे
मी आनंदी झाले.





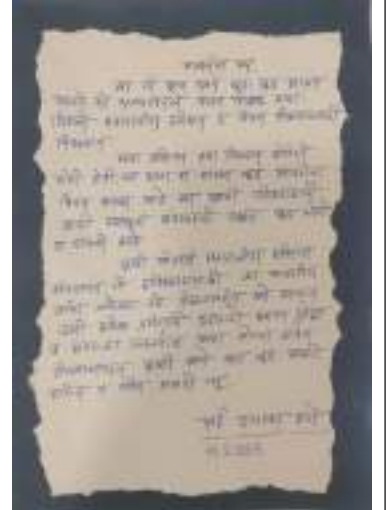
अवनीश बंगाळे
(१० वी - मवर्युरी)

जिने हात पकडून लिहायला शिकवलं,
आज तोच हात सोडून निघण्याची वेळ आली,
मी शांत झालो पण माझी शाळा बोलती झाली,
म्हणाली,
तुमच्यासोबत घालवलेला प्रत्येक क्षण मला आठवतो,
प्रत्येक विद्यार्थी या प्रवासात फक्त सुंदर आठवणी साठवतो!
मी तुम्हाला वाढताना काय, घडताना पाहिलं आहे,
आज तुम्ही निघत आहात, पण तुमच मन इथेच राहिलं आहे!
लहानाचे मोठे होता होता काळ हा सरता झाला,
आज शेवटी या नंदनवनातून निरोप घ्यायचा क्षण आला!
आनंदाचा आनंद ह्याच नंदनवनात अनुभवला,
आयुष्यातील सर्वात सुंदर पर्व आम्ही इथेच आमच्यात रुजवला!
अश्रू आहेत डोळ्यात, मात्र मन विंब भिजले आहे,
कालच्या आनंदात आजचे दुःख एका वर्तुळात लपून सजले आहे!
माझी इच्छा हीच की, (शाळेची इच्छा)
हत्तीने ज्या सहजतेने शूंड दंडावर पुष्पमाला खेळवावी,
तितक्याच सहजतेने तुम्ही सर्वांनी ही शाळा आठवावी!
आजच्या आठवणींची शिंदोरी घेऊन नव्या युगात तुम्ही प्रवेश
करावा,
हा अंत नव्हे, तर एका नूतन पर्वाचा आरंभ व्हावा!



मृण्मयी कुलकर्णी
(१० वी - विहस)

माझ्या मनीची व्यथा काय मांडू मी शब्दांत
ती तर नेत्रातूनी नदीसम वाहते.
हृदयात एक घाव अन दुःखाश्रु नयनात
आज कृतज्ञता व्यक्त करते.
आज मनी एक काळजी दाटते
नवलाईची ही मनाला आज का भीती वाटते?
प्रभात स्वप्नांची अंगणी वाट पाहते
तरीही या काळजात तुझीच स्मृती रेणाळते.
स्नेहपूर्ण नाती, गुरुजनांचे संस्कार लाभले
तेजोमय सत्कर्माच्या पथावर पाऊल टाकले.
या शाळेमुळेच आकांक्षांना पालवी फुटली.
रम्य अशा या बालसंगीतात
अलबेल स्वच्छंदीची गोष्ट जाणली.
या विद्यालयातून जे धडे मिळाले
मुसाफिर होऊनी ते आज पाठी बांधले.
ज्ञानाची ही शिंदोरी घेऊन प्रस्थान आम्ही करू
निरोपाच्या पायघड्या आज सजवल्या
परी या सरस्वतीशी अविखतबंध आम्ही ठेवू.



सई कचरे (७ वी विहस) लिखित कृतज्ञता पत्र प्रति श्री. ओमकार नेलेंकर सर



सौ. स्वाती कानडे
(मराठी विषय शिक्षिका)

प्रिय पालक,

विद्यार्थी व पालक यांना जोडणारा दुवा म्हणजे शिक्षक. आपले शिक्षक सांगतात म्हणून अनेक गोष्टी विद्यार्थी आत्मसात करत असतात. अभ्यास, शिकवणी, परीक्षा, स्पर्धा, वेळेचे व्यवस्थापन, टक्क्यांचा ताण आणि सर्वत्र सुरू असणारी शर्यत याने आजचा विद्यार्थी हा त्रासून गेलेला आहे. धकाधकीच्या या जीवनात पालकांनाही आपल्या पात्यासाठी वेळ देणे कठीण होत चालले आहे. सुजाण पालकत्व कसे असावे? यासाठीच या पत्राच्या माध्यमातून पालकांशी साधलेला संवाद-

१. पालकांनी मुलांचे भावविश्व समजून घ्यावे.

पालकांनी मुलांची आवड जाणून घेतली पाहिजे. आपली मतं ही मुलांवर लादू नये. घरातून मुलांना प्रेम, आदर, आपुलकी, संरक्षण मिळाले पाहिजे. पालकांचा अतिरिक्त धाक असेल तर मुले ताणतणावात जगतात, प्रसंगी घर सोडून निघून जाण्याचेही धाडस करतात.

२. मुलांना वेळ द्यावा.

मुलांना आपल्या पालकांशी खूप गप्पा मारायच्या असतात. तुम्ही मुलांचे म्हणणे ऐका. त्यांना जाणून घ्या. त्यांच्या शाळेत घडलेल्या गोष्टी, त्यांचे मित्र, शिक्षक, शिकवणी याबद्दल घरात चर्चा करा. मुलांचे प्रकल्प, खेळ यांसारख्या उपक्रमांत मुलांबरोबर सहभागी व्हा. त्यांच्याशी कॅरम, चेस, क्रिकेट असे खेळ खेळा. महिन्यातून एकदा त्यांच्या शाळेत जा. त्यांच्या शिक्षकांची भेट घ्या.

३. भ्रमंती

मुलांना गड-किल्ले फिरवून आणा. या भेटीतून आपल्या इतिहासाचा परिचय करून द्या. विविध संग्रहालयांना भेटी द्या. टेकडी चढणे, भात लावणी शिबिर यांसारख्या उपक्रमांत सहभागी व्हा.

४. संस्कार

मुलांवर चांगले संस्कार घडवा. जसे की, खोटे न बोलणे, मोठ्यांचा आदर राखणे, इतरांबद्दल संवेदनशीलता बाळगणे. त्यासाठी स्वातंत्र्यवीर सावरकर, १२वी फेल असे संस्कारमय चित्रपट मुलांना दाखवा.

५. मोबाईल

मोबाईलपासून मुलांना दूरच ठेवा. मोबाईलचा विधायक वापर आपण करू शकतो. जसे की, अभ्यास, खेळांवर आधारित शैक्षणिक व्हिडिओ आपण मुलांना दाखवू शकतो.

६. पालकांचे अनुकरण

मुले पालकांचे अनुकरण करत असतात. आपल्याला एखादा फोन आला आणि हा फोन आपल्याला टाळायचा असेल, तर आपण मुलांना सांगतो “त्यांना सांग की मी घरात नाही.”. यातूनच मुले खोटं बोलायला शिकतात. आपणच जर तासांना तास मोबाईलवर असू तर मुलेही मोबाईल घेऊन बसतात. आपण एखादे सामाजिक काम करत असू उदाहरणार्थ ‘भाऊबीज निधी’ जमा करणे, तर मुलेही असे काम करण्यास पुढाकार घेतात.

७. भूमिका

पालकांची भूमिका मित्र आणि मार्गदर्शक अशी असावी. वयात येणाऱ्या मुलांना पालकांनी मित्राप्रमाणे मार्गदर्शन करावे. मुलांमध्ये होणाऱ्या शारीरिक बदलांची त्यांच्याशी चर्चा करावी. या वयात मुला-मुलींना एकमेकांबद्दल आकर्षण वाटणे हे नैसर्गिक आहे, इथे पालकांची भूमिका महत्त्वपूर्ण आहे. त्यांनी मुलां-मुलींमधील निकोप मैत्रीचे महत्त्व मुलांना समजावून सांगितले पाहिजे. तुमचे हे वय अभ्यासाचे आहे, काहीतरी बनण्याचे आहे, त्यांचे ध्येय काय आहे? हे त्यांना सांगणे तितकेच महत्त्वाचे आहे.

८. वाचन

पालकांनी मुलांना चांगली पुस्तके वाचून दाखवली पाहिजे. त्याचप्रमाणे चांगली पुस्तके आपणूनही दिली पाहिजेत. बालवयातील मुलांना राजीव तांबे, माधुरी पुरंदरे यांची पुस्तके, किशोर वयातील मुलांना श्यामची आई, संस्कार कथा, ऐतिहासिक कथा, देशभक्तीपर कथा त्याचप्रमाणे कुमारावस्थेतील मुलांना यश तुमच्या हातात, आय डेअर, अग्निपंख, मन में हैं विश्वास अशा पुस्तकांचे वाचन करण्यास प्रवृत्त करावे.

९. मुलांमध्ये भेदभाव न करणे

घरात दोन भावंडे असतील तर दोघांनाही समान वागणूक द्यावी. मुलींनीच घरकाम करावे व मुलांनी करू नये. असे जर आपले विचार असतील, त्यामुळे मुलींच्या मनात नकारात्मक भावना वाढू शकते.

१०. मुलांचे अति लाड नको.

मुले जी गोष्ट मागतात ती लगेच आपणून न देता त्यांच्यापुढे ध्येय ठेवा. तुला परीक्षेत इतके टक्के पडले तरच तुला सायकल मिळेल किंवा तू दररोज वेळापत्रकाप्रमाणे दोन ते तीन तास अभ्यास केला तरच तुला नवीन खेळ मिळेल.

११. सुसंवाद साधा.

आजच्या या शर्यतीत मुलांना आलेला ताण कमी करण्यासाठी महत्त्वाचा उपाय म्हणजे घरात पालकांशी असणारा सुसंवाद. मुलांनी आपला ताण, आपले म्हणणे मनमोकळेपणे आपल्या पालकांना सांगितले पाहिजे, असे वातावरण पालकांनी घरात निर्माण केले पाहिजे.

पालकहो, आपले पाल्य हे चांगल्या पद्धतीने घडवण्यासाठी, त्यांचे अडखळणारे पाऊल सावरण्यासाठी, पालक व मुलांमधील दुरावत चाललेले नाते घट्ट करण्यासाठी या पत्रातील काही बाबींचा आपल्याला नक्कीच उपयोग होईल अशी आशा करते.

धन्यवाद!

सौ. स्वाती कानडे

कारगील योद्ध्यांचे शौर्य



कु. स्वानंदी अ. सांगवीकर
(९ वी - मर्वरुथी)

एक नही, दो नही, करो बीसों समझोते ।
स्वतंत्र भारत का मस्तक नही झुकेंगा
अगणित बलिदानोंसे अर्पित यह स्वतंत्रता..
त्याग, तेज, तप, बल से रक्षित यह स्वतंत्रता ।
इसे मिटाने की साजिश करने वालों से कह दो...
चिंगारी का खेल बुरा होता है

औरों के घर आग लगाने का सपना,
वह अपने ही घर में सदा खरा होता है।
जब तक गंगा की धार, सिंधू में ज्वर,
अग्नी मे ज्वलन, सूर्य मे तपन शेष
स्वातंत्र्य समर की वेदी, पर अर्पित होंगे अगणित जीवन यौवन शेष
यह परंपरा का प्रवाह है, कभी न खंडीत होगा।
पुत्रों के बलपर ही, माँ का मस्तक मंडीत होगा।

तुमच्या-माझ्या जीवनाच्या दैनंदिन सुरक्षेसाठी, प्राणाची बाजी लावून,
पराक्रमाची शर्थ करून, शेवटच्या क्षणापर्यंत लढणारा भारतीय सैनिक,
कोणालाही शरण जात नाही, आपल्या हातामधले शस्त्र खाली टाकत नाही ;
आणि म्हणूनच अशक्य वाटणारा कारगीलचा विजय सैनिकांनी खेचून
आणला.....

त्यांच्या शौर्याचं स्मरण करण्याचा आजचा दिवस म्हणजेच कारगिल विजय
दिवस. या दिवसाचं स्मरण करणं हे प्रत्येक भारतीयाचं आद्य कर्तव्य आहे.
हा दिवस प्रत्येक भारतीयासाठी अत्यंत गौरवाचा आहे. १९९९ मध्ये अटलजींनी
लाहोर करार केला आणि पुढच्या २ महिन्यात पाकिस्तानी घुसखोरांनी
कारगील काबीज केलं.....

कारगिलचा भौगोलिक प्रदेश बघता, तिथे युद्ध करणे अवघड होते पण
जीवाची बाजी लावून भारतीय सैनिकांनी कारगिलवर विजय मिळवला...!

३ मे १९९९ ला सुरू झालेले युद्ध २६ जुलै म्हणजेच तब्बल ७०-७१ दिवस हे
युद्ध चालले. ३ मे ला कारगिलमध्ये घुसखोरी केली आणि १० मे १९९९ ला
त्यांनी द्रास , काकसर आणि मुकोह या भागांवर कब्जा केला.

द्रास हे जगातलं दुस-या क्रमांकाचे थंड हवेचे ठिकाण आहे. (जिथे - ३२°C
तापमान असते.) या पाकच्या कारस्थानानंतर भारतीय सेना त्या ठिकाणावर
पोहोचली आणि या मोहिमेस Operation विजय असे नाव दिले.

भारताचं ऑपरेशन विजय सफल झालं..ऐतिहासिक विजय मिळाला....! पण
....याची खूप मोठी किंमत भारताला मोजावी लागली.

जवळ-जवळ ३६४ सैनिकांना आपल्या प्राणांची आहुती द्यावी लागली.

कॅ.विक्रम बत्रा, मनोज पांडे, अजितसिंग जसरोदिया, संजीव जाम्बुल,
रणजीत सिंग दयाळ, सूभेदार घुनाथ सिंग, मोहित सिंग सक्सेना ...- कुणा
- कुणाची आणि किती नावे घ्यावीत? वयाच्या १ व्या वर्षापासून लष्करात
जाण्याचं स्वप्न पाहणारे कॅ. विक्रम बत्रा - ज्यांनी १६९६० मीटर उंचीवर चढून
शत्रूचे बंकरस उडवले. या मोहिमेचा सर्वात मोठा टप्पा म्हणजे दि. ७ जुलै रोजी
(पाईट) ४८७१ आपल्या ताब्यात घेतला..!

मातृभूमीचे परमप्रिय भक्त - मनोज पांडे आणि योगेंद्र सिंग यादव,

यांच्या सर्वोच्च बलिदानामुळे त्यांना परमवीर चक्राने सन्मानित केले गेले..!
पाकिस्तानी सैनिकांनी ज्यांचं अपहरण करून त्यांच्यावर अमानवी अत्याचार
करून ठार मारले आणि त्यांच्या शरीराचे तुकडे तुकडे करून भारताला भेट
म्हणून पाठवले, यांचे बलिदान एक सच्चा भारतीय कधीच विसरणार
नाही...ते सौरभ कालिया... आणि ६ भारतीय जवान...!! हवालदार मेजर
बाणासिंग - ज्यांना सियाचीन मध्ये सगळ्यात उंच ठिकाणी (highest
point) जाऊन लष्कराचे ठाणे प्रस्थापित करण्यास सांगितले, त्यांनी ते केले
म्हणूनच आज तो Point बाणा point म्हणून ओळखला जातो ;

त्यासाठी यांना सदेह परमवीर चक्राने सन्मानित केले गेले...! Tiger Hill
जिंकलेले - मोहितसिंग सक्सेना, ज्यांना वीरचक्राने सन्मानित केले.

शिवाजी महाराजांचा गनिमी कावा लक्षात ठेऊन पहाडी भागात बैलाच्या
शिंंगांना बॅटरी बांधून शत्रूची दिशाभूल करून त्यांना नामोहरम करणारे
रणजीतसिंग दयाळ...! हे प्रत्येक नाव म्हणजे भारतमातेच्या मुकुटातील
एक - एक शिखर आहे. या जवानांनी कारगिल पहाडावर जो स्तंभजित
इतिहास लिहिला....

येणाऱ्या अनेक पिढ्या, त्यांना कृतज्ञतेने वाचन करतील, त्यांच्याकडून
प्रेरणा घेत राहतील.

ही जी ताकद आहे ती अजिंक्य ताकद आहे याबरोबरच ती चारित्र्यवान आहे.
कारण - भारताच्या विजयासाठी महादेवाच्या मंदिरात जाऊन प्रार्थना करणारा
आमचा जवान मुहम्मद उस्मान असेल, किंवा पाकिस्तान नी युद्धाची
जबाबदारी नाकारल्यानंतर बर्फामध्ये कित्येक दिवस पडून राहिलेल्या बाकी
जवानांच्या प्रेतावर अंत्यसंस्कार हे आपल्या सैनिकांनी केले. त्यांना
सन्मानाने नमाज अदा केला. कारण - माणूस संपल्यानंतर शत्रुत्व उरत
नाही. हे आम्हाला आमच्या संस्कृतीने शिकवलय. आणि हीच भारताची खरी
ताकद आहे अस मी म्हणेन.

समर्थ रामदास म्हणतात -

धर्मासाठी झुंजावे । झुंजोनी अवघ्यासी मारावे ।
मारिता मारिता घ्यावे । राज्य आपुले ॥

याची पूर्तता आपल्या सैनिकांनी केली आहे.

मित्रहो, आपण यापासून काय घेणार ?

फक्त युद्धाच्या कहाण्या ऐकायच्या आणि पराक्रमाचे विचार करायचे
याचा अर्थ सगळ्यांनीच लष्करात गेलं पाहिजे अस नाही;

तर आपण जगतो तो प्रत्येक क्षण न क्षण लढण्याचा आहे.

आपण स्वतःला ओळखून आपल्या कामाच्या क्षेत्रात उत्तम काम करणं
हीच खरी देशसेवा आहे. या सांडलेल्या प्रत्येक स्तंभिंदूतं ऋण
आपल्यावर आहे, यातून आपण उतराय होऊच शकणार नाहीत.

पण तरीही या वीरांचं, त्यांच्या शौर्याचं वारंवार स्मरण करणं,
त्यांच्या शौर्यगाथा पुढच्या पिढ्यांपर्यंत पोहोचवणं हे आपले कर्तव्य आहे.

आसेतू हिमाचल - मातृभूमीचे रक्षण करणं हेच आपलं कर्तव्य आहे.
शेवटी एवढेच म्हणेन -

रक्षितां तुम्ही स्वातंत्र्या ।

प्राणास घेऊनि हाती ।

तुमच्यास्तव आमुची लक्ष्मी ।

तुमच्यास्तव शेतीभाती ।

परी आठव येता तुमचा ।

आतडे तुटतसे पोटी ।

सैनिक हो तुमच्यासाठी

भारतीय नागरिकांचा घास रोज अडतो ओठी

सैनिक हो तुमच्या साठी

जय हिंद ! वंदे मातर!

श्रेय तांबे
(छठी - विहानस)

च	तु	र	ता	छो	ब	म	हा	न	घ
म	वी	सी	क	टा	ड़ा	न	क	ली	मं
की	र	ला	त	मी	क	म	ते	ज़	डी
ला	ल	दा	व	ठा	चा	की	बे	सु	र
ल	ब	नी	र	सी	ला	न	ई		सु
ची	ल	रु		धा	क	र	मा	सुं	गं
ब	वा	प	ल	ड़ा	कु	म	न	द	धी
च	न	वा	गु	ण	वा	न	द	र	च
प		न	भ	गो	ड़ा	म्र	या	ता	चे
ना	दा	न	ट	ख	ट	ता	लु	टे	रा

- ሂደቱ



श्रीमती सुवर्णा तांबे
(माध्यमिक विभाग - हिंदी अध्यापिका)

भारत में मसालों का उपयोग प्राचीन काल से ही शुरू हो गया था। भारतीय मसाले जैसे हल्दी, अदरक, काली मिर्च, दालचीनी, लौंग, धनिया, जीरा आदि न केवल भोजन के स्वाद को बढ़ाते हैं, बल्कि इनका उपयोग चिकित्सा, धार्मिक अनुष्ठानों और सौंदर्य प्रसाधन के लिए भी किया जाता है। भारतीय मसालों का उपयोग आयुर्वेद में प्रमुख रूप से किया जाता था। आयुर्वेद के अनुसार, मसाले न केवल शरीर को स्वस्थ रखते हैं बल्कि वे मानसिक और आत्मिक शांति प्रदान करने में भी सहायक होते हैं। हल्दी, अदरक, लहसुन, धनिया आदि का सेवन शरीर में 'वात', 'पित्त' और 'कफ' की संतुलन बनाए रखने में मदद करता है।

रसोई घर में इस्तेमाल किए जाने वाले मसाले न केवल खाने के स्वाद को बढ़ाते हैं, बल्कि वे स्वास्थ्य के लिए भी अत्यधिक लाभकारी होते हैं। मसालों में विभिन्न पोषक तत्व, एंटीऑक्सीडेंट्स, और औषधीय गुण होते हैं, जो कई प्रकार की शारीरिक समस्याओं को दूर करने में मदद करते हैं। आइए, हम कुछ प्रमुख मसालों के स्वास्थ्य लाभों को विस्तार से समझते हैं:-

१. हल्दी (Turmeric)

एंटी-इंफ्लेमेटरी गुण: हल्दी में कर्कशयूमिन नामक तत्व पाया जाता है, जो एक शक्तिशाली एंटी-इंफ्लेमेटरी है। यह सूजन को कम करने में मदद करता है और जोड़ों के दर्द, गठिया, और अन्य सूजन संबंधी समस्याओं से राहत प्रदान करता है।

एंटीऑक्सीडेंट्स: हल्दी में एंटीऑक्सीडेंट्स होते हैं, जो शरीर को मुक्त कणों से बचाते हैं और कोशिकाओं को नुकसान से बचाते हैं। यह उम्र बढ़ने की प्रक्रिया को धीमा करने में मदद करता है।

हृदय स्वास्थ्य: हल्दी का सेवन रक्त के थक्के बनने की प्रक्रिया को रोकता है, जिससे दिल की बीमारियों का खतरा कम होता है।

कैंसर की रोकथाम: कुछ अध्ययन यह भी बताते हैं कि हल्दी में पाए जाने वाले कर्कशयूमिन तत्व कैंसर कोशिकाओं के विकास को रोकने में मदद कर सकते हैं।

२. जीरा (Cumin)

पाचन तंत्र को सुधारता है: जीरा पाचन क्रिया को बेहतर बनाता है, पेट में गैस, कब्ज, और अपच की समस्याओं से राहत देता है। यह भोजन के पचने में मदद करता है और एंजाइम्स के उत्पादन को बढ़ाता है।

रक्त शर्करा नियंत्रण: जीरा रक्त शर्करा को नियंत्रित करने में मदद करता है और मधुमेह (Diabetes) के रोगियों के लिए फायदेमंद हो सकता है।

वजन घटाने में सहायक: जीरे के सेवन से शरीर के मेटाबॉलिज्म को बढ़ावा मिलता है, जिससे वजन घटाने में मदद मिलती है।

रोग प्रतिकारक क्षमता बढ़ाता है: जीरे में आयरन और अन्य खनिज तत्व होते हैं जो शरीर के इम्यून सिस्टम को मजबूत करते हैं।

३. धनिया (Coriander)

पाचन में मदद: धनिया पाचन तंत्र को सही रखने में सहायक होता है। यह पेट के लिए हल्का होता है और गैस, कब्ज जैसी समस्याओं को दूर करता है।

एंटीऑक्सीडेंट गुण: धनिया में फ्लेवोनोइड्स और एंटीऑक्सीडेंट्स होते हैं जो शरीर को फ्री रेडिकल्स से बचाते हैं और बीमारी से लड़ने की क्षमता को बढ़ाते हैं।

कोलेस्ट्रॉल कम करता है: धनिया का सेवन रक्त में कोलेस्ट्रॉल के स्तर को नियंत्रित करने में मदद कर सकता है, जिससे हृदय रोगों का जोखिम कम होता है।

रक्त शर्करा नियंत्रण: धनिया रक्त शर्करा के स्तर को नियंत्रित करता है और मधुमेह के रोगियों के लिए सहायक हो सकता है।

४. लहसुन (Garlic)

हृदय स्वास्थ्य: लहसुन रक्तदाब (Blood Pressure) को नियंत्रित करता है और कोलेस्ट्रॉल के स्तर को घटाने में मदद करता है, जिससे दिल की बीमारियों का खतरा कम होता है।

एंटीबायोटिक गुण: लहसुन में सल्फर तत्व होते हैं जो शरीर को बैक्टीरिया और वायरस से लड़ने में मदद करते हैं। यह शरीर के इम्यून सिस्टम को भी मजबूत करता है।

कैंसर से बचाव: कुछ शोधों से यह सामने आया है कि लहसुन कैंसर कोशिकाओं के विकास को रोकने में मदद करता है, खासकर पेट और आंत के कैंसर के मामलों में।

एंटीऑक्सीडेंट्स: लहसुन के सेवन से शरीर में एंटीऑक्सीडेंट्स की आपूर्ति होती है, जो शरीर को उम्र बढ़ने से होने वाले नुकसान से बचाते हैं।

५. अदरक (Ginger)

मतली और उल्टी में राहत: अदरक में एंटी-नॉसिया (Anti-nausea) गुण होते हैं जो यात्रा, गर्भावस्था या अन्य कारणों से होने वाली मतली और उल्टी को कम करते हैं।

पाचन में सहायक: अदरक पाचन तंत्र को उत्तेजित करता है और पेट की गैस, कब्ज, और अपच को कम करता है।

एंटी-इंफ्लेमेटरी गुण: अदरक में एंटी-इंफ्लेमेटरी गुण होते हैं, जो सूजन और दर्द को कम करने में मदद करते हैं। यह गठिया और मांसपेशियों के दर्द में राहत देता है।

रक्त शर्करा नियंत्रण: अदरक रक्त शर्करा के स्तर को नियंत्रित करने में मदद करता है, जिससे यह मधुमेह के रोगियों के लिए फायदेमंद है।

६. काली मिर्च (Black Pepper)

पाचन में मदद: काली मिर्च पाचन तंत्र को उत्तेजित करती है और भोजन के पचने में मदद करती है। यह गैस और अपच जैसी समस्याओं को दूर करती है। वजन घटाने में सहायक: काली मिर्च में पाइपरीन नामक तत्व होता है, जो वसा जलाने में मदद करता है और मेटाबॉलिज्म को बढ़ावा देता है।

कैंसर से बचाव: काली मिर्च में एंटीऑक्सीडेंट्स होते हैं जो शरीर में होने वाले नुकसान को रोकते हैं और कैंसर की कोशिकाओं के विकास को कम करते हैं।

रक्त शर्करा नियंत्रण: काली मिर्च रक्त शर्करा के स्तर को नियंत्रित करने में सहायक होती है।

७. तुलसी (Basil)

एंटीऑक्सीडेंट गुण: तुलसी में शक्तिशाली एंटीऑक्सीडेंट्स होते हैं जो शरीर को मुक्त कणों से बचाते हैं और कोशिकाओं को नुकसान से बचाते हैं।

तनाव कम करने में सहायक: तुलसी के पत्ते मानसिक तनाव और चिंता को कम करने में मदद करते हैं। यह मानसिक शांति और स्पष्टता बढ़ाता है।

एंटीबायोटिक और एंटीवायरल: तुलसी के पत्तों में एंटीबायोटिक और एंटीवायरल गुण होते हैं जो शरीर को संक्रमण और बीमारियों से बचाते हैं।

८. मेथी (Fenugreek)

ब्लड शुगर नियंत्रण: मेथी के बीज रक्त शर्करा के स्तर को नियंत्रित करने में मदद करते हैं और मधुमेह के रोगियों के लिए फायदेमंद होते हैं।

पाचन में सहायक: मेथी पाचन तंत्र को दुरुस्त करता है और पेट की समस्याओं को कम करता है, जैसे कब्ज और अपच।

इस प्रकार मसाले भारतीयों के जीवन का अभिन्न हिस्सा हैं, और इनका स्वास्थ्य पर भी गहरा प्रभाव पड़ता है। भारतीय मसालों के विभिन्न स्वास्थ्य लाभों के कारण इनकी लोकप्रियता बढ़ी है।



श्रीमती अर्चना कनोजिया
(माध्यमिक पर्यवेक्षिका)

अन्वी घोळवे, स्वराली हुंबरे, आराध्या सावंत
(७ वी - मवर्गुरी)

हाथ लगा बंदर के एक दिन
विहजन स्कूल का ताला,
बंदर ने अंदर आकर
झट से फलांग डाला ।
टीचर आकर बोली उसको
फोटो खिंचवाए तुम्हारा,
झट बंदर ने हँसकर बोला
आम, केला, इमली मुझे है खाना ।
सारे फल तुम मुझे खिलाओ,
मेरी सारी भूख मिटाओ,
फिर चाहे जितने फोटो तुम
भर भर के खिंचवाओ ।
बच्चों ने बड़ा शोर मचाकर
पूरी स्कूल हिला दी,
टीचर ने बच्चों को डाँटकर
बड़ी आँखें दिखा दी ।
फिर बंदर ने उछलकूद की
अपनी करतबें दिखाई,
उसे देखकर हमें हो गई
हँसने की बिमारी ।
सैर करकर पूरे स्कूल की
बंदर फुला नहीं समाया,
विहजन जैसे स्कूल बनाना
यह उसने मन में ठाना ।



चलो आज लिखते हैं, यादों की किताब ।
देखे क्या-क्या याद आता है हमको ए जनाब ?
वह आपका प्राइमरी से सेकेंडरी में आना और
फिर सेकेंडरी से कॉलेज में जाना ।
याद आएगा आपका सुंदर बचपन सुहाना,
वह मासूमियत भरा चेहरा, वह सादी- सी मुस्कान ।
वह प्यार जताना आपका और वह फिर फिक्र जताना आपका,
याद बहुत आएगा आँखों का वह टिमटिमाना आपका ।
टीचर के ना आने पर चलना फिरना और घुमना आपका,
और उनको आते देख सकपकाना आपका ।
याद बहुत आएगा वह हर बहाना आपका ॥
वह पुस्तक का घर पर भूलना, वह काम का अधूरा छोड़ना ।
वो रातों को जगना और फिर भी इनकम्प्लीट वर्क सबमिट करना आपका,
याद बहुत आएगा वह जागरण आपका ।
पीटी पीरियड न मिलने पर वह जिद करना आपका,
और फिर जिद पूरी होने पर वह खुश होना आपका ।
याद बहुत आएगा वह खेलना और खिलखिलाना आपका ।
रोज की शिकायत, अनसुलझे और बिखरे बाल, वह नाखून ना काटना,
कभी मोजे अलग, तो कभी जूते अनजान पहनना ।
याद बहुत आएगा मेरा असेंबली में प्रताड़ना आपको ।
वह सुंदर बैचेज पर रंगकारी करना,
वह वॉशरूम की दीवारों को इंक से रंगाना,
वह मैच खेलके आना, पर वापस आकर न मिलने आना आपका,
याद बहुत आएगा, यह हर सितम आपका ॥
डाँटने पर वह पलके झुकाना और आँखों से आँसू टपटपाना आपका,
काम पूरा होने पर शाबाशी मिलने पर वह मुस्कुराना आपका ।
वह दोस्ती - यारी निभाना और दोस्तों की गलतियाँ छुपाना आपका,
पर याद बहुत आएगा टीचर को सराहना आपका ॥
वह एक दूजे की ढाल बनना, वह कैटीन पार्टी करने जाना,
वह अपनी दुनिया में मस्त रहना ।
याद बहुत आएगा वह तिलमिलाना आपका ॥
मेरी हर किताब का पन्ना आपकी सुंदर यादें हैं,
कुछ खट्टी है कुछ मीठी है ।
इन खट्टी मीठी यादों के समतोल से ही हमारी दुनिया है ।
इसके कुछ पन्ने हँसाएंगे, कुछ रुलाएंगे,
कुछ गुदगुदाएंगे और कुछ हमें बताएंगे... क्या ?
बस यही, जो भी है जैसे भी है, यह है तो हमारा प्रतिबिंब ही ।
यह समाज में जाकर हमारा और अपना नाम रोशन ही करेंगे ।
आज अपने बचपने की वजह से यह नादानी कर रहे हैं ।
पर कल यही अपने कारनामों से ऊँची उड़ान भरेंगे, ऊँची उड़ान भरेंगे ॥



श्रीमती तनुजा जोशी
(हिंदी अध्यापिका)

'हर हर गंगे, हर हर गंगे'

यह जयघोष सुनाई दे रहा है। कुंभ मेले में सभी लोग मेरे नाम का जाप कर रहे हैं यह सुनकर मुझे बड़ी प्रसन्नता हुई। अभी भी लोगों के मन में मेरे प्रति आस्था और श्रद्धा का भाव है यह देखकर मैं गदगद हो गई।

मैं 'गंगा' वही गंगा जिसे आप सब लोग गंगा, भागीरथी, जान्हवी इन नामों से जानते हैं। भारतवासियों से मेरा नाता केवल मेरे जल तक सीमित नहीं है क्योंकि नदी का जल किसी भी समय खत्म हो सकता है परंतु माँ की अपने बच्चों के प्रति ममता कभी कम नहीं होती। किसी व्यक्ति का जीवन जितना पुराना होता जाता है, उसके साथ उतनी ही किंवदंतियाँ, दंतकथाएँ जुड़ती चली जाती हैं। मेरे साथ भी कुछ ऐसा ही है। मेरा जीवन भी किसी सामान्य स्त्री की तरह हर आयु से गुजरा है, अंतर केवल इतना ही है कि मेरी आयु को मनुष्य के काल गणना के अनुरूप वर्षों में नहीं नापा जा सकता। अपने जीवन की गाथा को आज आपके सामने रखते हुए मैं फिर संस्मरणों से गुजर रही हूँ। गंगा माँ बनने से पूर्व यानी इस धरती पर आने से पहले मेरा पालन पोषण स्वर्ग में ब्रह्मा जी के छत्रछाया में हो रहा था। उनके कमंडल में मैं ठीक वैसे ही अठकखेलियाँ खेलती जैसे कोई नन्ही बच्ची अपने पिता के आँगन में करती है। मेरा वर्ण श्वेत वर्ण था, बुद्धि और रूप दोनों से ही संपन्न मैं धीरे-धीरे बड़ी हो रही थी। उस काल पृथ्वी पर इक्ष्वाकु वंश का साम्राज्य था। इस वंश के महाभिष नामक महाप्रतापी राजा थे, उनके पुण्य कार्यों के कारण उन्हें स्वर्ग की प्राप्ति हुई। वह एक बार ब्रह्मा जी के महल में पधारे वहाँ मेरी और उनकी पहली बार मुलाकात हुई परंतु इस कृत्य से क्रोध में आकर ब्रह्मा जी ने हमें भूलोक पर अवतार लेना होगा ऐसा श्राप दिया। महाभिष ने भी अपनी भूल को स्वीकार किया परंतु ब्रह्मा जी से अगले जन्म में कुरुवंश में राजा शांतनु के रूप में जन्म लेने का वरदान भी लिया। मेरा जन्म भूलोकवासियों का उद्धार करने के लिए होना था। मेरी पृथ्वी पर अवतरण से जुड़ी कहानी बताती हूँ।

कई वर्षों बाद पृथ्वी पर महाप्रतापी राजा सगर हुए उन्होंने साम्राज्य का विस्तार करने के लिए अश्वमेध यज्ञ किया। राजा सगर के प्रताप से देवों के राजा इंद्र भी भयभीत थे, उन्हें अपना सिंहासन जाने का भय था। देवराज इंद्र ने उनके अश्वको चुरा कर कपिल मुनि के आश्रम के बाहर बाँध दिया। राजा सगर ने अपने साठ हजार पुत्रों को उस अश्व की खोज में जाने के लिए भेजा, वे अश्वको खोजते-खोजते कपिल मुनि के आश्रम में पहुँचे, उन्हें लगा कपिल मुनि ने ही अश्व को चुराया है। वह मुनी को प्रताड़ित करने लगे। कई वर्षों के उपरांत आँखें खोलने के कारण उनकी आँखों से अग्नि वर्षा होने लगी और वह पुत्र जलकर भस्म हो गए। राजा भागीरथ ने अपने पूर्वजों का उद्धार करने की शपथ ली। भागीरथ ने ब्रह्मा जी की कड़ी तपस्या की और मुझको धरती पर बुला लिया, परंतु मेरा वेग इतना अधिक था कि धरती उसे सहन नहीं कर पाती, ब्रह्मा जी ने भागीरथ को शिवजी को प्रसन्न करने का सुझाव दिया अतः मैंने शिवजी की जटाओं में प्रवेश किया उन्होंने

अपनी एक जटा खोलकर मुझे धरती पर प्रवाहित किया। यह वही स्थान है जिसे उत्तराखंड में गंगोत्री, हिम यानी हिमालय का गोमुख कहा जाता है। इस प्रकार मैंने भागीरथ के पूर्वजों को मोक्ष प्राप्ति कराई। राजा भागीरथ के पूर्वजों का उद्धार करने के बाद मेरे जीवन में एक नया मोड़ आया ब्रह्मा जी के श्राप के अनुसार राजा शांतनु ने कुरुवंश में जन्म लिया। राजा शांतनु रोज मेरे तट पर आते थे। एक दिन उन्होंने मेरे सामने विवाह का प्रस्ताव रखा। किसी भी युवती के लिए यह क्षण अत्यंत सुखकर होता है, मैंने उनसे विवाह किया परंतु मैंने उनके सामने कुछ शर्तें रखी।

उन्होंने वह शर्तें स्वीकार कर ली। मैं अपने जीवन में बहुत खुश थी। मैंने आठ वसुओं को, पुत्रों को जन्म दिया परंतु ब्रह्मा जी के श्राप के कारण मेरे सात पुत्रों को मुझे मेरी धारा में ही प्रवाहित करना पड़ा। किसी भी माँ के लिए यह बहुत ही कठिन था। आठवे पुत्र को प्रवाहित करने से पहले राजा शांतनु ने मुझे रोक दिया। राजा शांतनु ने मेरा दिया हुआ वचन तोड़ दिया इस कारण मुझे उनसे विदा होना पड़ा। यह पुत्र आगे चलकर देवव्रत यानी भीष्म नाम से जाना गया। कुरुवंश के लिए भीष्म का किया गया त्याग देखकर मुझे गर्व होता है कि मैं उसकी माँ हूँ।

उनकी कई पीढ़ियों को देखते हुए मैं निरंतर बहती जा रही हूँ। काल का प्रवाह, संस्कृतियों के बदलाव और भौगोलिक परिवार तीनों की साक्षी जितनी मैं हूँ उतना शायद कोई ही और होगा। धीरे-धीरे मानव आध्यात्मिक और भावनात्मक बातों की जगह व्यवहारिक बातें सोचने लगा, उसने मेरे प्रवाह को रोक कर बाँध बनाए हैं। मेरे किनारे नगर, कई कारखाने लगाए हैं। मेरा इनमें से किसी बात पर विरोध नहीं है, परंतु मेरा प्रवाह ही खत्म हो गया तो मानव के लिए क्या बचेगा? मैं पवित्र हूँ मुझमें आत्मशुद्धिकरण की क्षमता है। कुछ वैज्ञानिकों ने मेरी क्षमताओं का भी अध्ययन किया है, जैसे मेरे पानी में ऑक्सीजन की मात्रा ज्यादा है, मुझमें किसी भी तरह के बैक्टीरिया 3 घंटे के अंदर तुरंत मर जाते हैं। मैं कार्बनिक कचरे का तेजी से विघटन भी करती हूँ। यह जानने के बावजूद भी मैं दिन-ब-दिन प्रदूषित होती जा रही हूँ। कुछ लोगों ने मेरी स्वच्छता का अभियान शुरू किया है। मुझे स्वर्ग से धरती पर लाने के लिए एक भागीरथ काफी था परंतु आज जो मेरी अवस्था है उसके लिए कलियुग के सपूतों को संगठित होकर प्रयत्न करना आवश्यक है। मेरा जन्म तो धरती पर लोगों के कल्याण के लिए हुआ है, वह मैं निरंतर ही करती रहूँगी।



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